



LUNCH

SEPTEMBER 2026

Bethlehem Lutheran & St Aloysius

ter Menu Details]

Monday

Labor Day 7

No School

14 L- Chicken Tenders
Broccoli 3g
Fresh Carrots 5g
Fruit Choice

21 Chicken Patty on Bun 34g
Baked Beans 26g
Fresh Vegetable Choice
Fruit Cocktail 16g

28 L- Orange Chicken 23g or
Popcorn Chicken 16g
Rice 27g Broccoli 3g
Carrots 5g
Mandarin Oranges 20g
Fortune Cookie 3g

Tuesday

1 L- French Toast 26g
Sausage 0g
Hash Brown Patty 15g
Vegetable choice
Juice 17g

8 Tony's Pizza 27g
Salad 0g
Carrots 5g
Peaches 12g

15 L- Quesadilla
Corn 12g
Fresh Vegetables
Apple Slices 7g

22 L- Chicken and Waffles
Chicken Tenders 16g and waffle 14g
Hash Brown Patty 15g
Vegetable Choice
Juice 17g

29 L- Hot Dog on a Bun 20g
French Fries 23g
Fresh Vegetable Choice
Peaches 12g

Wednesday

2 L- Walking Taco 24g
Lettuce 1g, tomatoes 2g,
Refried Beans 23g
Fruit Choice

9 L- Chicken Nuggets 16g
Tater Tots 16g
Fresh Vegetable Choice
Applesauce 21g

16 L-Pancakes 36g
Sausage Patty 0g
Hash Brown Patty 15g
Fresh Vegetable Choice
Juice 17g

23 L-Nachos w/ Meat and Cheese 35g
Salad 2g
Corn 12g
Pears 19g

30 L- Waffles 28g
Sausage 0g
Hash Brown Patty 15g
Vegetable choice
Juice 17g

Thursday

3 L-Max Sticks 28g
Marinara Sauce 10g
Green Beans 4g
Banana 27g

10 L- Cheeseburger on Bun 22g
Baked Beans 26g
Fresh Vegetable Choice
Pears

17 L- Build your Own Soft Taco
Taco meat 5g, Cheese 1g, Shells 28g
Lettuce 1g, Tomatoes 2g,
Refried Beans 23g
Fruit Choice

24 L- Stuffed Crust Pizza 31g
Green Beans 4g
Carrots 5g
Fruit Choices

Friday

4 L- Sack Lunch
PB&J Uncrustable 32g
Fresh Veggies
Pretzels 23g
Assorted Fruit Cup

11 L- Build your Own Breakfast Sandwich 30g
Bagel, Egg, Cheese, Sausage
Hash Brown Potatoes 17g
Fresh Vegetable Choice
Juice 17g

18 L- Bosco Sticks 34g
Marinara Sauce 10g
Fresh Vegetable Choice
Mixed Fruit 19g

25 L- Sack Lunch
Ham and Cheese Sandwich 24g
Fresh Veggies
Chips 18g
Frozen Fruit Treat 23

Menu is subject to change without notice
Vegetable and fruit choices are offered daily
Peanut Butter Uncrustables available daily as entrée choice
Carbohydrates are listed in red

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