



Summer Gymnastics & Ninja Class Schedule

June 1 - August 20

(No Class June 29 - July 3)

Movement & Milestones · Parent Tot Classes

Movement & Milestone classes focus on perceptual and gross motor development. Aligning activities to promote milestone achievement. Passive movement to strengthen, lengthen, and introduce muscles to dominant movement patterns.

		Monday	Tuesday	Wednesday	Thursday
Rockin' Rollers 3 months - Crawling Co-Ed 30 minutes Preschool Gym	\$32		9:30am	5:00pm	
Curious Crawlers Beginning crawling - early walking Co-Ed 30 minutes Preschool Gym	\$32		9:30am	5:00pm	
Mini Movers Early walking - confident walking Co-Ed 30 minutes Preschool Gym	\$48	4:45pm	5:15pm	10:15am	6:00pm
Wiggly Walkers Confident Walkers - 1 years old Co-Ed 45 minutes Preschool Gym	\$72	4:00pm 6:00pm	10:15am 4:00pm 5:45pm	9:15am 4:00pm	9:15am 5:00pm
Junior Jumpers 2 years old Co-Ed 45 minutes Preschool Gym	\$72	5:00pm	10:15am 4:00pm 5:00pm 6:00pm	10:15am 6:00pm	9:15am 3:00pm 4:00pm

Preschool Gymnastics Classes · 45 Minutes

Preschool classes introduce basic gymnastics through exploration and creative movement. Classes use rhythm, rhyme, and repetition to teach basic body positions and skills. Classes teach children the five c's: be curious, creative, courageous, competent, and confident.

		Monday	Tuesday	Wednesday	Thursday
Lil Leapers 3 years Co-Ed 45 minutes Preschool	\$72	3:00pm 5:00pm 6:00pm	10:15am 4:00pm 5:00pm	9:15am 3:00pm 4:00pm 5:00pm	10:15am 4:00pm 6:00pm
Tiny Tumblers 4 years Co-Ed 45 minutes Preschool Gym	\$72	3:00pm 4:00pm 6:00pm	10:15am 4:00pm 6:00pm	9:15am 3:00pm 5:00pm 6:00pm	10:15am 5:00pm

Bolded classes are combined

Preschool Gymnastics Classes · 60 Minutes

		Monday	Tuesday	Wednesday	Thursday
Hot Shots 3.5 - 4 years Girls Invite ONLY 60 minutes TNT Gym	\$76	4:15pm 5:30pm	5:30pm	10:30pm 5:30pm	

School Age Gymnastics Classes

TNT's school age classes follow the USA Gymnastics program standards. At TNT, boys and girls in this program safely learn fundamental skills and progressions on traditional gymnastics equipment. Students advance through skill mastery.

		Monday	Tuesday	Wednesday	Thursday
Kinder Kids 5 years Co-ed 60 minutes TNT Gym	\$76	5:30pm	3:00pm 5:30pm	4:15pm 5:30pm	3:00pm
Beginner Girls 6+ years Girls 60 minutes TNT Main Gym	\$76	3:00pm 4:15pm 6:45pm	4:15pm 5:30pm 6:45pm	3:00pm 4:15pm 5:30pm	3:00pm 4:15pm 5:30pm
Intermediate Girls 6+ years Girls 60 minutes TNT Main Gym	\$76	4:15pm 6:45pm	4:15pm 5:30pm 6:45pm	3:00pm 4:15pm 5:30pm	3:00pm 4:15pm 5:30pm
Advanced Girls 6+ years Girls 60 minutes TNT Main Gym	\$76	5:30pm	4:15pm	3:00pm 6:45pm	4:15pm 5:30pm 6:45pm
Beginner Boys 6+ years Boys 60 minutes TNT Main Gym	\$76		4:15pm		
Tramp & Tumble 6+ years Co-Ed Must have Cartwheel 60 minutes TNT Main Gym	\$76			6:45pm	
Premier I 6+ years Girls Invite ONLY 90 minutes - 2x a week TNT Gym	\$115		4:45pm		4:45pm
Premier II 6+ years Girls Invite ONLY 90 minutes - 2x a week TNT Gym	\$115	4:15pm		4:15pm	

Ninja Classes

Ninja classes teach kids to functionally move their bodies. The classes include activities and circuits to work the cardiovascular system. Children use gymnastics equipment, trampolines, ninja course, a warped wall, and more to learn both fitness and ninja skills.

		Monday	Tuesday	Wednesday	Thursday
Ninja Minis 4 - 5 years Co-Ed 45 minutes TNT Gym	\$72	5:00pm	3:00pm 4:00pm	5:00pm	5:00pm
Ninja 6+ years Co-Ed 60 minutes	\$76	3:00pm 5:30pm		4:15pm	3:00pm

Registration Procedures & Policies

Registration:

Online: www.tntkidsfitness.org

Phone: 701-365-8868

Class Tuition: Class tuition varies by class. Payment is due for the first month at time of registration. Future payments will be automatically withdrawn on the 20th. Students in more than 1 class a week receive 25% discount on the additional classes.

Annual Registration Fee: \$35 fee required one time per year per family. Covers all family members. Due on or before anniversary date. **Non-refundable**

Refunds: TNT allows refunds within the first week of a class for unused classes for first time athletes. After the first week of class, approved refunds are a credit on your iClassPro account for the unused portion to use for a future class. Credits are good for one year from the date of issue.

Registration & Waitlists: All classes are first come, first serve. You are able to join a waitlist for a full class. You will be contacted if a spot becomes available.

Make-Up Policy: TNT does not offer makeups for missed classes. **There are no credits or refunds for missed classes.**