

# Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: August 27, 2025 Name of District: McIntosh County Schools Number of Schools in District: 3

<b>Nutrition Education Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All high school students are required to complete a semester of Health/PE (It's a Combined Block class for both Middle and High) which includes nutrition education. Middle School students may also complete this in 8 <sup>th</sup> grade for High School credit.	Completed	2	Middle School students in 8 <sup>th</sup> grade are completing this goal.
2. Nutrition education will be provided through bulletin board materials changed every 9 weeks	Completed	3	
<b>Nutrition Promotion Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Healthy eating and hydration will be promoted throughout the building through the posting of educational materials and morning announcements.	Completed	3	
2. Implement farm to school by incorporating local foods to the menu monthly.	Completed	3	
<b>Physical Activity Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>

1. Elementary school physical activity brain breaks are implemented into the school daily.	Completed	1	
2. Elementary students receive 40 minutes of Physical Education per week.	Completed	1	
3. Fitness gram assessments completed annually at both middle and elementary	Completed	3	FITNESSGRAM has been replaced with Fit Georgia.
4. All high school students must complete a semester of Personal Fitness.	Completed	1	

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All 3 schools provide handwashing education and opportunities throughout the school day.	Completed	3	
2. All 3 schools provide information on anti-vaping, alcohol, and drugs throughout the building.	Completed	3	5 <sup>th</sup> graders also participate in Too Good for Drugs and middle schoolers participate in MAST.
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Nutrition standards for competitive foods and beverages must, at a minimum, meet the USDA's Smart Snacks in Schools guidelines. These guidelines apply to all foods sold in the following locations: 1. Cafeteria, 2. Vending Machines, 3. Ice Cream Sales, and 4. Competitive Foods.	Completed	3	
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e., classroom parties, foods given as reward)</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Food items provided but not sold to the students during the school day are encouraged to be non-food or meet the smart snack requirements. Ideas and information on healthy classroom rewards will be made available on school nutrition website.	Completed	3	
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>

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1. No marketing or any items that are non-complaint will be conducted. All foods and beverages promoted to students on campus during the school day will meet or exceed the USDA Smart Snacks in School Nutrition standards.	Completed	3	
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<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. Delmano Mitchell	Principal - TGE	
2. Scott Brooker	Principal - MCMS	
3. Todd Willis	Principal - MCA	
<b>Wellness Committee Involvement</b> <i>List of committee members' names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. Rose Harrison	Nutrition Director – McIntosh County Schools	
2. Lucille Mitchell	Cafeteria Manager - MCMS	
3. Marlo Jackson	Cafeteria Manager - TGE	
4. Aundra Heidt	Cafeteria Manager - MCA	
5. Regina Dinkins	School Nurse	
6. Tyler Powell	PE/Health Teacher - Todd-Grant Elementary	
7. Brianna Gipson	PE/Health Teacher - McIntosh County Middle	
8. Hayley Napfel	Art Teacher - McIntosh County Academy	
<b>Public Notification</b> <i>Where it is posted i.e., webpage, handbook, etc.</i>	<b>How often is it updated/released:</b>	<b>Notes:</b>
1. District Webpage – School Nutrition tab	As needed	
2. Bulletin Boards – Schools & Central Office	As needed	
3. School Webpages	As needed	

4. Triennial Posted to District Webpage		
5.		

KEY	
<b>Completed</b>	select if you have met this goal at all schools
<b>Partially Completed</b>	select if one or more schools has met this goal
<b>In Progress</b>	select if you are working on the goal, but none of the schools have met the goal
<b>Not Completed</b>	select if you have not begun working on this goal

## Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: McIntosh County Schools

Date: August 27, 2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding <b>increased</b> student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	

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6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	Since COVID, the district has gone through several changes in administrators and teachers, and the focus has been on restructuring. Moving forward, every effort will be made to meet as committee at least 4 times per year.
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education	Yes	

	teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.		
<b>19</b>	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
<b>20</b>	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
<b>21</b>	SFA has retained records that document compliance with policy requirements.	Yes	
<b>22</b>	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
<b>23</b>	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
<b>24</b>	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	