The Harbor
at Renaissance of Greene County
A Premier Memory Care Center

Life. Love. Legacy.™

422 William Mills Dr.
Stanardsville, VA 22973

YOUR LEADERSHIP TEAM



Sandy Siler
Executive Director



Nola Ralls
Sales & Marketing Director



Erica Lovingood, LPN
Resident Services Director



Jennifer Covington
Resident Care Coordinator



Hailey Siler
Life Enrichment Coordinator



Iona Ralls
Business Office Manager



Teresa Crawford
Housekeeping Director



Spencer Williams
Dining Services Director



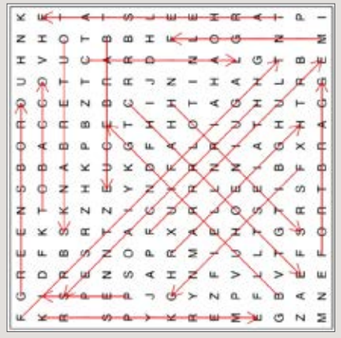
Brett Davidson
Maintenance Director



Zachary Shifflett
Chaplain



Amber Moran
Regional Director of Operations





NEWSLETTER NOVEMBER 2026

THE HARBOR AT RENAISSANCE OF GREENE COUNTY





A MESSAGE FROM YOUR EXECUTIVE DIRECTOR

November has a way of reminding us what matters: a shared meal, a familiar story, someone taking the time to ask how we're doing. As Thanksgiving approaches, I'm grateful for the residents, families, and team members who get to know one another and look out for one another here.

This month, during National Alzheimer's Disease Awareness Month, we're thinking especially of those living with Alzheimer's or another form of dementia, and the families who love them. We call our memory care neighborhood The Harbor because it offers residents a safe, caring place to navigate the challenges that sometimes accompany dementia. Familiar routines, purposeful activities, and time spent with people who know them give residents opportunities to connect and enjoy their days. Our team brings patience and dedication to this work, along with annual certification in Alzheimer's and dementia care.

We also know that families need support of their own. That's why we offer complimentary Alzheimer's Support Services with Dr. Ron Harvard, in addition to the care we provide in our community. Dr. Harvard is a pastor, counselor, and professor with decades of experience. He also cared for his late wife, Linda, through her journey with Alzheimer's disease. He understands the questions and emotions families face, both through his work and through his own life. If it would help to talk with someone who understands, you can schedule a complimentary phone or video appointment with Dr. Harvard through our website.

That same commitment to helping families find their way through difficult questions extends to another group we're honoring this month: veterans and their families. On Veterans Day, we thank those who have served and the people who have stood beside them. For veterans, spouses, and surviving spouses exploring VA Pension with Aid and Attendance, we can also help make the application process easier to navigate. Through our partnership with Elder Resource Benefits Consulting (ERBC), families can get knowledgeable guidance at each step and avoid common delays. The initial eligibility call is always free, and we cover the cost of ERBC's service for those moving into or living in our community. If you'd like to learn more for yourself or someone you love, please reach out. We'd be glad to get you connected.

Whether we're helping a resident find comfort in a familiar routine, honoring a veteran's service, or answering a family's questions, our goal is the same: to be useful to residents and families in the ways that matter to them.

Thanksgiving gives us another chance to spend time together. If you're visiting a loved one this month, we hope you'll share a meal, join us for an activity, or simply sit and catch up. Thank you for trusting us to be part of your lives. We're grateful you're here, and we'd love to see you whenever you can stop by.

With gratitude,

Sandra Siler

Sandra Siler
Executive DIrector

Celebrations & Milestones

Welcome to our newest residents!

- Jim Speers
- Gregory Hardee

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Nov. 5: Clarence Morris
- Nov. 10: Beth Nichols
- Nov. 12: Greg Hardee

TEAM MEMBER BIRTHDAYS

- Nov. 9: Janice Jackson
- Nov. 20: Tina Harlow
- Nov. 22: Kim Snow

RESIDENT ANNIVERSARIES

- Dorothy Forbes—9 yrs
- Rebecca Kidd—1 yr

TEAM ANNIVERSARIES

- David Tippett—4 yrs



Hailey Siler
Life Enrichment Coordinator

LIFE ENRICHMENT *Connections*

There's something special about gathering around the table with the people we love. Each month, The Harbor welcomes families to share a meal with their loved ones, and our November dinner is one of our favorite traditions.

Please join us for a warm and festive Thanksgiving dinner prepared and served by our wonderful staff. It will be an evening of delicious food, meaningful connection, and new memories made together.

Christmas family photos will be available during the hour before dinner, giving you an opportunity to capture a special moment with your loved one.

Dinner will be served at 4:30 p.m. on Tuesday, November 17. Please reserve your seats by calling 434-985-4481 or signing up at the front desk.

We hope you'll celebrate with us!

Hailey Siler
Life Enrichment Coordinator

CHECK OUT OUR FALL FESTIVAL HIGHLIGHTS THROUGHOUT THIS NEWSLETTER!













GOING THE EXTRA MILE AWARD

BRETT DAVIDSON ❧ NOVEMBER WINNER

"If anyone forces you to go one mile, go with them two miles." Matt 5:41

We are proud to recognize Brett Davidson, our Maintenance Director, for Going the Extra Mile.

In the several months Brett has been part of The Harbor family, he has proven there is no job he can't handle and no problem he can't solve. His hard work keeps our community running smoothly and helps our team provide the best possible care for our residents. Brett feels appreciated in his role and finds real satisfaction in knowing that everything he does supports both residents and staff.

Working at The Harbor has been a welcome change from Brett's previous facility maintenance roles. He has quickly become a valued member of our team, bringing skill, dedication, and a willingness to take on every challenge that comes his way.

Born in Greenfield, Indiana, Brett attended Shelbyville High School, where he met his high school sweetheart, Amber. She describes Brett as a "wonderful partner, best friend, shoulder to cry on, hand to hold through the hard times, and face to kiss during the good times." Together, they have three beautiful children who admire and adore their father. Brett is also a loving and devoted son and son-in-law who will jump through hoops for his family.

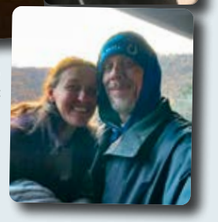


Outside of work, Brett has a deep love for music—especially Ozzy Osbourne—and even plays bass guitar.





Brett's dependability, problem-solving skills, and commitment to serving others make him a true blessing to our community. We are so thankful to have him as part of The Harbor family.



Thank you, Brett, for everything you do. Keep shining!









A HEARTFELT VISIT TO SAY THANK YOU

As Legacy Senior Living celebrates 20 years of service, members of our Support Center leadership team visited our community, thanking our residents for choosing to call this community home and recognizing our team members for the care and dedication they bring to it each day. Each resident and team member received a small token of appreciation.







We're grateful to everyone who has been part of the Legacy family and helped make the past 20 years possible. These photos capture a few moments from our visit.











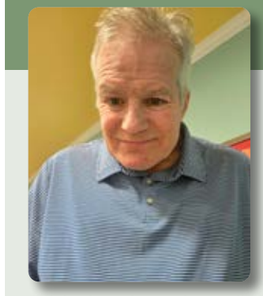








MEET *Chris Duhon*: FAITH, FAMILY & FORWARD MOTION



Originally from Thibodaux, Louisiana, Chris Duhon has built a life rooted in family, faith, hard work and a love for staying active. From early morning runs and long days on the farm to a successful career that took him around the world, Chris's story is one of purpose, dedication and meaningful connection.

Family has always been at the heart of Chris's life. Growing up with one sister and two brothers, he learned early what it meant to be part of a close family. He has been married to his wife, Jamie, for 44 wonderful years. Together, they raised three children and are proud grandparents to five grandchildren. Each one holds a treasured place in Chris's heart and remains an important part of his story.

Chris attended Louisiana State University and the University of Houston before beginning an impressive career in the oil industry. Over the course of 34 years, he served as an executive with Tenneco, Shell and Hess. His work gave him opportunities to travel and experience different parts of the world, with Europe and Africa becoming two of his favorite destinations.

Even with the responsibilities of his career, Chris made time to remain active. He was an avid runner and especially enjoyed heading out in the morning. Once he finished his run at home, he would spend the rest of the day working on the farm. It was a demanding routine, but one that reflected his work ethic, discipline and appreciation for a full day spent in motion.

Music and faith have also brought Chris joy throughout his life. He enjoys listening to James Taylor, but old church hymns hold a particularly meaningful place in his heart. A devoted churchgoer, Chris attended Legacy Church and continues to find peace and familiarity in the songs of his faith. He especially enjoys mornings at The Harbor when traditional hymns are playing, filling the space with comforting melodies and cherished memories.

Chris's love of movement remains part of his daily life at The Harbor. He is often up and walking through the hallways or taking in the fresh air during a stroll through the courtyard. While he enjoys the exercise, the companionship makes those walks even more special. Chris is always happy when a Harbor team member or fellow resident joins him, turning a simple stroll into time for conversation, friendship and connection.

When he is not walking, Chris can often be found relaxing in the communal sitting area near the television. He enjoys being in a shared space where he can take in the activity around him and spend time in the company of others.

Chris also knows how to appreciate life's sweeter moments. He loves a good treat, especially ice cream. Whether he is enjoying a favorite dessert, listening to James Taylor, hearing an old church hymn or walking with a friend, Chris finds happiness in familiar pleasures and shared experiences.

This November, we are proud to celebrate Chris Duhon and the life he continues to share with those around him. His devotion to Jamie and their family, his strong faith, his distinguished career and his lifelong commitment to staying active reveal a man who has always moved through life with purpose. We are grateful Chris is part of The Harbor family and look forward to many more walks, hymns, smiles and sweet treats together.

NOVEMBER *Highlights*

5th 2:00pm Remembrance Ceremony

6th 2:30pm Hilltop Men's Club

13th 12:30pm Veterans Lunch

19th 4:30pm Family Thanksgiving Dinner

25th 2:30pm Birthday Bash

HONORING OUR HEROES

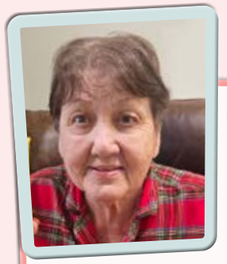


For Veterans Day, we invite veterans throughout the Stanardsville community to join us for a special luncheon in their honor. We are grateful for the courage, sacrifice, and service of every man and woman who has worn our nation's uniform, and we would be honored to celebrate you.

VETERAN'S LUNCHEON
Fri., Nov. 13, 2026
at 12:30PM

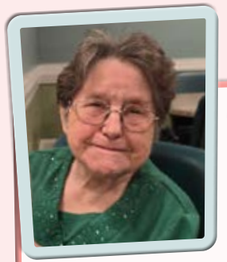
A Walk Down MEMORY LANE

What were Thanksgiving mornings like for you?



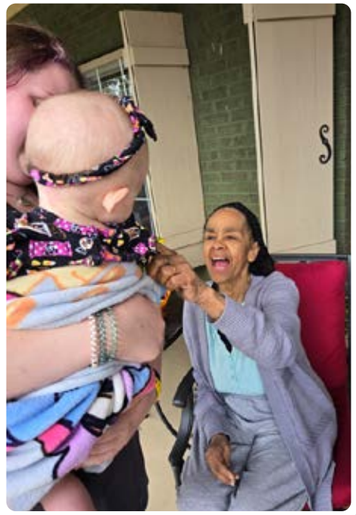
Beverly Jane

My daughter and the young women in my family always handle the cooking and I enjoying sitting there watching them. You have to get up so early to start is all. The food is always so wonderful and seeing everyone together is just so good. It is my favorite time of year. And the football! I love watching the football and watching the boys play.



Mary Louise

Mama always did the cooking and I got up early to help her out. It was the only time it was quiet in the house and it was so nice helping her in the kitchen cooking. It was so wonderful to watch her do her thing. I learned so much from my mama, she's the best. And the food ended up being so, so good!

















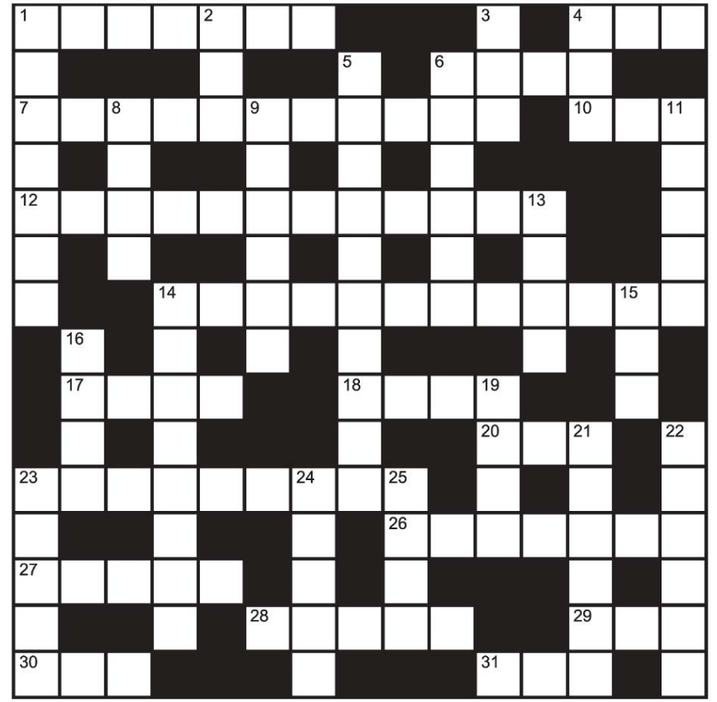


ACROSS

1. Makes satisfied
4. Mind the ___ (subway station warning)
6. Destroy
7. Instructive; providing knowledge
10. Got together
12. Skilled; proficient
14. Effectively
17. Pile
18. Acquires
20. Corn serving
23. Obtained for a price
26. Put forward for consideration
27. Soccer scores
28. Baggy
29. Laugh Out Loud, abbrev.
30. Tree juice
31. Foot the bill

DOWN

1. Set up
2. Caribbean or Red, for example
3. Entirely
4. Place to work out
5. Conspicuous
6. Pageant attire
8. University of Northern Colorado, abbrev.
9. Themes or subjects
11. Delicious
13. Medicinal substance
14. Barely
15. Fall behind
16. From beginning to end, informally
19. "To thine own ___ be true"
21. Nearly never
22. Cowboy's seat
23. Sheets of a book
24. Tavern perch
25. Pixels



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K	I	D	F	K	T	O	B	A	C	C	O	V	H	E
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I	P	E	S	R	Z	H	K	P	B	Z	T	C	T	A
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Z	A	E	F	S	R	S	F	X	H	T	R	B	I	P
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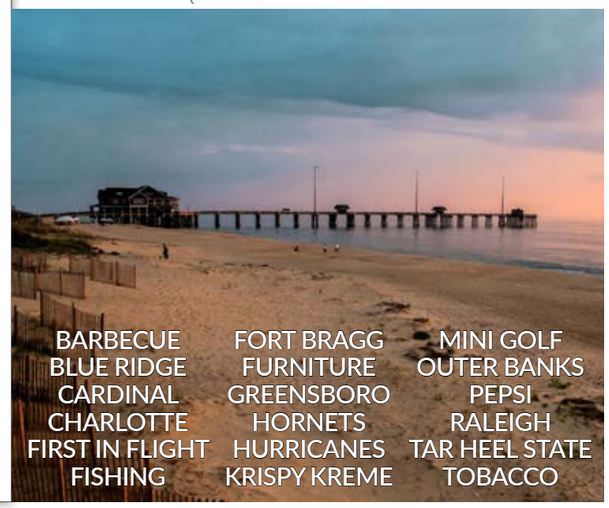
North Carolina

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



November 2026

Blue Ridge Parkway

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Daily Chronicles 9:30 Guided Devotions 11:00 A to Z Race 2:30 Scrabble Slam 6:00 Gospel Music Chaplain Service After Lunch Daylight Saving Time Ends	**2** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Categories 11:00 Sittercise 1:30 SimpleC Activity 2:00 Snack Cart 2:30 The Ungame 3:30 Puzzle Hour 6:00 Jukebox Hour	**3** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Bingo with Keith 11:00 Cup Pong 1:30 Buddy Holly Greatest Hits 2:00 Snack Cart 2:30 Checkers 3:30 Aromatherapy 6:00 Gospel Music	**4** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Tour of China 11:00 Cornhole 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Connect 4 3:30 Let's Get Pampered 6:00 Jukebox Hour	**5** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Red Hat Ladies Social 11:00 Football 1:30 Magazines & Melodies **2:00 Remembrance Ceremony** 6:00 Gospel Music National Donut Day	**6** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Historical Tales 11:00 Paddle Ball 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Shake loose a Memory 3:30 Tabletop Bowling 6:00 Jukebox Hour	**7** 10:00 Daily Chronicles 10:30 Hymn Singing 1:30 Purposeful Tasks 3:30 Finish the Phrase 6:00 Gospel Music
8 9:00 Daily Chronicles 9:30 Guided Devotions 11:00 Ring Toss 2:30 Call to Mind Game 6:00 Gospel Music Chaplain Service After Lunch National Nurse Practitioner Week Diwali (Hindi)	**9** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Table Talk: Veterans Day 11:00 Chair Yoga 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Family Feud 3:30 Puzzle Hour 6:00 Jukebox Hour	**10** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Bingo with Keith 11:00 Walking Club 1:30 Fats Domino Greatest Hits 2:00 Snack Cart **2:30 Hilltop Men's Club** 3:30 Aromatherapy 6:00 Gospel Music	**11** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Veteran's Day Discussion 11:00 Cup Pong 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Finish the Phrase 3:30 Riddle Me This 6:00 Jukebox Hour Veterans Day Remembrance Day (Canada)	**12** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Call to Mind Game 11:00 Cornhole 1:30 Magazines & Melodies 2:00 Snack Cart 2:30 Bingo 3:30 Name that Tune 6:00 Gospel Music	**13** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 The Ungame 11:00 Football 1:30 SimpleC Activity 2:00 Snack Cart 2:30 1 on 1 Hour 3:30 Share a Moment Game 6:00 Jukebox Hour	**14** 10:00 Daily Chronicles 10:30 Hymn Singing 1:30 Paddle Ball 3:30 Name that Tune 6:00 Gospel Music
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November 2026

Skyline Drive

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15 10:00 Daily Chronicles 10:30 Hymn Singing 1:30 Checkers 3:30 Scrabble Slam 6:00 Gospel Music Chaplain Service After Lunch	**16** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Table Talk: Thanksgiving 11:00 Sittercise 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Tabletop Bowling 3:30 Puzzle Hour 6:00 Jukebox Hour	**17** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Bingo with Keith 11:00 Football 1:30 The Monkees Greatest Hits 2:00 Snack Cart 2:30 1 on 1 Hour 3:30 Aromatherapy 6:00 Gospel Music	**18** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Share a Moment Game 11:00 Walking Club 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour	**19** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 A to Z Race 11:00 Cornhole 1:30 Magazines & Melodies 2:00 Snack Cart **4:30 Thanksgiving Dinner** 6:00 Gospel Music	**20** 9:00 Daily Chronicles 9:30 Guided Devotions 10:00 Thanksgiving Trivia 11:00 Cup Pong 1:30 SimpleC Activity 2:00 Snack Cart 2:30 Bingo 3:30 Finish the Phrase 6:00 Jukebox Hour	**21** 9:00 Daily Chronicles 9:30 Guided Devotions 11:00 Family Feud 2:30 The Matching Game 6:00 Gospel Music National Gingerbread Cookie Day
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