



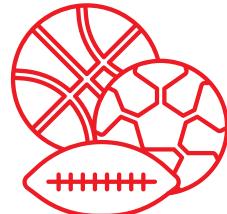
MEXICO AREA FAMILY YMCA  
MEXICO, MISSOURI

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ADAPTIVE P.E.

A new program directed by YMCA staff members; geared towards helping people of all levels stay active and engaged.

10:00AM–11:00AM  
2<sup>nd</sup> & 4<sup>th</sup> Thursday  
Starting January 22, 2026



Please send any questions or concerns to: [seth.cooke@mexicoymca.org](mailto:seth.cooke@mexicoymca.org)  
Please register by the end of the day prior.

## DAY PROGRAM NAME:

First Name of Participant	Last Name

## Contact Information

LAST NAME	FIRST NAME	ORGANIZATION
ADDRESS	CITY	STATE ZIP CODE
<b>EMAIL</b>		

**WAIVER AGREEMENT:** In consideration of being permitted to utilize the facilities, services, and programs of the YMCA for any purpose including, but not limited to observation or use of facilities and equipment, or participation in any off-site programs affiliated with the YMCA, the undersigned for him/herself and any other personal representatives, executors and administrators, WAIVE, RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Mexico Area Family YMCA, their directors, officers, employees, and their agents for any and all injuries and other damages which he/she may suffer in connection with his/her participation in the program or any other activities.

**PHOTO/VIDEO DISCLOSURE STATEMENT:** The Mexico Area Family YMCA may take photographs and/or video of its member or program participants for use in print materials or by electronic methods. Your participation in Y programs grants permission for the YMCA to use these in its marketing materials. If you have concern, please contact

**SIGNATURE:**

**DATE:**