



MEXICO AREA FAMILY YMCA
MEXICO, MISSOURI

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADAPTIVE P.E.

A new program directed by YMCA staff members; geared towards helping people of all levels stay active and engaged.

10:00AM-11:00AM
2nd & 4th Thursday
Starting January 22, 2026



Please send any questions or concerns to: seth.cooke@mexicoymca.org
Please register by the end of the day prior.

DAY PROGRAM NAME:

First Name of Participant	Last Name

Contact Information

LAST NAME		FIRST NAME		ORGANIZATION
ADDRESS		CITY	STATE	ZIP CODE
PRIMARY PHONE				
EMAIL				

WAIVER AGREEMENT: In consideration of being permitted to utilize the facilities, services, and programs of the YMCA for any purpose including, but not limited to observation or use of facilities and equipment, or participation in any off-site programs affiliated with the YMCA, the undersigned for him/herself and any other personal representatives, executors and administrators, WAIVE, RELEASE, DISCHARGE, AND COVENENT NOT TO SUE the Mexico Area Family YMCA, their directors, officers, employees, and their agents for any and all injuries and other damages which he/she may suffer in connection with his/her participation in the program or any other activities.

PHOTO/VIDEO DISCLOSURE STATEMENT: The Mexico Area Family YMCA may take photographs and/or video of its member or program participants for use in print materials or by electronic methods. Your participation in Y programs grants permission for the YMCA to use these in its marketing materials. If you have concern, please contact

SIGNATURE:	DATE:
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