

OCTOBER 2025
St Aloysius and Bethlehem Lutheran

Monday		Tuesday		Wednesday		Thursday		Friday	
									
6 L- Chicken and Waffles Chicken Tenders 16g and waffles 14g Hash Brown Patty 15g Vegetable Choice Juice 17g		7 L-Pizza 34g Corn 21g Fresh Vegetable Choices Mixed Fruit 19g		1 L- Fried Chicken Leg 6g Mashed Potatoes 15g Carrots 5g Berries 10g Dinner Roll 17g		2 L- Pancakes Sausage 0g Hash Brown Patty 15g Vegetable choice Juice 17g		3 L-Cheeseburger on Bun 22g Fresh Vegetable Choices Baked Beans 26g Fruit Choice	
13 L- Hot Dog on Bun 20g Fresh Vegetable Choices French Fries 18g Apple Slices 7g		14 Build your own breakfast sandwich Egg, Cheese, sausage, & English muffin 23g Hash Brown Patty 15g Fresh Vegetable Choices Juice 17g		8 Nachos w/ Meat and Cheese 35g Salad 2g Refried Beans 23g Fruit Choice		9 L- Max Sticks 32g Marinara Sauce 10g Fresh Carrots 5g Peaches 12g		10 L- Popcorn Chicken 16g Peas 9g Cucumbers 2g Banana 27g Gram Cracker 11g-21g	
20 Fall Break		21 Fall Break		15 L-Chicken Patty on a Bun 34g Carrots 5g Green Beans 4g Pears 19g		16 L- Walking Taco 24g Salad 2g Refried Beans 23g Fruit Choice		17 L- Box Lunch Ham and Cheese Sandwich 24g Fresh Veggies Chips 18g Frozen Fruit Treat 23	
27 L-Chicken Nuggets 16g Broccoli 2g Baked Beans 26g Applesauce 21g Biscuit Stix 14g		28 L-Pizza 34g Green Beans 4g Salad 2g Mixed Fruit 19g		22 Fall Break		23 Fall Break		24 Fall Break	
29 L- French Toast 26g Sausage 0g Hash Brown Patty 15g Vegetable choice Juice 17g		29 L- Orange Chicken 23g Rice 27g Broccoli 3g Carrots 5g Mandarin Oranges 20g Fortune Cookie 3g		30 Fall Break		31 L-Turkey Sub Sandwich 30g Lettuce, Tomato & Pickles 3g Cucumber Slice 2g Sun Chips 19g Pears 19g			

Menu is subject to change without notice
Vegetable and fruit choices are offered daily
Peanut Butter Uncrustables available daily as entrée choice
Carbohydrates are listed in **red**

"This institution is an equal opportunity provider"