

OCTOBER 2026

St Aloysius and Bethlehem Lutheran

Monday

Tuesday

Wednesday

Thursday

Friday

5

L- Chicken Tenders **16g**
Mashed Potatoes **15g**
Fresh Carrots **5g**
Pears **16g**
Dinner Roll **12g**

12

L- Taco Snack Bites **30g**
Refried Beans **23g**
Broccoli **3g**
Pears **19g**
Funnel Cake **19g**

19

Fall Break
No School

26

L- Chicken and Waffles
Chicken Tenders **16g** and Waffle **14g**
Hash Brown Potatoes **17g**
Fresh Vegetable Choice
Juice **17g**

6

L- Pancakes **36g**
Sausage Patty **0g**
Hash Brown Patty **15g**
Fresh Vegetable Choice
Juice **17g**

13

L- Chicken Fries **16g**
Potato Wedges **20g**
Fresh Vegetable Choice
Raisins **30g**
Garlic Bread **12g**

20

Fall Break
No School

27

L- Chicken Patty on Bun **34g**
Potato Wedges **20g**
Baked Beans **26g**
Peaches **12g**

7

L- Chicken Nuggets **16g**
Corn **12g**
Fresh Broccoli **5g**
Applesauce **21g**

14

L- Pizza **24g**
Green Beans **4g**
Carrots **5g**
Blueberries **16g**
Sweet Treat

21

Fall Break
No School

28

L- Stuffed Crust Pizza **31g**
Peas **9g**
Fresh Carrots **5g**
Applesauce **21g**

1

L- Walking Taco **24g**
Lettuce **1g**, tomatoes **2g**,
Refried Beans **23g**
Fruit Choice

8

L- Cheeseburger on Bun **22g**
Baked Beans **26g**
Fresh Vegetable Choice
Banana **27g**

15

L- Corn dog **30g**
Sidewinder French Fries **20g**
Fresh Vegetable Choice
Caramel Apple Cup

22

Fall Break
No School

29

L- Build your Own Soft Taco
Taco meat **5g**, Cheese **1g**, Shells **28g**
Lettuce **1g**, Tomatoes **2g**,
Corn **12g**
Dried Fruit Choice

2

Grilled Cheese Sandwich **34g**
Tator Tots **16g**
Fresh Vegetables
Applesauce **21g**

9

L- Mozzarella Sticks **27g**
Marinara Sauce **10g**
Fresh Vegetable Choice
Juice **17g**

16

L- Sack Lunch
PBJ Uncrustable **32g**
Fresh Veggies
Tiger Bites **21g**
Assorted Fruit Cup

23

Fall Break
No School

30

L- Sack Lunch
Turkey and Cheese Sandwich **24g**
Fresh Veggies
Chips **18g**
Fruit Cup

Join us for a Special Week to Celebrate National School Lunch Week October 12-16 for Cafeteria Circus

Menu is subject to change without notice
Carbohydrates are listed in red

"This institution is an equal opportunity provider"