



32083 Janice Rd
Lewes, DE 19958
302-645-9293
lewesseniorcenter.org

Hours: Monday-Friday 8am-7pm

Mark Your Calendars

December 4: Christmas in Hershey trip meeting, 11am in the Main Hall.

December 10th: Advanced Care Planning Presentation, 12pm in the Main Hall.

December 11th: Holiday Lunch & JGAR Concert, 12pm in the Main Hall

December 17th: Cooking with Chef Dave, 12pm in the Main Hall.

December 18th: Pet Therapy with Paris, 10:30am in the Lounge.



Center closed

December 24th-
Jan 2nd



Lunches

Holiday Lunch &
Concert
Thursday, December
11th
Sign up in the Trip
Office.

Holiday Cash

Raffle
Winner drawn
every day in
December!
Extra tickets
available at the
front desk.

NEWSLETTER

December 2025

GI  ING
TUESDAY



FROM THE DIRECTOR

Hello Members!

Winter might be on the way, but things are just heating up here at the Center! Don't forget to renew your membership so you can enjoy all that we have to offer!

We're kicking off the month with **Giving Tuesday on December 2nd**. Our goal is to raise \$2,500 for LSAC programs and activities during this 24-hour giving day—and with your help, we know we can make it! Just scan the QR code above on Dec. 2nd to join in.

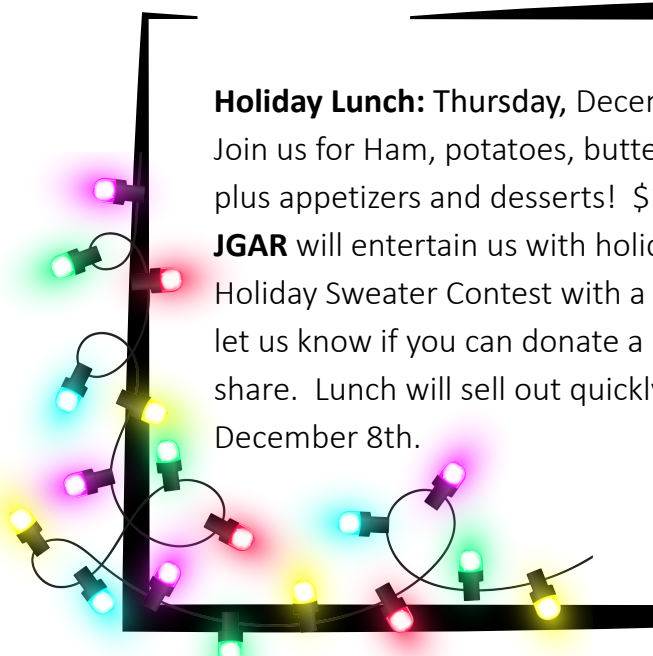
The fun continues with the festive Holiday Lunch with Jgar on December 11th, a delicious meal from Chef Dave on December 17th, and a special visit from Paris the therapy dog on December 18th!

Be sure to check the calendar for all our upcoming activities, and please note—the Center will be closed December 24th through January 2nd.

Wishing you a warm, happy, and joy-filled holiday season!

MEMBER NEWS

Upcoming Events



Holiday Lunch: Thursday, December 11th, 12:00 p.m. in the Main Hall. Join us for Ham, potatoes, butternut squash, mixed vegetables, and a roll, plus appetizers and desserts! \$15 for members and \$18 for non-members. **JGAR** will entertain us with holiday tunes! We will be holding an Ugly Holiday Sweater Contest with a prize for first place! Dress festively! Please let us know if you can donate a Ham or would like to bring a dessert to share. Lunch will sell out quickly, so don't hesitate to sign up. Sign up by December 8th.

Classes and Presentations

Preventative Care-Advanced Care Planning!: December 10th, 12 pm in the Main Hall. This is Part 3 in Beebe Healthcare's Educational Series on Preventive Health. FREE! A light lunch will be provided. Pre-registration is required. Sign up at the front desk.

Cooking with Chef Dave: December 17th, 12 pm in the Main Hall. Join Chef Dave as he shares his favorite recipes with the class. Follow along as he prepares delicious dishes and then (the best part) taste a sampling of each menu item. \$15 for members, \$20 for non-members. Sign up by December 12th. December menu coming soon!

Pet Therapy with Paris: December 18th, 10:30am in the Lounge. Stop by the lounge and say hi to Paris!

SENIOR MOMENTS

Volunteer Spotlight



Terry Bylone

When did you become a member of LSAC? January 2023

Why did you start volunteering? To show my siblings how to give back and to teach my children and grandchildren the joys of sharing special moments with others.

Tell us about a positive experience you had as a volunteer that made a difference in your life. While volunteering at Ronald McDonald House I met families from all over the world, while their kids were getting treatment. I got to see them grow up and become happy young adults.

Where did you live before moving to this area, and how long have you lived here? I moved here from South Jersey 4 years ago.



*Remembering our
members who have
passed away.*

Nadine Noble

Jim Symons

Ruth Barnettt

Lynn Komber

Warren Wormann

Thank You!

The Holiday Craft Fair was a tremendous success! Thank you to Jill Stabinski for organizing this fantastic event. We appreciate our volunteers, vendors, and shoppers who all contributed to the success of the Fair.

Group Fitness Classes

CLASS	TIME	ROOM	INSTRUCTOR	CONTACT	FEE
Monday					
Ultra Beginner Line Dancing	8:00am-9:00am	Main Hall	Marian Fetherolf	302-249-1586	\$6.00
Chair Exercise (Curtis w/Resistance band)	8:30am-9:15am	Card Room	DVD	302-645-9293	Free
Balance & Strength	9:15am-10:15am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Yoga	9:30am-10:30am	Activity Room	Judy Impell	judyimpell@gmail.com	\$7.00
Zumba	10:30am-11:30am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Qigong	10:45am-11:45am	Activity Room	Janet DeFeo	302-278-9532	\$6.00
Tai Chi for Beginners	11:45am-12:45am	Main Hall	Deb Hunt	hunt4taichi@gmail.com	\$7.00
Mat Pilates	11:45am-12:45pm	Activity Room	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Tuesday					
Beginner Tai Chi	8:00am-9:00am	Main Hall	Janet DeFeo	302-278-9532	\$7.00
Chair Exercise (Curtis w/Resistance band)	8:30am-9:15am	Card Room	DVD	302-645-9293	FREE
Tai Chi	9:15am-10:15am	Main Hall	Susan Hamadock	302-381-0585	\$7.00
Chair Yoga (Anne-weights)	9:30am-10:30am	Card Room	DVD	302-645-9293	FREE
Advanced Line Dancing	9:30am-10:30am	Activity Room	Marian Fetherolf	302-249-1586	\$6.00
Low intermediate Line Dancing	10:45am-11:45am	Activity Room	Marian Fetherolf	302-249-1586	\$6.00
Improver Line Dancing	12:00pm-1:00pm	Activity Room	Marian Fetherolf	302-249-1586	\$6.00
Tai Chi	5:45pm-6:45pm	Activity Room	Gary Tompkins	garyt.taichi@gmail.com	\$7.00
Tango at the Beach	6:00pm-7:00pm	Card Room	Christine Eggert	chrismeggert804@gmail.com	
Tango at the Beach	7:00pm-9:30pm	Activity Room	Christine Eggert	chrismeggert804@gmail.com	

**Walk Aerobics- 2 classes daily, 7:45am-8:15am & 8:30am-9:00am
in the Activity Room. FREE with your membership**

Group Fitness Classes

CLASS	TIME	ROOM	INSTRUCTOR	CONTACT	FEE
Wednesday					
Tai Chi Fan Class	8:00am-9:00am	Main Hall	Janet DeFeo	302-278-9532	\$7.00
Yoga	9:30am-10:30am	Activity Room	Judy Impell	judyimpell@gmail.com	\$7.00
Ball & Band	9:15am-10:15am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
LaBlast	11:00am-12:00pm	Activity Room	Cindy Beaver	717-991-8526	\$8.00
Chair Yoga (Anne-stretch)	12:30pm-1:30pm	Card Room	DVD	302-645-9293	FREE
Thursday					
Cardio Blast	7:45am-8:45am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Tai Chi	9:15am-10:15am	Main Hall	Janet DeFeo	302-278-9532	\$7.00
Tai Chi Beginning Swords	9:15am-10:15am	Activity Room	Susan Hamadock	302-381-0585	\$10.00
Beginner Tai Chi/Qigong Combined	12:00pm-1:00pm	Activity Room	Janet DeFeo	302-278-9532	\$7.00
Cardio Drumming	5:00pm-6:00pm	Activity Room	Jacqui Krupinski	myactivecenter.org	\$7.00
Friday					
Balance & Strength	7:45am-8:45am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Chair Exercise w/Curtis (weights)	8:30am-9:15am	Card Room	DVD	302-645-9293	FREE
LaBlast	9:00am-10:00am	Main Hall	Cindy Beaver	717-991-8526	\$8.00
Yoga	9:30am-10:45am	Activity Room	Linda Catts	410-917-5885	\$7.00
Chair Yoga (Anne-stretch)	9:30am-10:30am	Card Room	DVD	302-645-9293	FREE
Balance & Strength	10:15am-11:15am	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Zumba	11:30am-12:30pm	Main Hall	Pamm Pauley	pammpauley616@gmail.com	\$7.00
Tai Chi Swords	1:00pm-2:00pm	Main Hall	Marianne Walch	mwalch@verizon.net	\$10.00
Tai Chi for Ind. with Parkinson's Disease	2:15pm-3:15pm	Main Hall	Janet DeFeo	302-278-9532	FREE

Games and Other Programs

CLASS	TIME	ROOM	LEADER	CONTACT
Monday				
Scrabble	10:00am-12:00pm	Card Room	Pat Williams	610-613-9281
Mexican Train (Dominoes)	12:30pm-2:30pm	Card Room	-	302-645-9293
Rummikub	1:00pm-3:00pm	Main Hall	Trina Stephenson	trina_step@comcast.net
A Stitch in Time	1:00pm-4:00pm	Main Hall	Joyce Sheehy	908-337-5652
Bridge	1:00pm-4:00pm	Activity Room	Jenny Waters	703-244-3257
Beginner Mah Jong	3:00pm-5:00pm	Card Room	Cheryl Belluci	cab22cute@me.com
Billiards/Ping Pong	4:00pm-7:00pm	Activity Room	-	302-645-9293
Tuesday				
Penny Bingo	11:00am-3:00pm	Main Hall	Josie Schroeder	302-841-4113
Pinochle	12:00pm-5:00pm	Card Room	Jack Welsh	302-644-2238
Jackpot Bingo	Doors Open 4:00pm	Main Hall	Sue Petko	302-645-9293
Wednesday				
T.O.P.S.	10:00am-12:00pm	Card Room	Carey Gellman	240-899-1295
Hand, Knee, & Foot	12:30pm-3:15pm	Activity Room	-	302-645-9293
Spades (1 st & 3 rd weeks of the month)	2:00pm-4:00pm	Card Room	Judith Connor	804-456-0055
Italian Card Games (2 nd & 4 th weeks of the month)	1:30pm-4:00pm	Card Room	Neil Garefino	302-703-6296
Billiards/Ping Pong	3:30pm-7:00pm	Activity Room	-	302-645-9293
Thursday				
Canasta	9:00am-12:00pm	Card Room	-	302-645-9293
Bunco (1 st & 3 rd weeks of the month)	1:00pm-3:00pm	Card Room	Josie Glynn	908-892-8605
Drum Circle (3 rd Thursday of the month)	3:30pm-5:00pm	Main Hall	Marthea Proudfoot	mjpfoot@gmail.com
Friday				
Book Club (2 nd Friday of the month)	11:00am-12:00pm	Lounge	Linda Catts	410-917-5885
Duplicate Bridge	12:30pm-4:30pm	Activity Room	Dottie Woodbury Rich Lepley	Dottie: 302-945-2059 Rich: 202-494-8334
Mah Jong	12:00pm-2:00pm	Card Room	Carole Palamar	302-684-3968

CERAMICS STUDIO IS OPEN MONDAY-FRIDAY.

DUE TO THE POPULARITY OF THE CLASS, YOU MUST SIGN UP FOR A 2-HOUR TIME SLOT. EITHER STOP BY THE CERAMICS ROOM OR CALL 302-645-9293 EXT 107. EVERYONE IS WELCOME!

SENIORS ON THE GO!

Day Trips

*Payment due at the time of registration for all trips. All payments must be made in person. The Center must pay for tickets in advance for shows, tours, etc. If you pay for a trip and cannot attend, we will try to help you find a replacement but we cannot refund your money if we don't. If LSAC or the venue cancels, refunds will be issued. More details on the trips on our website. If you need special accommodations let us know at the time of registration. **Please sign up in advance of trips, we must have 6 participants committed the week prior or the trip will be cancelled.***

Date	Destination	Location	Time	Cost	Notes	Sign up by
Wed. 12/3	Shopping at Christiana Mall	Christiana, De	Lv. 9am Rtn. 4pm	Mem: \$18 Non: \$23	Lunch OYO	12/1/25
Thurs. 12/4	Winterfest of Lights	Ocean City, MD	Lv. 5:30pm Rtn. 8:30pm	Mem: \$14 Non: \$19	Walking tour. Dress warmly	12/2/25
Mon. 12/8	Christmas at Longwood	Kennett Sq, PA	Lv. 10:15am Rtn. 8pm	Mem: \$76 Non: \$81	Park at Ferry Terminal Dinner OYO	
Wed. 12/10	Queens Tea at Wee Fancy Tea	Newark, DE	Lv. 11am Rtn. 3pm	Mem: \$50 Non: \$55 Gratuuity inc.		12/8
Fri. 12/12	"The Best Christmas Pageant ever"	Possum Point Player, Georgetown, DE	Lv. 6:30pm Rtn. 10:15pm	Mem: \$36 Non: \$41		12/10
Mon. 12/15	Harrington Casino	Harrington, DE	Lv. 9:30am Rtn. 3:30pm	Mem: \$8 Non: \$13	Lunch OYO	12/12
Tues. 12/16	Yuletide at Winterthur	Winterthur, DE	Lv. 8:30am Rtn. 4:30pm	Mem: \$45 Non: \$50	Lunch OYO at Winterthur	12/9
Thurs. 12/18	Holiday Lights Express Train Ride	Wilmington & Western Railroad	Lv. 3:45pm Rtn. 9:30pm	Mem: \$37 Non: \$42	Dinner after ride OYO at Brandywine Diner	12/12
Mon. 12/22	Dover Mall or Bally's Casino	Dover, DE	Lv. 9:30am Rt. 3:30pm	Mem: \$8 Non: \$13	Lunch OYO	12/19

Extended Travel



2026-2027



Kentucky Bourbon Tour

Pittsburgh, PA

Canyon Country Adventure (NV, UT, AZ)

Berkshires

Alaska Cruise

Yellowstone National Park (UT, MT, WY, SD)

Finger Lakes, NY

Thailand

European Christmas Markets (Czech Republic, Germany, Austria, Slovakia,
Hungary)

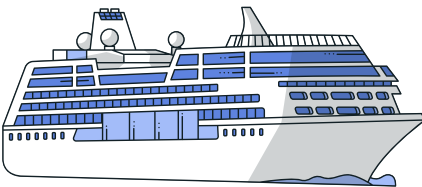
2027

Eastern Caribbean Cruise

Grand Hawaiian (Oahu, Kona, Maui, Kauai)

Sign up for trips will begin on December 9th, 2025.





Brochures available at the Center.



Costa Rica 2025



DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 	3 Christiana Mall 9am	4 <i>Christmas in Hershey trip meeting</i> 11am Winterfest of Lights 5:30pm	5	6
7	8 Longwood Gardens 10:15am	9	10 Queen's Tea @Wee Fancy 11am <i>Advanced Care Planning Presentation</i> 12pm	11 <i>Holiday Lunch & JGAR Concert</i> 12pm	12 Possum Point Players 6:30pm	13
14 	15 Harrington Casino 9:30am	16 Yuletide at Winterthur 8:30am	17 <i>Cooking with Chef Dave</i> 12pm	18 <i>Pet Therapy with Paris</i> 10:30am Holiday Lights Express 3:45pm	19	20
21 <i>Winter Solstice</i>	22 Dover Mall or Bally's Casino 9:30am	23	24	25  Center Closed	26	27
28	29	30	31 	Jan. 1st	Jan. 2nd	
Center Closed 12/24/25-1/2/26						

Holiday Lunch & Concert

MENU:

APPETIZERS
HAM
POTATOES
BUTTERNUT
SQUASH
MIXED VEG
ROLL
DESSERT

DECEMBER 11TH

12PM

ENTERTAINMENT: JGAR!

\$15/MEMBERS \$18/NONMEMBERS

UGLY HOLIDAY SWEATER CONTEST!!

