



LUNCH

SEPTEMBER 2025

Norwell Community Schools

Monday

1
No School
Labor Day

8
L-Chicken Patty on a Bun **34g**
Carrots **5g**
Green Beans **4g**
Pears **19g**

15
L-Orange Chicken **23g**
Rice **27g**
Broccoli **3g**
Carrots **5g**
Mandarin Oranges **20g**
Fortune Cookie **3g**

22
L-Cheeseburger on Bun **22g**
Fresh Vegetable Choices
Baked Beans **26g**
Fruit Choice

29
L-Popcorn Chicken **16g**
Peas **9g**
Fresh Carrots **5g**
Apple Slices **7g**

Tuesday

2
L-Pancakes
Sausage **0g**
Hash Brown Patty **15g**
Vegetable choice
Juice **17g**

9
L-Corndog **30g**
Fresh Vegetable Choices
French Fries **18g**
Apple Slices **7g**

16
L-French Toast **26g**
Sausage **0g**
Hash Brown Patty **15g**
Vegetable choice
Juice **17g**

23
L-Chicken and Waffles
Chicken Tenders **16g** and waffles **14g**
Hash Brown Patty **15g**
Vegetable Choice
Juice **17g**

30
L-Bosco Sticks **34g**
Marinara Sauce **10g**
Fresh Vegetable Choice
Peaches **12g**

Wednesday

3
L-Fried Chicken Leg **8g**
Mashed Potatoes **15g**
Carrots **5g**
Berries **10g**
Dinner Roll **17g**

10
L-Max Sticks **32g**
Marinara Sauce **10g**
Fresh Carrots **5g**
Peaches **12g**

17
L-Chicken Tenders **16g**
Vegetable Choice
French Fries **18g**
Dried Fruit Choice
Scooby Doo Chocolate Grams **21g**

24
L-Pizza **34g**
Corn **21g**
Fresh Vegetable Choices
Peaches **12g**

Thursday

4
L-Pizza **34g**
Corn **21g**
Salad **2g**
Mixed Fruit **19g**

11
Nachos w/ Meat and Cheese **35g**
Salad **2g**
Refried Beans **23g**
Fresh Vegetable Choice
Fruit Choice

18
L-Walking Taco **24g**
Salad **2g**
Refried Beans **23g**
Fruit Choice

25
L-Mozzarella Sticks **34g**
Marinara Sauce **10g**
Broccoli **3g**
Banana **27g**

Friday

5
L-Cheeseburger on Bun **22g**
Fresh Vegetable Choices
Baked Beans **26g**
Fruit Choice

12
L-Chicken Nuggets **16g**
Broccoli **2g**
Tater Tots **16g**
Applesauce **21g**
Soft Pretzel **14g**

19
L-Build your own
Turkey Sub Sandwich **30g**
Lettuce, Tomato & Pickles **3g**
Cucumber Slice **2g**
Sun Chips **19g**
Pears **19g**

26
L-Box Lunch
PB&J Uncrustable **32g**
Cheese Stick **0g**
Fresh Veggies
Pretzels **23g**
Fruit Cup



Menu is subject to change without notice
Vegetable and fruit choices are offered daily
Peanut Butter Uncrustables available daily as entrée choice
Carbohydrates are listed in **red**

"This institution is an equal opportunity provider"