

Portfolio

Alexandra Loembé

Dancer, choreographer, teacher and multidisciplinary artist

"I am made from the soil and the air feeds my inner fire. Today I am a tree, my lower body rooted, moving forward and finding new pathways organically. My upper body sunkissed, moving like the water flowing through the trunk that is my spine. Together we are a forest, as our roots are holding hands and our leaves allow us to be recognised and seen."



Bio

Alexandra Loembé (1997) is a Congolese-Russian/Ukrainian dance artist. In 2020 she graduated from the Dance Teacher program at the Academy for Theater and Dance (AHK). In addition, she further trained at the SNDO, with Schweigman& and at Ecole des Sables in Senegal.

In addition to following her path as a choreographer, Alexandra is active as a dancer, performer, teacher and multidisciplinary artist. Alexandra currently works with Kleintjekunst, creating performances for a young audience, with Nederlands Dans Theater (talent development and education) and Stichting de Vrolijkheid. She also works as a coach for the Dance Teacher program at the Academy of Theatre and Dance (AHK), guest teacher at AKI ArtEZ and teaches classes and workshops in various studios.

Alexandra has created work during residencies at Het Huis Utrecht, Podium Mozaïek, Ecole des Sables and Platform Nexus and is supported by Janivo Stichting, Cultuurfonds and the Amsterdam Fund for the Arts.

As a teacher and maker, she has collaborated with the MSA IVKO, ICK and Theater de Meervaart, De Dansers and with artists such as Dayna Martinez Morales and Lola Bezemer. In 2023–2025 she co-created and played in "Sporen van Haar", directed by Berith Danse.

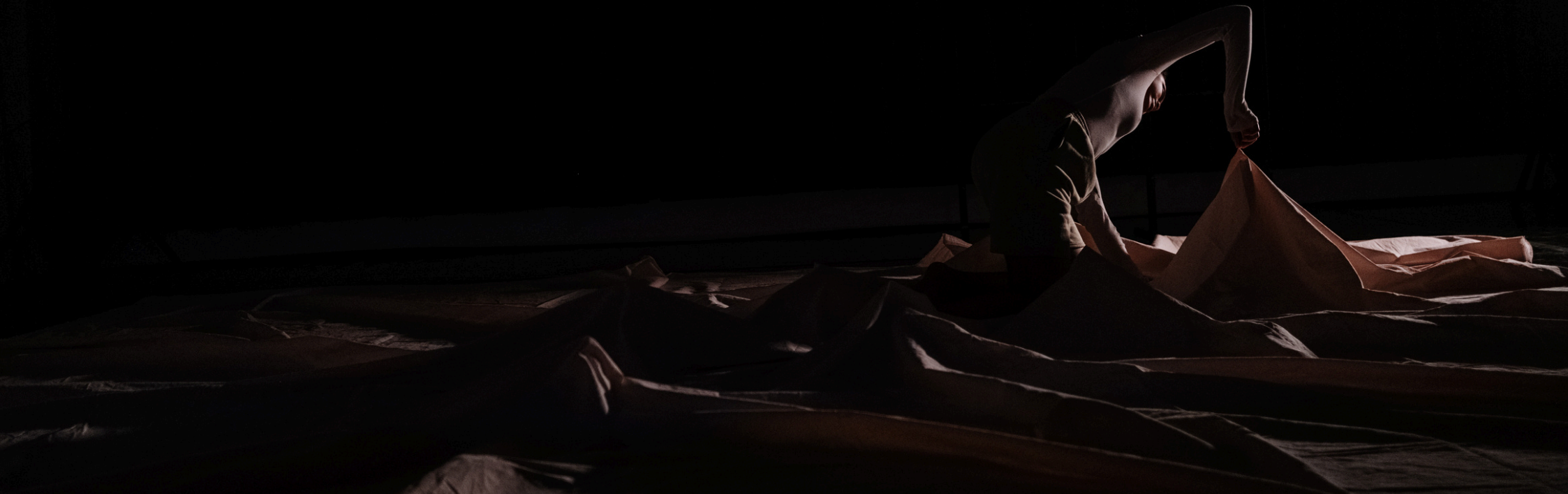
Her dance journey evolves around contemporary dance shaped by African rooted dance practices, influenced by urban dance through community taught transmission.

As a multidisciplinary artist, her interests lie in anthropology, botany, ecology and physical geography, exploring the interconnectedness of it all through painting, writing and textile art.

Artistic statement

"As an artist, my work is rooted in a deep connection to and understanding about nature and the world around us, while simultaneously allowing people to re-experience their inner world. Through dance and performance I explore identity, lineage and symbolism, allowing the depth of personal stories to illuminate collective experiences. Inspired by the cyclical rhythm of life, I create landscapes where I dare to take time, time to breathe, to feel, to move from the body as a continuously metamorphing living archive. I approach every creation process with childlike playfulness and curiosity and with feelings like melancholy and pride. I explore movement through fluidity, groundedness and circularity, as if you are painting without lifting the brush of your canvas.

Every creation is a sensorial journey, through movement, music and materials, where there is an interplay and friction between imagination and reality. My work embraces vulnerability and unpredictability, interacting with the present moment and inviting the audience to reflect on the present, past, and future. To me, creation is about the art of temporary moments as destinations of life. Moments becoming memories."



Work

The Seeds that Surface 2024

Trailer: <https://vimeo.com/1035356687>

In an intimate setting, between the whispers of past and present, dancer Alexandra Loembé explores the power of imagination and collective creativity. *The Seeds that Surface* is an interdisciplinary solo performance and metamorphic journey in which childhood memories unfold a boundless landscape, that reveals the complexity and fluidity of cultural identity and the graduate takeover by humans at the expense of the natural world. It portrays the cyclical nature of existence and the potential to illuminate different sides of yourself from the dark.

Maker and performer: Alexandra Loembé

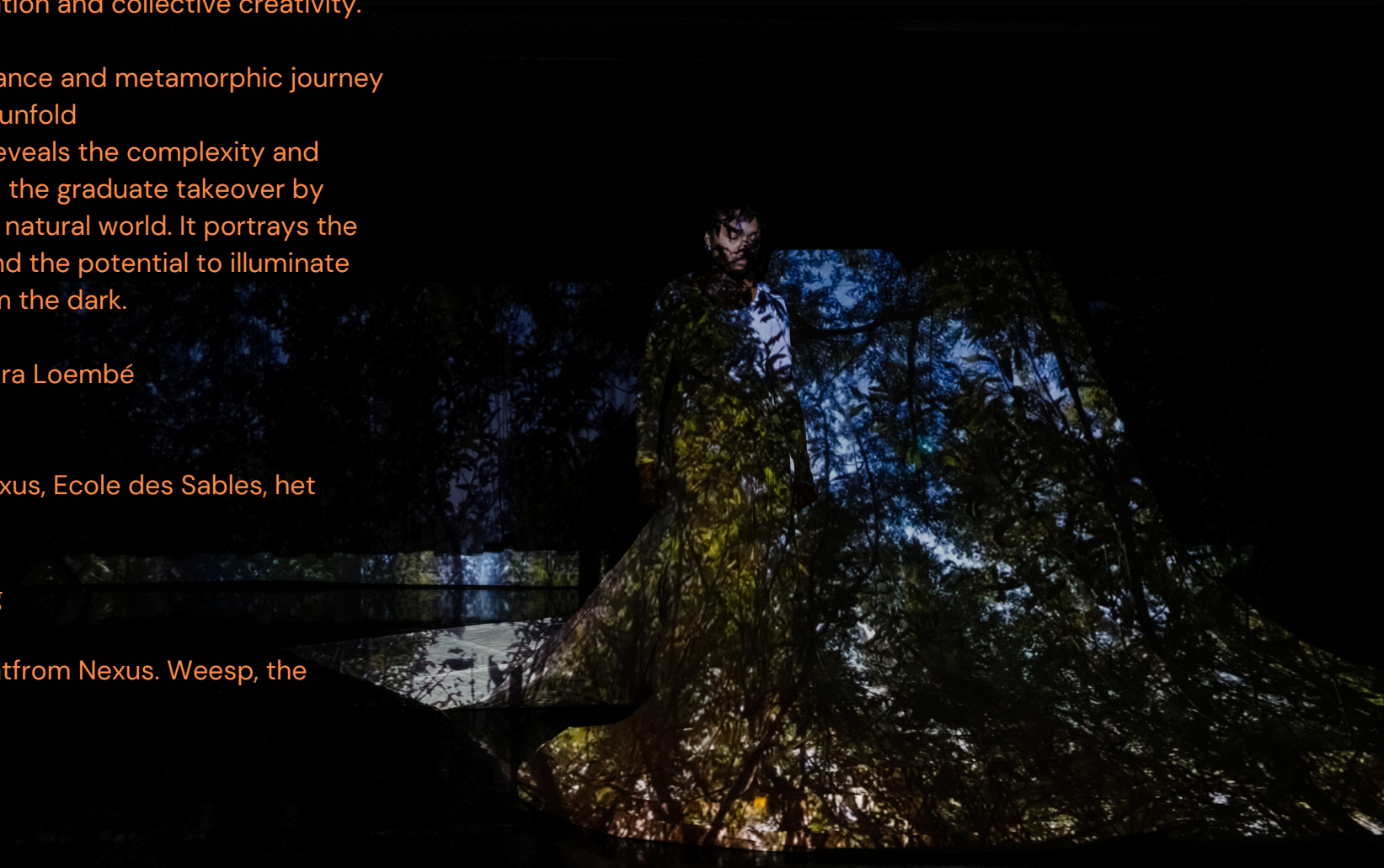
Composer: Robbi Meertens

Advise: Babette Kalker

Special thanks to: Platform Nexus, Ecole des Sables, het Cultuurfonds

Supported by Janivo Stichting

20.10.2024. Nexus Festival, Platform Nexus. Weesp, the Netherlands



Work

Lumpempa 2023

An interplay between light and dark that is brought into motion by the (in)visible stories on and underneath our skin, about how you got here and the journeys made to get you here. What do you hear when you listen to your hands? What do you carry with you?

Lumpempa means luck or butterfly, it means revealing your colorful wings. It means moving together, rhythm, migration, pollination, vulnerability and temporality. It is an ode to our ever-changing identities. Sometimes searching, sometimes knowing, always feeling.

Choreography: Alexandra Loembé

Dancers: Siena Verber, Amaliá Yuno, Stephanie Salimana, Meis Köster, Alexandra Loembé

Composer: Ivo Bol

Light designer: Saskia de Vries

Artistic advise: Christian Yav

Dramaturgy: Yahmani Blackman

Production and PR: Podium Mozaiek en Alexandra Loembé

Special thanks to: Het Huis Utrecht, Vainergill Thurnim

Supported by Janivo Stichting

02.10.2022. Black Achievement Month Day, de Hallen
Amsterdam, the Netherlands

25.08.2023. RRReuring Zomerlab, Broedplaats de Vlucht.
Amsterdam, the Netherlands

26.08.2023. RRReuring Zomerlab, Broedplaats de Vlucht.
Amsterdam, the Netherlands

14.02.2024. RRReuring Festival, Podium Mozaiek. Amsterdam, the
Netherlands

15.02.2024. RRReuring Festival, Podium Mozaiek. Amsterdam, the
Netherlands

27.09.2024. Plein Theater. Amsterdam, the Netherlands

Trailer: <https://vimeo.com/920457011>



Early work

The pieces below were all created and performed at the Academy of Theatre and Dance, Amsterdam University of the Arts.

PIA'S FIRST TOUCH / PIA GOES IN CIRCLES 2020

Dancers: Kiki Schreuders, Ichmarah Kock, Irene Zanelato, Jaklin Karnalova, Marcella Faltas and Naomi Collier Broms
Special thanks to: Nita Liem

Aphrodite 2019

Maker and performer: Alexandra Loembé
Special thanks to: Faizah Grootens, Jopie de Groot, Hugo de Groot, IDlab Academy of Theatre and Dance
03.05.2019. Scopophilia Festival, Sexyland
25.05.2019. Theater het Pakhuis. Amsterdam, the Netherlands
15.06.2019. Sabarchallenge Festival, No Limit. Amsterdam, the Netherlands

T(h)ree 2019

Dancer: Victoria Lamers Bocaranda
Special thanks to: Anne Suurendonk

... and that is when I realised I am a body 2018

Dancers: Ava Sopacua, David Cham and Joury van der Vecht
Special thanks to: Dayna Martinez Morales, Vincent Verburg

Default 2017

Dancers: Aoife Murphy, Aristos Iatrou and Mumtaz Djorai
Special thanks to: Faizah Grootens



Teaching philosophy

Whether guiding trained dancers, interdisciplinary artists, people new to movement, or children, Alexandra's classes and workshops center the body as a source of creativity, expression, and imagination. Rooted in Afrocentric perspectives and connected to the cycles and forces of nature, her approach is process-oriented and deeply sensory.

Her classes involve improvisation, composition and the exploration of material, working on presence and endurance. She values treating each class as both a personal and collective journey that transcends style, where awareness is brought to the full movement path through fluidity, breath, bounce, circularity, three-dimensionality, articulation of the spine and a learning process that is rooted in doing, physically processing and embodying information in the moment.

Her teaching is an invitation to play, to learn about dance as a performance art, to gain creation tools and to remember that from the moment we walk, the moment we join our breath, the moment we dance, we are born again and again.

Teaching experience

Various primary and secondary schools in Amsterdam, the Netherlands. 2017 – 2020
MSA IVKO. 2019 – 2024
PACT+ ROCvA. 2019–2020
Academy of Theatre and dance AHK, 5 O'Clock Class and Dance Teacher program. 2019 – today
Organized open-classes. 2020 – 2023
Chassé Dance Studios. 2021 – 2023
Dansplaats Arnhem. 2024
AKI ArtEZ. 2025



Education

VWO Tweetalig Onderwijs

Mendel College. Haarlem, the Netherlands

September 2009 – July 2015

5 O'clock Class Peer Performance

Academie voor Theater en Dans, Amsterdamse Hogeschool voor de Kunsten. Amsterdam, the Netherlands

Augustus 2015 – July 2016

Bachelor Docent Dans

Academie voor Theater en Dans, Amsterdamse Hogeschool voor de Kunsten. Amsterdam, the Netherlands

Augustus 2016 – June 2020

Residencies

Het Huis Utrecht 2022

Podium Mozaïek 2023

Platform Nexus 2024

Workshops and certificates

5-day Gaga workshop

Henny Jurriens Foundation, Amsterdam

December 2016

Internship and international exchange program

Ecole des Sables, Toubab Dialaw Senegal

February – March 2019

Gaga Summer Intensive

Batsheva Dance Company, Tel Aviv Israël

August 2019

What a body can do Student Seminar

Research seminars organized by Marijn de Langen

Academie voor Theater en Dans AHK

October 2019 – June 2020

Echo Award

Voordracht ECHO award 2020

Academie voor Theater en Dans AHK

December 2020

Schweigman& Jaartraining

Boukje Schweigman, Het Huis Utrecht

January 2021 – January 2022

Afrique Diaspora Training

Ecole des Sables, Toubab Dialaw Senegal

April – July 2024, May – July 2025

Contact

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