

The Celebration of the Holy Sacrifice of The Mass



SEPTUAGESIMA

Septuagesima Sunday
February 1, 2026

ALL SAINTS CATHEDRAL PARISH
National Catholic Church (PNCC)



All Saints Cathedral Parish is a community of the Polish National Catholic Church that welcomes and serves the spiritual needs of all people who wish to follow Christ in the Catholic tradition.

Mass Intention

*+Adeline Kozak
Int. Father David Rowinski*



As we worship today, let us also keep in our prayers...

PARISHIONERS: Bob Gradowski, Mark Kowalsky, Sherry Lapinski, Sylvia Smolka, Teri Heath, Bob Maycan, Diane Hughes, Sonny Collinet, Phyllis Collinet, Donald Pagels, Mary Andersen, Lorraine Truskolaski, Joan Pagels

FAMILY & FRIENDS: Dave Jazdzewski, Linda Przebieda, Susan Occhipinti, Don Nystrom, Nancy Walton, Stenia Dabrowska, Jeff Gap, Jason Malkowski, Sophia Forchas, Audrey Bockenhauer, Cheryl Miceli, Jim Lakowski, Byron Sahovich, Susan Meyer, Barbara Boyle, Luz Raygosa, Eluid Raygosa, Suzanne Eberle, Margaret "Gosia" Szajowska, Richard Kitching, Ed Davis, Derek Jones, Alivia Lindbeck, Kathy Joseph, Sherrie Sekyra, Tony Kilroy, Tina Tziolas, Rosetta Bizzotto, Barbara Consentino, June Felski, Jill Ziegler, Rita Bader, Eugenia Czaban

HOMEBOUND PARISHIONERS: Stephanie Rowinski

PRAY FOR ALL OUR TROOPS DEFENDING FREEDOM
but especially for: Michael Warren Sobczyk (USAF),
Hannah Sobczyk (USAF), Noe Corral-Galvan (USAF),
Anna Wietrecki (USA)

The Holy Sacrifice of the Mass

OPENING HYMN

(please stand)

“All Are Welcome”

(verses 1 & 2)

1. Let us build a house where love can dwell And
2. Let us build a house where proph - ets speak, And
3. Let us build a house where love is found In
4. Let us build a house where hands will reach Be -
5. Let us build a house where all are named, Their

1. all can safe - ly live, A place where saints and
2. words are strong and true, Where all God's chil - dren
3. wa - ter, wine and wheat: A ban - quiet hall on
4. yond the wood and stone To heal and strength - en,
5. songs and vi - sions heard And loved and treas - ured,

1. chil - dren tell How hearts learn to for - give.
2. dare to seek To dream God's reign a - new.
3. ho - ly ground, Where peace and jus - tice meet.
4. serve and teach, And live the Word they've known.
5. taught and claimed As words with - in the Word.

1. Built of hopes and dreams and vi - sions, Rock of
2. Here the cross shall stand as wit - ness And as
3. Here the love of God, through Je - sus, Is re -
4. Here the out - cast and the stran - ger, Bear the
5. Built of tears and cries and laugh - ter, Prayers of

1. faith and vault of grace; Here the love of Christ shall
2. sym - bol of God's grace; Here as one we claim the
3. vealed in time and space; As we share in Christ the
4. im - age of God's face; Let us bring an end to
5. faith and songs of grace, Let this house pro-claim from

1. end di - vi - sions:
2. faith of Je - sus:
3. feast that frees us: All are wel - come, all are wel - come,
4. fear and dan - ger:
5. floor to raft - er:

all are wel - come in this place.

INTRODUCTORY RITE

(remain standing)

C: In the name of the Father + and of the Son and of the Holy Spirit.

R: Amen.

C: Lord, bless us with the wisdom to praise You in spirit and in truth so that, by following Your holy will, we may gain eternal salvation.

R: Amen.

THE PENITENTIAL RITE

(please kneel)

Almighty Father, You know my deepest secrets. I confess that I have, through my own fault, sinned against Your holy laws

striking the breast, and continuing

in my thoughts, in my words and in what I have done or failed to do. I sincerely regret my sins and I am truly sorry for offending You. I ask, Father, that in Your mercy You pardon my sins. I promise to change my way of living so that through a deeper holiness I may better serve You throughout the rest of my life. I ask the Blessed Virgin Mary, all the saints and you, my brothers and sisters, to pray for me to the Lord, our God.

C: May almighty God have mercy on us, forgive our sins and bring us to everlasting life.

R: Amen.

C: May our Lord, Jesus Christ, absolve you and, with His authority vested in me I absolve you from all your sins: in the name of the Father + the Son and the Holy Spirit.

R: Amen.

“Fairest Lord Jesus”
(verse 1)

1. Fair - est Lord Je - sus, Rul - er of all na - ture,
 2. Fair are the mead - ows, Fair - er still the wood - lands,
 3. Fair is the sun - shine, Fair - er still the moon - light,
 4. Beau - ti - ful Sa - vior! Lord of all the na - tions!

O Robed Thou of the God bloom and man the Son, spring;
 And Son in all the twink - ling, garb of host:
 of the Son star Son ry of man!

Thee will I cher - ish, Thee will I hon - or, Thou,
 Je - sus Is fair - er, Je - sus is pur - er, Who
 Je - sus shines bright - er, Je - sus sh - ad - o - ra - tion now
 Glo - ry and hon - or, praise,

my soul's glo - ry, joy, and crown.
 makes the woe - ful heart sing.
 all the an - gels heavn - more to boast.
 and for - ev - er - - - - - can be Thine!

ENTRANCE VERSE

V. Turn from evil and do good, seek peace and pursue it.

R. **The Lord has eyes for the just and ears for their cry.**

V. Glory be to the Father and to the Son and to the Holy Spirit.

R. **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

C: Lord have mercy.

R: **Lord have mercy.**

C: Christ have mercy.

R: **Christ have mercy.**

C: Lord have mercy.

R: **Lord have mercy.**

OPENING PRAYER

(remain standing)

C: The Lord be with you.

R: **And also with you.**

C: Let us pray.

Almighty Father, You fill us with knowledge and understanding and showed us the difference between good and evil. May we live according to Your word, see the splendor of Your majesty, and hear the glory of Your voice. We ask this in the name of Your son, Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever.

R: **Amen.**

LITURGY OF THE WORD OF GOD

READING I: Sirach 15:15-20

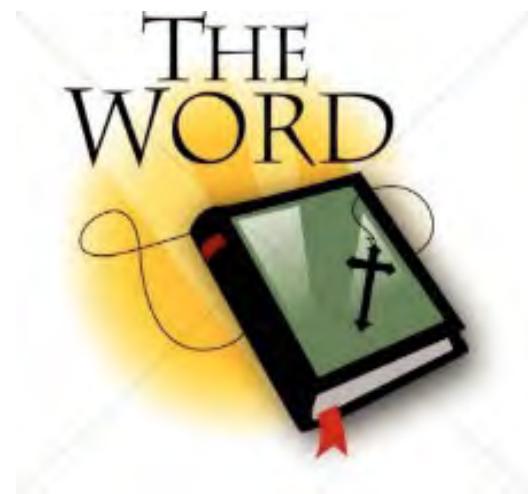
(please be seated)

A reading from the Book Sirach:

If you choose you can keep the commandments, they will save you; if you trust in God, you too shall live; he has set before you fire and water; to whichever you choose, stretch forth your hand. Before man are life and death, good and evil, whichever he chooses shall be given him. Immense is the wisdom of the Lord; he is mighty in power, and all-seeing. The eyes of God are on those who fear him; he understands man's every deed. No one does he command to act unjustly, to none does he give license to sin.

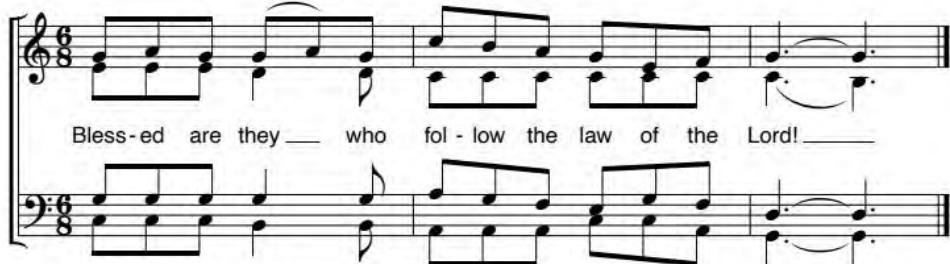
L: This is the Word of the Lord.

R: Thanks be to God.



RESPONSORIAL PSALM

*Response: (first sung by **Cantor**, then by **ALL**)*



Bless-ed are they who fol-low the law of the Lord!

Verses: (Cantor)

Blessed are they whose way is blameless, who walk in the law of the Lord. Blessed are they who observe his decrees, who seek him with all their heart.

Response: (ALL)

You have commanded that your precepts be diligently kept. Oh, that I might be firm in the ways of keeping your statutes!

Response: (ALL)

Be good to your servant, that I may live and keep your words. Open my eyes, that I may consider the wonders of your law.

Response: (ALL)

Instruct me, O Lord, in the way of your statutes, that I may exactly observe them. Give me discernment, that I may observe your law and keep it with all my heart.

Response: (ALL)

READING II: 1 Corinthians 2:6-10 *(remain seated)*

A reading from the first Letter of Saint Paul to the Corinthians:

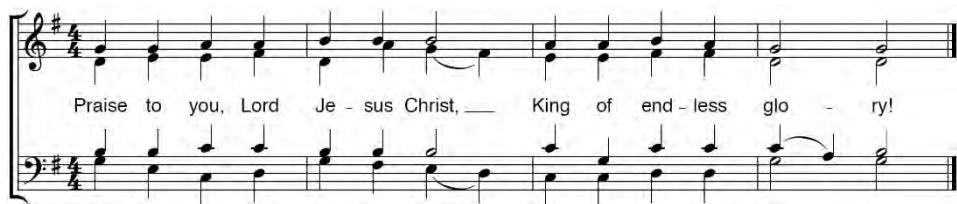
Brothers and sisters: We speak a wisdom to those who are mature, not a wisdom of this age, nor of the rulers of this age who are passing away. Rather, we speak God's wisdom, mysterious, hidden, which God predetermined before the ages for our glory, and which none of the rulers of this age knew; for, if they had known it, they would not have crucified the Lord of glory. But as it is written: *What eye has not seen, and ear has not heard, and what has not entered the human heart, what God has prepared for those who love him*, this God has revealed to us through the Spirit. For the spirit scrutinizes everything, even the depths of God.

L: This is the Word of the Lord.

R: **Thanks be to God.**

VERSE BEFORE THE GOSPEL

(please stand)



Praise to you, Lord Je - sus Christ, ___ King of end - less glo - ry!

C: Blessed are you, Father, Lord of Heaven and Earth; You have revealed to little ones the mysteries of the kingdom.

THE GOSPEL: Matthew 5:20-22a, 27-28, 33-34a, 37
(remain standing)

C: The Lord be with you.

R: And also with you.

C: A reading from the Holy + Gospel according to Matthew.

R: Glory be to You, Lord.

Jesus said to his disciples: “I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven.

“You have heard that it was said to your ancestors, *You shall not kill; and whoever kills will be liable to judgment.* But I say to you, whoever is angry with his brother will be liable to judgment.

“You have heard that it was said, *You shall not commit adultery.* But I say to you, everyone who looks at a woman with lust has already committed adultery with her in his heart.

“Again you have heard that it was said to your ancestors, *Do not take a false oath, but make good to the Lord all that you vow.* But I say to you, do not swear at all. Let your ‘Yes’ mean ‘Yes’, and your ‘No’ mean ‘No.’ Anything more is from the evil one.”

C: This is the Gospel of the Lord.

R: Praise be to you Lord Jesus Christ.

“Surely the Presence”
(verse 1)

Sure - ly the pres-ence of the Lord is in this place; I can
feel His might-y pow-er and His grace. I can hear the brush of
an-gels' wings, I see glo - ry on each face; Sure - ly the
pres - ence of the Lord is in this place.

THE HOMILY
(please be seated)

THE PROFESSION OF FAITH (Nicene Creed)

(please stand)

I believe in One God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten not made, of one being with the Father.

Through Him all things were made. For us and for our salvation He came down from heaven: by the power of the Holy Spirit, He was born of the Virgin Mary

(here genuflect)

AND BECAME MAN

For our sake He was crucified under Pontius Pilate; He suffered death and was buried.

On the third day He rose again in fulfillment of the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord and Giver of Life Who proceeds from the Father. With the Father and the Son, He is worshipped and glorified. He has spoken through the prophets.

I believe in One, Holy, Catholic, and Apostolic church. I acknowledge one baptism for the forgiveness of sins. I look for the resurrection of the dead and the *+* life of the world to come. Amen.

Celebrant: God promises happiness to those who follow His law, seeking Him with all their hearts. Let us pray to Him now, in that common bond of fidelity.

L: For the Church, revealing God's hidden wisdom and teaching us saving truths in her mysteries, let us pray to the Lord.

R: Lord, hear our prayer.

L: For renewed efforts to gain global peace and stability, let us pray to the Lord.

R: Lord, hear our prayer.

L: For the unemployed, underemployed workers, and those facing layoffs, let us pray to the Lord.

R: Lord, hear our prayer.

L: For parents, pastors, and teachers, handing on to our children the teachings of Christ, and His Church, let us pray to the Lord.

R: Lord, hear our prayer.

L: For the sick and bereaved, let us pray to the Lord.

R: Lord, hear our prayer.

L: For the dead, especially *Adeline Kozak*, who now behold "the things that no eye has seen and no ear has heard", let us pray to the Lord.

R: Lord, hear our prayer.

L: For any personal needs and intentions; let us now pray quietly (*pause for reflection*). Let us pray to the Lord.

R: Lord, hear our prayer.

C: Father, help us to live according to your commandments, and so become worthy of the blessings we seek in these prayers. We ask this, through Jesus Christ our Lord

R: Amen.

OFFERTORY VERSE

(please be seated)

C: Those who keep His commandments remain in Him, and He in them, and the way we know that He remains in us is from the Spirit that He gave us.

OFFERTORY HYMN

“Blest Are They”
Saint Cecelia Choir

Blessed are You, Lord God of all creation. Through Your goodness we have this bread to offer, which earth has given, and human hands have made. May it become for us the bread of life.

By the mystery of this wine and + water, may we come to share in the divinity of Christ, who humbled Himself to share in our humanity.

Blessed are You, Lord God of all creation. Through Your goodness, we have this wine to offer, fruit of the vine and work of human hands. May it become our spiritual drink.

Lord God, we ask You to receive us and be pleased with the sacrifice we offer You with humble and contrite hearts.

Come, Holy Spirit and bless + this sacrifice which we have prepared for the glory of Your Holy Name.

Lord, wash away my iniquity; cleanse me from my sin.

Receive this offering, most Holy Trinity, which we make in memory of the Passion, Resurrection and Ascension of our Lord, Jesus Christ and in honor of the Blessed Virgin Mary and all the saints. May they, whose memory we honor on earth, intercede for us in heaven.

(please stand)

C: Pray, my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

R: **May the Lord accept this sacrifice from your hands, for the praise and glory of His Name for our good and for the benefit of His holy Church.**

PRAYER OVER THE GIFTS

C: Lord, our God, accept our offering and make us worthy in Your sight. Grant us that righteousness which is given through faith in Your Son. We ask this through the same Jesus Christ, Who lives and reigns with You, and the Holy Spirit, one God, for ever and ever.

R: **Amen.**

THE GREAT THANKSGIVING (Preface)

C: The Lord be with you.

R: **And also with you.**

C: Lift up your hearts.

R: **We lift them up to the Lord.**

C: Let us give thanks to the Lord, our God.

R: **It is right to give Him thanks and praise.**

HOLY, HOLY, HOLY

(remain standing)

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

Heav-en and earth are - full of your glo - - ry. Ho - san-na, ho -

san - a on high. —— Bless-ed is he who comes in the name of the

Lord. Ho - san - na in the high - est. ho - san - na in the

high - est. Ho - san - na, Ho - san - na on high. ——



EUCCHARISTIC PRAYER V

Union of Utrecht Canon

(please kneel)

Blessed are You God and Father of our Lord Jesus Christ, Father of mercy and God of all consolation. For You so loved the world that You gave Your only-begotten Son, that whoever believes in Him should not perish but have everlasting life.

He then established a lasting memorial of Your salvation. On the evening in which He willingly surrendered Himself, He took bread, gave You thanks, blessed it and broke it saying,

Take this all of you and eat it:
FOR THIS IS MY BODY
WHICH IS GIVEN FOR YOU.

When supper had ended, He took the cup. In the same way, He gave You thanks, blessed it, saying:

Take this all of you and drink from it:
FOR THIS IS THE CUP OF MY BLOOD; THE BLOOD OF
THE NEW AND EVERLASTING COVENANT, WHICH
SHALL BE SHED FOR YOU AND FOR MANY FOR THE
FORGIVENESS OF SINS.

As often as you do this, do it in remembrance of Me.

So, we recall before You, Father, the Incarnation of Your Son, His words and deeds, how He humbled Himself and obediently accepted death, even death on the cross.

Therefore You have raised Him up and given Him a Name which is above every name, so that in heaven and under the earth every knee shall bow and every tongue proclaim to the glory of God the Father: Jesus Christ is Lord.

We offer this Sacrifice of Your Son before You, Father, with praise and thanksgiving and ask that You accept this oblation.

Send Your Holy Spirit and fill these Gifts with His life-giving power that they may be for us the Body and Blood of Your dearly beloved Son. Grant that the Bread which we break may be the Body of our Lord and the Cup over which we give thanks may be one with the Blood of our Lord, Jesus Christ.

In the company of Mary, the Mother of God, with Your apostles and martyrs, with holy Willibrord and all the saints, together with Anthony, our Prime Bishop, and with all bishops, priests and deacons as well as Your whole Church we praise and glorify You and look forward to the coming of Your beloved Son, our Lord, Jesus Christ.

Through Him, with Him, in Him, in the unity of the Holy Spirit, all honor and glory is Yours, almighty Father, for ever and ever.



COMMUNION RITE

The Lord's Prayer

C: Let us pray with confidence to the Father in the words our Savior gave us: (please stand)

Our Fa - ther who art in hea - ven hal - low - ed be Thy name,
Thy king dom come, Thy will be done
on earth as it is in hea - ven
Give us this day our dai - ly bread and for - give
us our tres - pass - es as we for-give those who trespass a-against us
and lead us not in-to temp-ta - tion, But de-liv - er us from e - vil.

Deliver us Lord, from every evil, and grant us peace in our day. In Your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Savior, Jesus Christ.

For the king dom, the pow'r, and the glo-ry are Yours, now and for-ev - er.

C: The cup of blessing which we bless, is it not a participation in the Blood of Christ?

The bread which we break, is it not a participation in the Body of Christ?

R: Because there is one bread, we who are many, are one body, for we all partake of the one bread.

C: May the union of Divinity and humanity in Jesus Christ bring us sanctification and eternal life.

R: Amen.

Lord, Jesus Christ, You said to Your apostles: I leave you peace, My peace I give you. Do not look at our sins, but on the faith of Your Church, and grant us the peace and unity of Your kingdom where You live forever and ever.

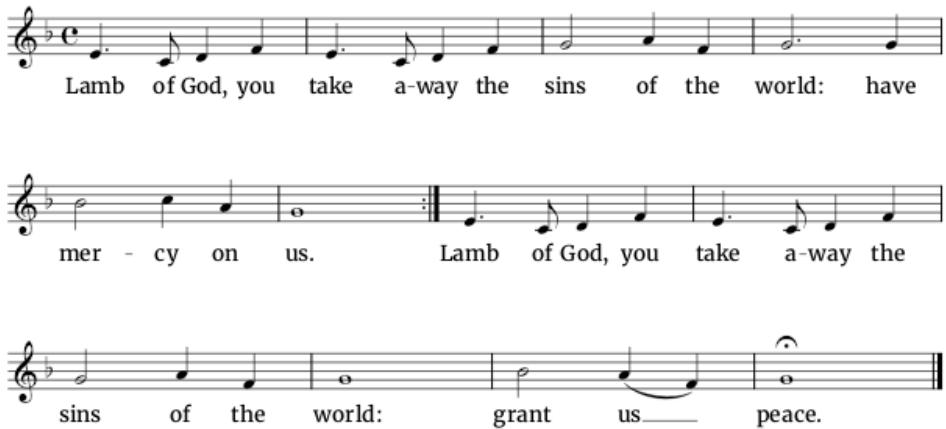
R: Amen.

C: The peace of the Lord be with you always.

R: And also with you.

Let us offer each other a sign of peace.

LAMB OF GOD



Lamb of God, you take a-way the sins of the world: have
mer - cy on us. Lamb of God, you take a-way the
sins of the world: grant us peace.

COMMUNION PRAYER

(please kneel)

C: Let us pray together:

R: **Lord Jesus Christ, Son of the Living God by the will of the Father and the work of the Holy Spirit, Your death brought life to the world. By Your holy Body and Blood, free me from all my sins and from every evil. Keep me faithful to Your teaching and never let me be parted from You.**

C: I will take the bread of heaven and call upon the name of the Lord.

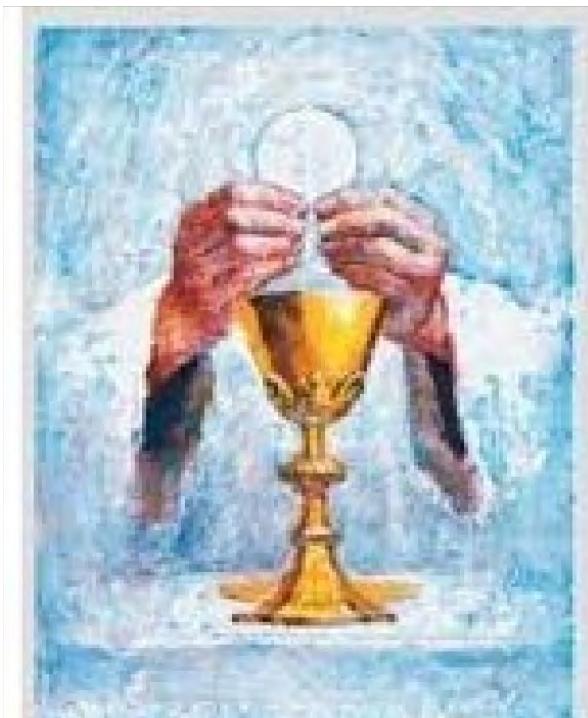
Lord, I am not worthy to receive You, but only say the word and I shall be healed.

May the Body of Christ bring me to everlasting life.

May the Blood of Christ bring me to everlasting life.

This is the Lamb of God Who takes away the sins of the world.
Happy are those who are called to the table of the Lord.

*Those who have received their First Holy Communion
and believe in the presence of Christ in the Eucharist
are welcome to receive.*



Bread and wine are administered on the tongue. To receive bread only, please cross your arms across your chest.

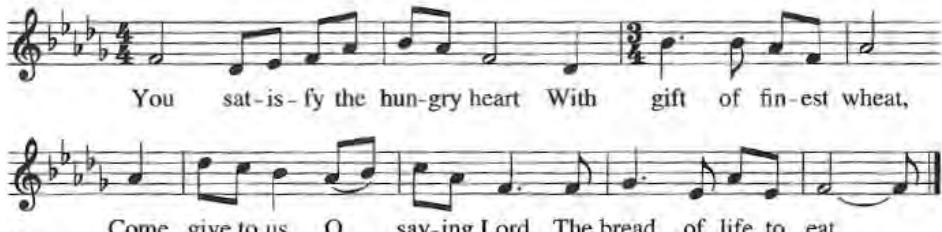
C: The Body and Blood of Christ.

R: Amen.

COMMUNION HYMN

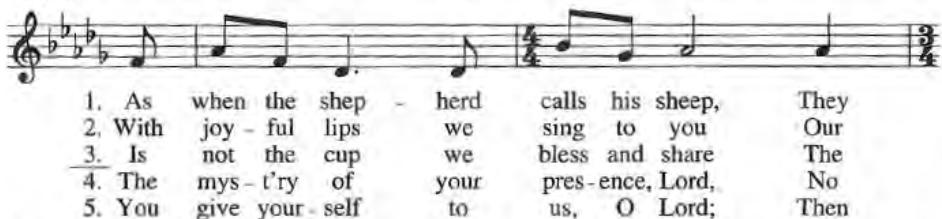
“Gift of Finest Wheat”

Refrain

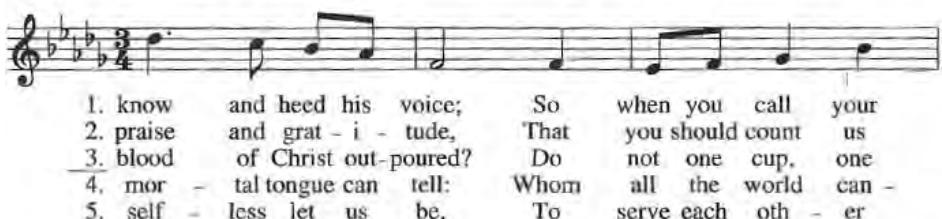


You sat-is - fy the hun - gry heart With gift of fin - est wheat,
Come give to us, O sav - ing Lord, The bread of life to eat.

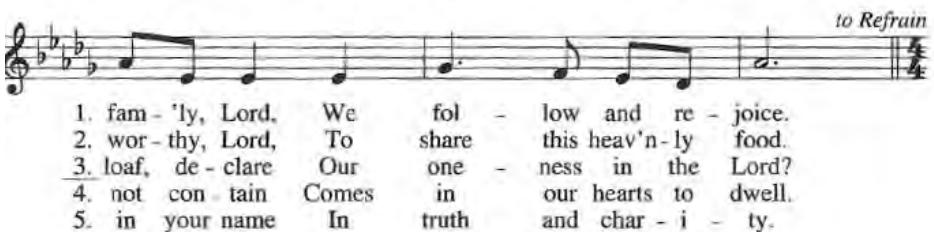
Verses



1. As when the shep - herd calls his sheep, They
2. With joy - ful lips we sing to you Our
3. Is not the cup we bless and share The
4. The mys - t'ry of your pres - ence, Lord, No
5. You give your - self to us, O Lord; Then



1. know and heed his voice; So when you call your
2. praise and grat - i - tude, That you should count us
3. blood of Christ out-poured? Do not one cup. one
4. mor - tal tongue can tell: Whom all the world can -
5. self - less let us be, To serve each oth - er



to Refrain

1. fam - 'ly, Lord, We fol - low and re - joice.
2. wor - thy, Lord, To share this heav'n - ly food.
3. loaf, de - clare Our one - ness in the Lord?
4. not con - tain Comes in our hearts to dwell.
5. in your name In truth and char - i - ty.

Lord, may I possess with a pure heart that which I have taken as food, and may the gift I have received bring me healing and strength now and forever.

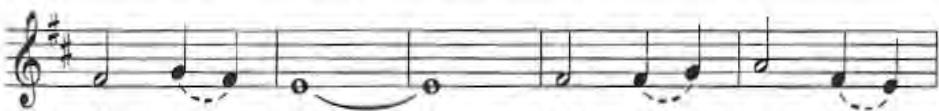
POST COMMUNION HYMN

“Seek Ye First” (verses 1, 2, 3 -solo)

1



1. Seek ye first the king - dom of God and his
2. Ask and it shall be giv - en un - to you; seek, and
3. You do not live by bread _ a - lone, but by
4. Where two or three are gath - ered in my name, there am



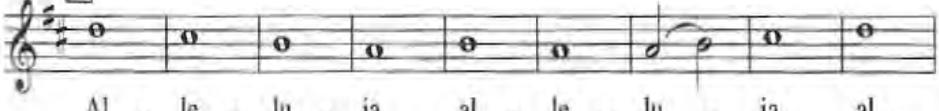
1. righ - teous - ness, And all these things shall be
2. ye shall _ find; Knock, and it shall be _
3. ev - 'ry _ word That comes _ forth from the
4. I in their midst; And what - so - ev - er ye



1. add - ed un - to you.
2. o - pened un - to you.
3. mouth _ of _ God.
4. ask, _ I will do.

Al - le - lu, al - le - lu - ia.

2



Al - le - lu - ia, al - le - lu - ia, al -



le - lu - ia, al - le - lu, al - le - lu - ia.

COMMUNION VERSE

C: For this is love, that we walk according to His commandments; this is the commandment, as you heard from the beginning, in which you should walk

PRAAYER AFTER COMMUNION

(please stand)

C: Let us pray.

Heavenly Father, nothing is hidden from Your sight. Through these Gifts we have received from Your altar help us to avoid the evils of our day and draw us closer to Your holy Law. We ask this in the name of Your Son, Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever.

R: Amen.

CONCLUDING RITE

(please kneel)

C: The Lord be with you.

R: And also with you.

C: *(final blessing)*

R: Amen.

C: *(dismissal)*

R: Thanks be to God.

Please be seated for Announcements.

“Sing of the Lord’s Goodness (verses 1 & 2)



1. Sing of the Lord’s good - ness, Fa - ther of all wis - dom,
2. Pow - er he has wield - ed, hon - or is his gar - ment,
3. Cour - age in our dark - ness, com - fort in our sor - row,
4. Praise him with your sing - ing, praise him with the trum - pet,



1. come to him and bless his name. Mer - cy he has shown us,
2. ris - en from the snares of death. His word he has spo - ken,
3. Spir - it of our God most high; so - lace for the wea - ry,
4. praise God with the lute and harp; praise him with the cym - bals,



1. his love is for - ev - er, faith - ful to the end of days.
2. one bread he has bro - ken, new life he now gives to all.
3. par - don for the sin - ner, splen - dor of the liv - ing God.
4. praise him with your danc - ing, praise God till the end of days.

Refrain



Come, then, all you na-tions, sing of your Lord’s good - ness, mel - o - dies



of praise and thanks to God. Ring out the Lord’s glo - ry, praise him with



your mu - sic, wor - ship him and bless his name.

**Join us for refreshments after Mass
in the downstairs Fellowship Hall.**



We hope you return and join our parish community again in our celebration of God's presence among us.

Sunday Masses

9 am English ~ 11:30 am Polish

(unless otherwise announced on our web site)

English Masses are broadcast on Facebook Live

www.facebook.com/ascpncc

ALL SAINTS CATHEDRAL PARISH

National Catholic Church (PNCC)

Reverend David Rowinski, Administrator

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*Growing Deeper
in your
Relationship with Christ*

Pre-Lent



As Polish National Catholics, we spend the two-and-a-half-week period before Ash Wednesday, referred to as Pre-Lent, preparing ourselves to enter the period known as Great Lent. The Pre-Lenten period includes three Sundays, whose names refer to the approximate periods of seventy, sixty, and fifty days before Easter. These Sundays are known as **Septuagesima** Sunday, **Sexagesima** Sunday and **Quinquagesima** Sunday, respectively. The First Week is known as The Week of Recollection, the Second Week is known as the Week of Self-Examination, and the last few days following Quinquagesima Sunday are known as The Days of Decision.

It is during Pre-Lent that we have an opportunity to take stock of our lives, an inventory if you will. It is a period of introspection, reflection and evaluation -- a period of preparation wherein we can fully prepare ourselves to repent and transform ourselves during Great Lent. It is a time to rearrange our priorities and focus on what matters most and leave behind what matters least. We must remember that our Easter joy will be in proportion to the effort and spiritual struggles, if you will, that we experience during Pre-Lent and Great Lent – so the work begins now. We should examine our day-to-day life, our lifestyle, and our spiritual and prayer practices so we can determine where we fall short in completely dedicating all areas of our lives to Jesus Christ.

We should take time, perhaps even over a few days, to make a very thoughtful, deliberate and thorough examination of our conscience. We must determine where we have sinned, sometimes repeatedly, against God, others and ourselves. Where have we fallen short and broken the

Ten Commandments or failed in our duties towards God regarding Faith, Hope, Charity, Religious Observances, receiving of the Sacraments, attending Holy Mass, the observance of Sundays as the Sabbath, or anything against the Church? Where have we fallen short in our personal life to ourselves or in our interactions or duties to others? In your examination, are there patterns which indicate sinful habits such as ways of thinking, speaking, acting or failing to act whether regarding God, yourself or others? These are the areas you will want to focus on during Great Lent.

If I may note, from personal experience, this is also a great time to plan your Easter meal (although this is rather easy for those of us who still follow the prescribed Polish menu and consume what we get blessed in our Easter baskets). With some pre-planning and even shopping for the non-perishable items done during this time and checked off your to-do list, you will be able to attend and enjoy the Lenten services offered by the Church rather than running errands in crowded grocery stores during Holy Week.

Pre-Lent Prayer

Our Father, please guide me through Pre-Lent as I take stock of my life. Open my heart and mind and help me to see where I have fallen short so many times. I know that You forgive all my sins if I truly repent. Give me the strength to overcome temptation and to eagerly anticipate my Lenten journey with You. I ask all these things through Jesus Christ.

Amen.

by
Catherine Andersen

**All Saints Cathedral Parish
National Catholic Church (PNCC)
Chicago, Illinois**



All Saints Cathedral Parish

National Catholic Church (PNCC)

Reverend David Rowinski, Administrator

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Catholic in Faith, a People Empowered

Welcome! All Saints Cathedral Parish is a community of the Polish National Catholic Church that welcomes and serves the spiritual needs of all people who wish to follow Christ in the Catholic tradition.

We are blessed by your presence and pray you will continue to attend and worship with us!

Sunday, February 1

9 am **Holy Mass in English**

Greeter: Gary Kurzynski

Lector: Janet Schumacher

Cantor: Gary Kurzynski

Fellowship Hosts: Phil and Sylvia Smolka

10:30 am **Sunday School Classes**

10:45 am **Womens' Society Meeting**

11:30 am **Holy Mass in Polish**

This Week at All Saints

Thursday, February 5

7 pm **Bible Study with Father David**
(*via Zoom*)

Sunday, February 8 SEXAGESIMA SUNDAY

9 am **Holy Mass in English**
Greeter: Cindi Smolka
Lector: Kara Lindenmuth
Cantor: Mark Kowalsky
Fellowship Hosts: BINGO FOR BEADS

10:30 am **Sunday School Classes**

11:30 am **Holy Mass in Polish**

Bingo for Beads

Next Sunday, February 8th, will be the Bingo for Beads event. Tickets are \$15 which includes lunch, one bingo card, and a chance to win a Restaurant Gift Card. Additional bingo cards will be \$10 which will include another raffle ticket for the Gift Cards. Please see Judie Szydłowski for tickets or you can get a hold of him 630-664-5547 or mkowalsky1@gmail.com. Tickets will also be available at the door on that day.

Repose of the Soul of our Sister Adeline Kozak

Adeline Kozak passed from this Earth, Monday 1/30/2026. Her wake will take place at **Kolbus Funeral Home / 6857 W Higgins Ave, Chicago, IL 60656** on Monday February 2 from 4 PM to 9 PM with Prayers offered at 7 PM by Father David. There will also be a viewing Tuesday February 3 at All Saints Cathedral from 10 AM to 10:30 AM, with Mass to immediately follow.

Scouting Sunday

On February 8th, the Polish National Catholic Churches as a whole will be celebrating Scout Sunday. This is a special interfaith day set aside by the Scouting movement for ALL SCOUTS to reflect on their acknowledgement of duty to God in the Scout Oath of Promise and the 12th point of the Scout Law. The Church asks all Scouts, both youth and adult to wear their scout uniforms on this day to church.

Music Scholarship Fund

A special collection will be held today to boost the PNCC Music Scholarship Fund. This fund has granted scholarships to many of our musicians in past years, and we wish to continue to support this worthwhile cause. Choir member Darlene Niebuhr will be in the vestibule after Mass to collect donations. Make checks payable to All Saints Cathedral Parish. Thank you!

COMING UP

February 4

Deadline for submissions for February Newsletter

February 8

Bingo for Beads

February 15

PTO Meeting

February 17

Parish Committee Meeting

February 18th

+ Ash Wednesday +

February 19th

Lenten Hours via Zoom

February 22

Annual Congregation Meeting

March 23

Cemetery Cleanup Day

Cemetery Trustees Meeting

See our Newsletter for more news and events!

Do you want to receive the InTouch email, Newsletter and other electronic/phone notices from All Saints? Would you like the newsletter sent to your home? Contact Judie at info@ascpncc.org or 630-222-0334.