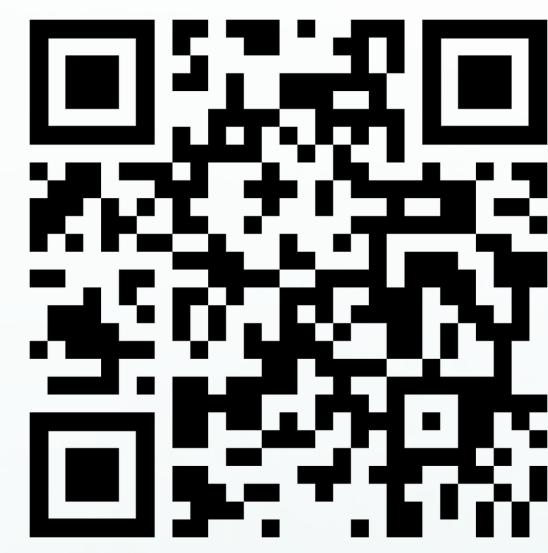


**Recreational
Therapists are
leaders in social
connectedness and
the preferred
provider for activity-
based social and
relational
*interventions aimed
at reducing
loneliness.***

ABOUT RT



ATRA AMERICAN THERAPEUTIC
RECREATION ASSOCIATION

Learn More | atra-online.com/about-rt



Rec·re·a·tion·al Ther·a·pist (noun)

/ˌrekreˈāSH(ə)nəl/ /ˈθerəpəst/

An expert in
cultivating waves of
connection,
belonging, meaning,
purpose, discovery,
joy, and flow.

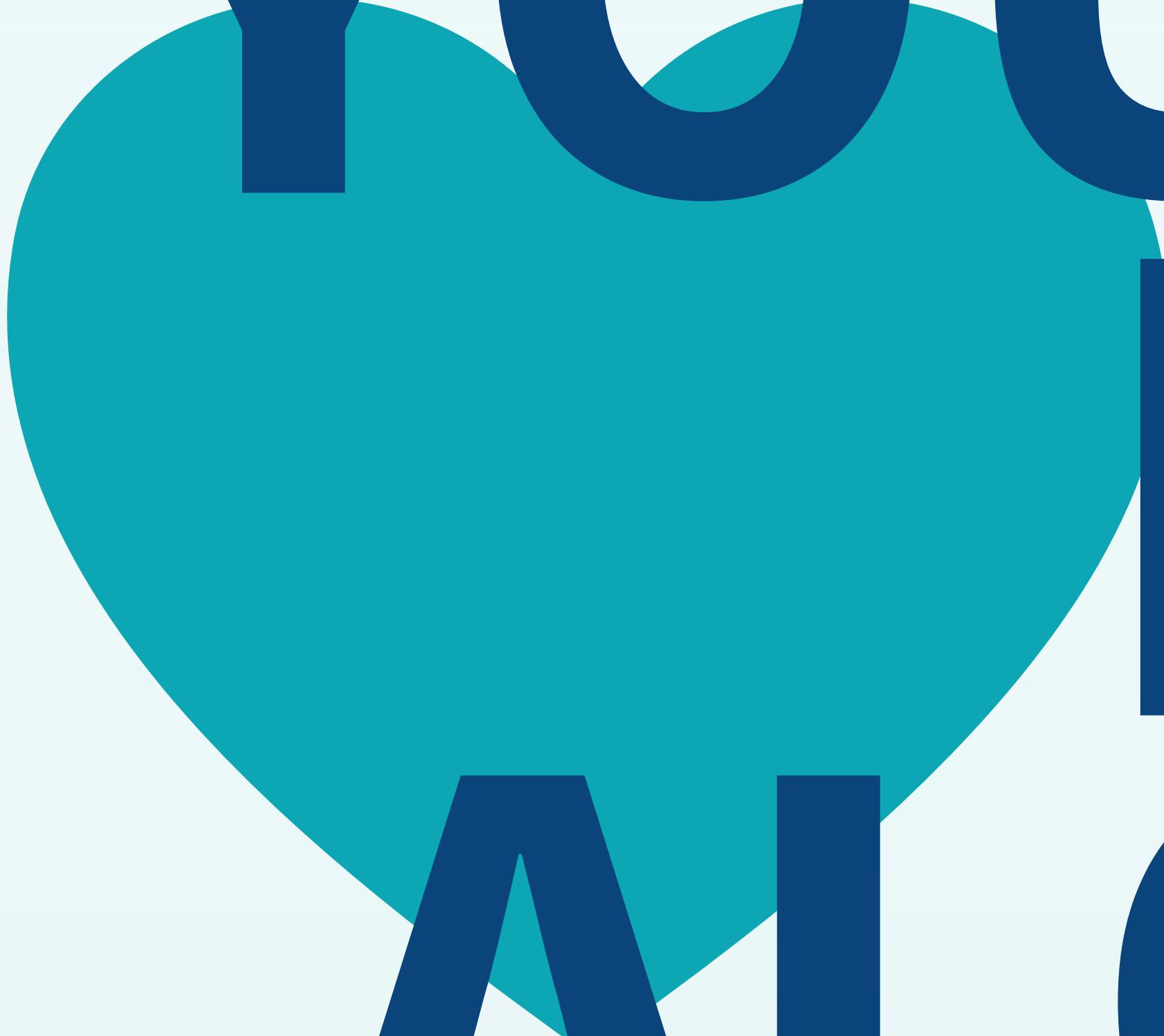
ATRA AMERICAN THERAPEUTIC
RECREATION ASSOCIATION

RT Month 2026 | atra-online.com/about-rt





**YOU'RE
NOT
ALONE**



You matter. You belong.

RT Month 2026 | Turning the Tide on Loneliness

