

Lewes Senior Activity Center

Community Guidelines

Adopted September 2024

The Lewes Senior Activity Center (LSAC) has established Community Guidelines to help create safe, welcoming, and affirming spaces for members, staff, board, committee members, and participants across all our programs, services, activities, and events.

- **Treat others with respect, courtesy, and dignity.** We expect your behavior and personal interactions to be courteous, polite, and mannerly always. Please demonstrate kindness and empathy to all.
- **Cultivate wellness, establish healthy boundaries, and encourage self-care:** We welcome healing, repair, and growth within ourselves and others. We encourage all participants to establish appropriate boundaries and to take care of themselves physically and emotionally.
- **Foster inclusivity, support empowerment, and embrace diversity:** We strive to create a welcoming environment where everyone feels valued, respected, and supported. We believe in equal access to resources. We actively work to create a space free from racism, sexism, ableism, anti-LGBT acts, and all other forms of discrimination/harassment.
- **Support advocacy and empowerment:** We support and advocate for the rights and well-being of senior citizens.
- **Co-create a safe space:** We co-create an environment where everyone can comfortably express their individual interests, strengths, and needs. If you see or experience concerning behaviors, we encourage you to advocate for yourself and others or bring to the attention of staff and/or board members.
- **Avoid assumptions:** We do not assume any individual's attributes based on appearance or other factors.
- **Take individual responsibility:** We acknowledge that each person is accountable and responsible for his/her/their own behavior.
- **Protect and respect privacy /confidentiality:** We believe in everyone's right to confidentiality and individual privacy. We safeguard sensitive/personal information that has been shared within the LSAC.
- **Listen, speak and learn:** We listen to each other with an open mind, refraining from criticism or judgment.
- **Respect individuals' personal choices regarding politics, religious affiliation (or non-affiliation), and other views/beliefs.** It is best to avoid discussions of politics and religion during LSAC events.

Each staff member/volunteer/board member/participant/visitor/attendee/guest/etc. is expected to abide by these Community Guidelines at all LSAC functions. If you feel you cannot, please leave until you feel you can.

Anyone demonstrating through words or actions that they cannot honor these Community Guidelines may be asked to leave the Center or venue/location of an affiliated LSAC event. The LSAC staff and board reserve the right to enforce our guidelines and to take appropriate remedial actions.

If you have any questions or need help in clarifying any of the behaviors listed in these Community Guidelines, please feel free to contact anyone on the LSAC staff or a board member.