

Social Rx with Recreational Therapy

Referral Source

A CTRS may see a need for community engagement and social connection during treatment and make a referral to a link worker.

Link Worker

For people with disabilities, mental health challenges, chronic conditions, or age-related changes, recreational therapists may refer and link people to community resources to promote engagement and connection.

Therapist/Service Provider

A CTRS may provide specific treatment intervention including leisure education, community integration training, social skills training, coping skills, recreation/leisure adaptations (among other interventions) for people who more intensive assistance or modifications.

Recreational Therapists provide assessment, planning, implementation, and evaluation to create a holistic approach to improving functioning, wellbeing and quality of life.