



YOUR LEADERSHIP TEAM



Sandy Siler
Executive Director



Liesa Dodson
Harbor Marketing Director



Erica Lovingood, LPN
Resident Services Director



Hailey Siler
Life Enrichment Coordinator



Iona Ralls
Business Office Manager



Teresa Crawford
Housekeeping Director



Spencer Williams
Dining Services Director



Brett Davidson
Maintenance Director



Amber Moran
Regional Director of Operations

A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



Dear Residents, Families, and Friends,
June always seems to arrive as an invitation—a gentle nudge to step outside, savor the longer days, and find joy in simple things. Gardens burst with color, porches grow livelier, and there’s a quiet sense that something new might be waiting just around the corner.

Here’s a bit of trivia that surprised me recently: June is the only month in the year without a single federal holiday. It’s funny, isn’t it? For a month so often filled with weddings, reunions, and Father’s Day celebrations, June manages to feel festive all on its own. Maybe that’s the gift of this time of year—a little extra space to make our own traditions, whether that means a leisurely walk, sharing a favorite story, or just taking time for an extra-long conversation with someone you care about.

This month, I find myself reflecting on a quiet lesson once shared by my Dad: “You don’t have to have all the answers. Just be willing to listen, and show up when it matters.”

That simple wisdom has stayed with me, a reminder that the most meaningful impact often comes from small moments—patience, presence, encouragement—rather than grand gestures.

As Father’s Day approaches, it’s a chance to honor not just fathers, but all those who have offered guidance, support, and love along the way. Whether you’re remembering someone, celebrating a mentor or friend, or simply feeling grateful for the caring people in your life, I hope the day brings comfort and connection in whatever form feels right to you.

Across our community, June means more time for laughter, fresh air, and the feeling of truly belonging. Thank you for making this place so welcoming and warm. Here’s to a month of discovery, connection, and all the comforts of home.

With warmest wishes,
Sandra Siler
Sandy Siler
Executive Director



LIFE ENRICHMENT *Connections*

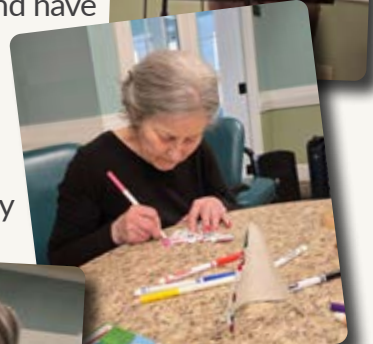
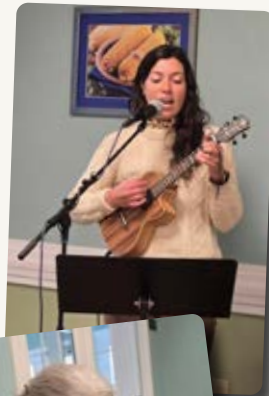
Our annual **Summer Bash** is almost here! Every year, we look forward to bringing together our residents, families and friends for a day filled with laughter, connection and summertime fun. This year's event will be held right here at The Harbor on June 26th at noon, and we have a fantastic lineup planned: a bounce house, slip-and-slide, food hot off the grill, cornhole, music and plenty of activities for all ages. Mark your calendars and join us as we share a wonderful afternoon together—we can't wait to see you there!

Looking for a way to make a difference and have some fun along the way? We're always eager to welcome new volunteers to our Harbor family. Our residents light up when someone comes in to paint nails, play bingo, share music, lead Bible study or get creative with crafts. Every visit truly means the world to them.

If you'd like to be part of our volunteer team, I'd love to talk with you about the possibilities. Give me a call at (434) 985-4481, stop by the front desk or just drop in and say hello—I'm always happy to chat.

Hope to see you soon!

Hailey Siler
Life Enrichment Coordinator



Celebrations & Milestones

Welcome to our newest residents!

- Cecile Jenkins
- Alma Frye
- Edna Groening
- Hollie Dodson

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- June 6: Katherine Bledsoe
- June 12: Clarice Wright
- June 17: Leitha Hansen
- June 19: Joyce Brown
- June 21: Mattie Brown

RESIDENT ANNIVERSARIES

- Betsey Honeycutt – 5 years
 - Dora Cameron – 3 years
 - Joyce Brown – 3 years
- Oops! We missed one last month!*
Thanks for your understanding as we make it right
- Karla Young – 4 years

TEAM ANNIVERSARIES

- Sandy Siler – 21 years
- Cindy Lawson – 7 years
- Alyssa Morris – 3 years
- Ellie Dodson – 1 year

JUNE Highlights

- 4th 2:30pm Hilltop Men's Club
- 7th 3:30pm Ice Cream Social
- 12th 10am Red Hat Ladies Social
- 17th 2:30pm Root Beer Float Social
- 18th 4:30pm Family Dinner: *Soul Food*
- 21st 10am Father's Day Celebration
- 25th 2:30pm Birthday Bash
- 26th 10am Coffee Shop Social
- 26th 12pm Summer Bash



JEANETTE BUTLER JUNE WINNER

"If anyone forces you to go one mile, go with them two miles." Matt 5:41

We are proud to recognize Jeanette Butler as our Going the Extra Mile employee for June.

Jeanette was nominated for this honor because of her unwavering commitment to our residents and her genuine heart for service. Her colleagues and the families she supports see, every day, the care and compassion she brings to her work.

Born in Charlottesville as the youngest of five, Jeanette grew up with four older brothers she still treasures. After graduating from Madison High School, she spent a year in Maryland before returning to Virginia and beginning her healthcare journey in 1996. Her career path began in a nursing home, where she worked for fourteen and a half years. Jeanette then moved into private care as a Certified Nursing Assistant (CNA). In 2013, she earned her Registered Medication Aide (RMA) license and began working here at The Harbor in 2014. We are fortunate to have had her on our team for so long and admire the dedication she brings each day.

Jeanette has always been drawn to caring for others,

especially the elderly. She's guided by the belief: "Do for others what you can, because we never know how we're going to be before leaving this world." Her warmth and kindness are felt by everyone she meets—she treats residents like family and always aims to bring a smile to their faces.

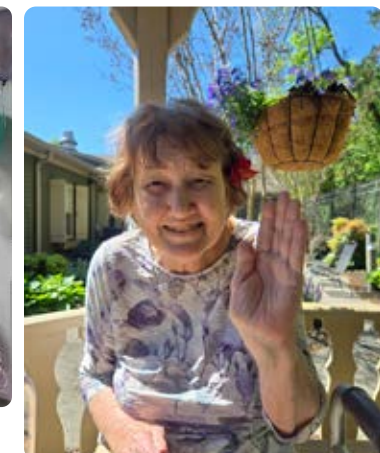
Outside of work, Jeanette is the proud mother of three sons. She met her best friend in 1988, and they shared 29 years of marriage before the Lord called him home. She continues to honor his memory and make him proud. In her free time, Jeanette enjoys going out to dinner, attending church on Sundays, and Bible study on Wednesdays. She finds joy in ushering, singing, spending time with friends, and spoiling her sweet dog, Smokey.

Jeanette's dedication, compassion, and positive spirit make her an invaluable member of our community. We are grateful for all she does and look forward to celebrating many more years of her service.

Thank you, Jeanette, for letting your light shine so brightly.

ALZHEIMER'S SUPPORT SERVICES

LEGACYSL.NET/
ALZHEIMERS-SUPPORT



CELEBRATING UNCONDITIONAL LOVE & GUIDING HANDS:

Mother's Day



SUMMER BASH

June 26th
12PM-3PM

Interested in helping out?
Call (434) 985-4481

Lunch off the Grill

Bounce House

Music & Games

Slip 'n Slide

Sweet Treats

Fun for All!

CELEBRATING WENDIE EPPARD ON NATIONAL BEAUTICIANS DAY



Wendie Eppard grew up in Shenandoah, VA, graduated from Page County High in 1996, and has called Shenandoah home ever since. She earned her cosmetology license in 2003, opened Cut N Up, and has been sharing her passion for hair ever since. Wendie is a proud mom of two and, though she doesn't have grandchildren yet, she cherishes two special little girls as her own. Her precious pup Ava is always close by.

In her free time, Wendie enjoys crafting just about anything, volunteering on mission trips to places like Pennsylvania and North Carolina, and traveling—especially to Tennessee or enjoying a ride on the back of a motorcycle. A devoted Christian, her generous spirit and sense of adventure are felt by everyone around her.

We're grateful for Wendie's hard work, kindness, and dedication. Our residents adore her, and so do we—thank you, Wendie, for all you do at the Harbor!



You're the Best!



PETTING ZOO PARTY PROVIDES PRECIOUS PEOPLE WITH PURE DELIGHT

JAN PELLETIER: A HEART FULL OF FAMILY, FAITH & JOY



Jan Pelletier's life is shaped by love, kindness, and a deep sense of belonging. From her earliest days growing up with two brothers, Jan found joy in the small things—like afternoons at the movies, thanks to her brother's job at the local theater. Those simple pleasures set the stage for the close-knit family bonds that still anchor her life today.

peaceful moments with family at Acadia National Park in Maine—memories she still treasures.

Now, Jan is happiest in the role of "Nana," delighting in every story about her two beautiful grandchildren. Her loving husband, daughter, and son-in-law remain at the heart of her days, surrounding her with laughter and support.

At The Harbor, Jan's spirit is hard to miss. She has a passion for music, especially Elvis, and never hesitates to join in a sing-along or catch her favorite shows—Dancing with the Stars, The Voice, and America's Got Talent. Her creativity shines in her love of painting and musicals, adding color and energy to every day.

Jan's journey has led her from Morris Hills High School in New York to the University of Maine, where she studied Counseling and learned how to listen deeply and help others. Her sense of service carried into her work, whether as Treasurer at Mt. St. Mary's in New York or as a Library Aide at Cardinal Forest Elementary in Virginia. In every role, Jan's warmth and generosity left a mark.

Nature is Jan's sanctuary. Whether she's tending the garden, strolling the courtyard, or soaking in the sunlight from the sunroom, she finds renewal outdoors. As an animal lover, Jan often feels closest to God while she's in nature, taking quiet moments for prayer and reflection.

Wanderlust and adventure have always called to her. She fondly remembers the excitement of seeing Queen Elizabeth during a trip to Bermuda, and the

Faith is woven through Jan's daily life. She draws strength from devotions and finds comfort in meaningful conversations, especially those about history—another of her passions.

But what truly defines Jan is her gentle, caring presence. She's always ready to look out for others, to share a story, or to offer a smile that brightens the room. Residents and staff alike feel the warmth she brings to The Harbor.

We are so grateful to have Jan as part of our community. Her compassion, joy, and light touch everyone she meets, and we're honored to celebrate her this month.



HAPPY Father's DAY

The righteous man walks in his integrity; his children are blessed after him.

Proverbs 20:7

HONORING OUR DEDICATED NURSES DURING MAY'S NATIONAL NURSES WEEK



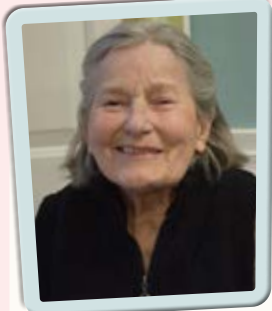
NATIONAL NURSING ASSISTANTS WEEK

JUNE 11-17

Your dedication and compassion make all the difference each day. Your hard work, gentle hands and heart for service bring comfort, dignity and joy to our residents.

Thank You!

A Walk Down
MEMORY with Diana Montague
LANE



What does a perfect summer day look like for you? A day when the sun is shining down over beautiful trees and maybe gardening in the yard around the trees. I would go on a walk and just spend as much time as I can outside. I would even eat lunch outside. I enjoy the sunshine. Maybe I would go for a hike, I like hiking. After everything, I would come home to have dinner with my family.



Where's Liesa?
 The Heartbeat of Local Support.

Liesa Dodson, Marketing Director at The Harbor, is your trusted resource for dementia support and can be reached at: **(540) 222-4263**

Greene Co. Alzheimer's Caregivers Support Group

WHEN: Wednesday, June 3rd at 10am
WHERE: The Harbor at Renaissance
NOTE: Meets the 1st Wednesday of every month at 10am

Culpeper Alzheimer's Caregivers Support Group

WHEN: Monday, June 15th at 10am
WHERE: Generations Central at Culpeper Baptist Church
NOTE: Meets the 3rd Monday of every month at 10am

JUNE IS ALZHEIMER'S & BRAIN AWARENESS MONTH

June is Alzheimer's and Brain Awareness Month, a cause close to our community. Every resident and family at The Harbor has felt the impact of dementia and knows the challenges that come with it.

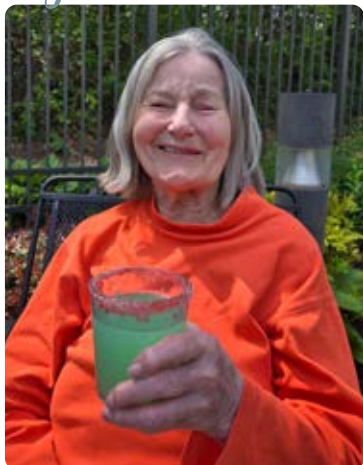
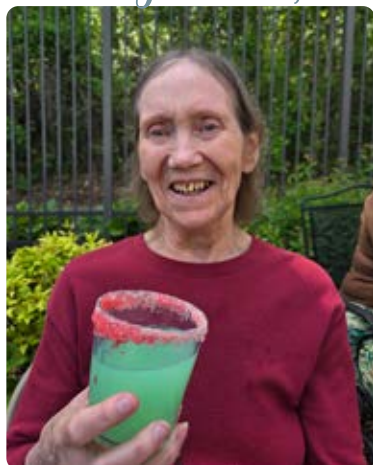
here. We offer Alzheimer's Support Services led by Dr. Ron Harvard—a pastor, counselor, and someone who cared for his own wife through Alzheimer's. If you need advice or just someone to talk to, you can schedule a complimentary call with Dr. Harvard at legacysl.net/alzheimers-support.

Dementia can feel isolating, but our Harbor community is proof that no one faces it alone. This June, and always, may you find support and connection here.

- This month, let's keep supporting each other—whether by joining the ADRC Annual 5k Walk & Brain Health Festival, volunteering with the Alzheimer's Association, or simply wearing purple to raise awareness. Every effort matters.
- Remember, you're never alone

CINCO DE MAYO

Margaritas, Mayhem & Miles of Smiles

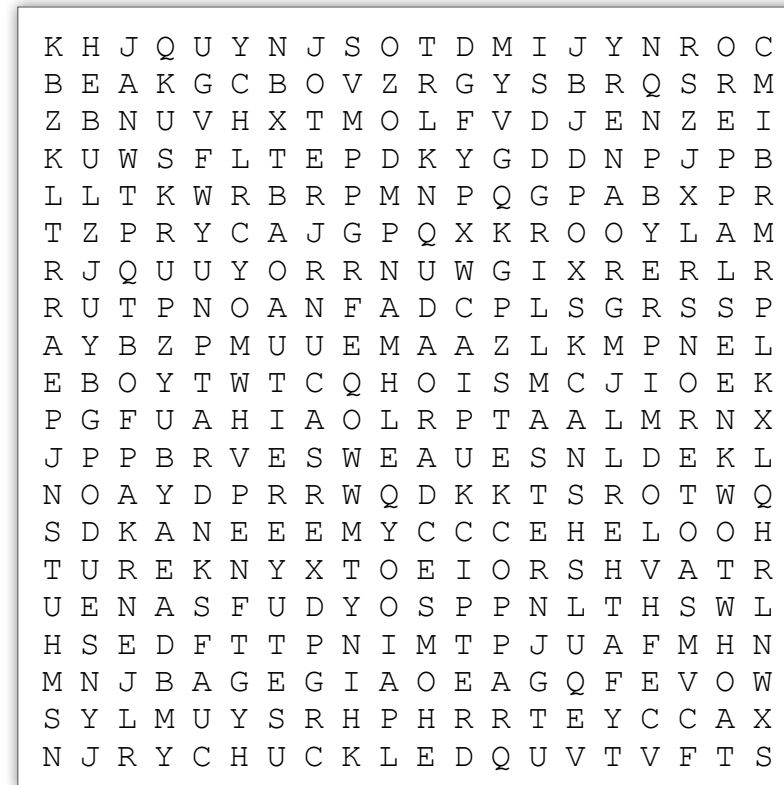
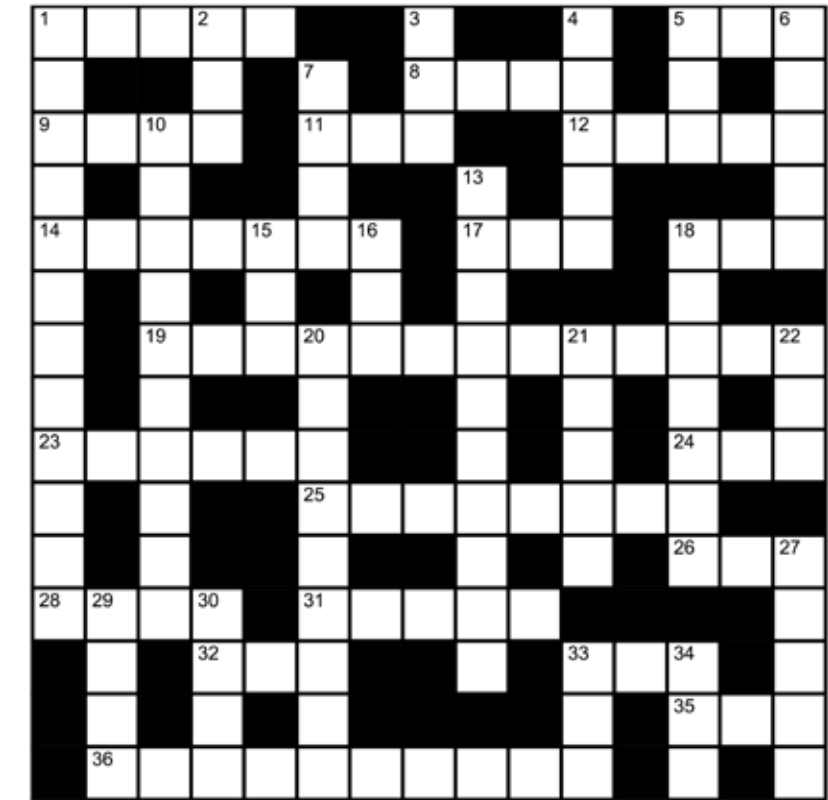


ACROSS

- The entire ____ of judges gave the skater 10s
- Greek alphabet's 23rd letter, ψ; rhymes with sigh
- Feline-inspired athletic shoe brand
- Double-reeded instrument; clarinet's cousin?
- Hawaiian dish; rhymes with soy
- Ulysses S. ____; president on the \$50 bill
- An area of fruit trees
- Helpful tool when rowing a boat
- "Long ago and ____ away..."
- At a right angle; not horizontal
- _____ pancakes; latkes
- "It's a dog-____-dog world"
- Feeling gratitude
- ____ high: about that tall
- Pros and ____ of an issue
- A bee's defense
- Before shot and after hot
- "____ Now or Never" by Elvis Presley
- ____ up with; tolerate
- Not planned; unintentional

DOWN

- Extremely keen kind of memory
- The Three Faces of ____*, starring Joanne Woodward
- Prefix for dermis or pen
- Racetrack bet
- Parent Teacher Association, abbrev.
- Lay to rest; entomb
- Practice with a boxer
- Job; profession
- Ostracizing; punishing
- "Love Is in the ____"
- Preceded by past or over
- Untruthfully
- Complained; raised an objection
- Embroidery or pottery for example
- Mickey's larger cousin?
- Severe; critical
- Killer whale
- Blueprint or plan
- Not well
- Hot tub or wellness retreat



DAD-ISMS

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|-------------|-------------|------------|
| ADVICE | JOKESTER | ROAD TRIP |
| CORNY | KNEESLAPPER | SNACKS |
| CHUCKLE | LAWN | SNEAKERS |
| FATHER | PICKUP | SNORE |
| GRILLMASTER | POCKETS | SUNDAY NAP |
| GROANER | PUNNY | THERMOSTAT |
| HANDY | REMOTE | TOOL BELT |



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p> <p>National Nail Polish Day</p>	<p>9:00 Jukebox Hour 11:00 Guided Devotions 2:30 Ice Cream Social 6:00 Gospel Music</p> <p>National Chocolate Ice Cream Day</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>
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<p>9:00 Jukebox Hour 11:00 Guided Devotions 2:30 "Alphabet Soup" 6:00 Gospel Music</p> <p>Flag Day (U.S.)</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 11:00 Guided Devotions 2:30 Root Beer Float Social 6:00 Gospel Music</p> <p>National Root Beer Day</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 11:00 Guided Devotions 4:30 Family Dinner: Soul Food 6:00 Gospel Music</p> <p>National Nursing Assistant Day</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>
<p>10:00 Father's Day Celebration 11:00 Guided Devotions 2:30 "Alphabet Soup" 6:00 Gospel Music</p> <p>Father's Day Summer Begins</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 11:00 Guided Devotions 2:30 Root Beer Float Social 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 11:00 Guided Devotions 2:30 Birthday Bash 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Guided Devotions 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>
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The Harbor at Renaissance, 422 William Mills Dr, Stanardsville, Va. 22973. Activities last approximately 30 minutes to an hour. Outdoor activities are weather permitted.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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<p>10:00 Hymns 7 1:30 Name that Tune 3:30 Ice Cream Social 6:00 Gospel Music</p> <p>National Chocolate Ice Cream Day</p>	<p>9:00 Guided Devotions 8 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 9 10:00 Bingo with Keith 11:00 Trivia 1:30 Movie Party 2:30 Reminiscing 3:30 Board Game Time 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 10 10:00 Exercise 11:00 Crafting Hour 1:30 Move to the Music 2:30 Aromatherapy 3:30 Name that Tune 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 11 10:00 Exercise 11:00 Table Talk 1:30 Magazine Finds 2:30 Trivia 3:30 Puzzle Hour 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 12 10:00 Red Hat Ladies Social 11:00 Board Game Time 1:30 Music Sing-Along 2:30 Historical Tales 3:30 Paint by Numbers 6:00 Jukebox Hour</p>
<p>10:00 Hymns 14 1:30 Purposeful Tasks 3:30 Trivia 6:00 Gospel Music</p> <p>Flag Day (U.S.)</p>	<p>9:00 Guided Devotions 15 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 16 10:00 Bingo with Keith 11:00 Trivia 1:30 Movie Party 2:30 Reminiscing 3:30 Board Game Time 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 17 10:00 Exercise 11:00 Crafting Hour 1:30 Move to the Music 2:30 Root Beer Float Social 3:30 Name that Tune 6:00 Jukebox Hour</p> <p>National Root Beer Day</p>	<p>9:00 Jukebox Hour 18 10:00 Exercise 11:00 Table Talk 1:30 Magazine Finds 2:30 Trivia 4:30 Family Dinner: Soul Food 6:00 Gospel Music</p> <p>National Nursing Assistant Day</p>	<p>9:00 Guided Devotions 19 10:00 Exercise 11:00 Board Game Time 1:30 Music Sing-Along 2:30 Historical Tales 3:30 Paint by Numbers 6:00 Jukebox Hour</p> <p>Juneteenth</p>
<p>10:00 Father's Day Celebration 21 1:30 Puzzle Hour 3:30 Name that Tune 6:00 Gospel Music</p> <p>Father's Day Summer Begins</p>	<p>9:00 Guided Devotions 22 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Shake loose a Memory 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 23 10:00 Bingo with Keith 11:00 Trivia 1:30 Movie Party 2:30 Reminiscing 3:30 Board Game Time 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 24 10:00 Exercise 11:00 Crafting Hour 1:30 Move to the Music 2:30 Aromatherapy 3:30 Name that Tune 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 25 10:00 Exercise 11:00 Table Talk 1:30 Magazine Finds 2:30 Birthday Bash 3:30 Puzzle Hour 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 26 10:00 Coffee Shop Social 12:00 Summer Bash 3:30 Movie Party 6:00 Jukebox Hour</p> <p>National Beautician Day</p>
<p>10:00 Hymns 28 1:30 Trivia 3:30 Purposeful Tasks 6:00 Gospel Music</p>	<p>9:00 Guided Devotions 29 10:00 Outdoor Time 11:00 Group Discussion 1:30 Game Show Time 2:30 Cooking Club 3:30 Let's Get Pampered 6:00 Jukebox Hour</p>	<p>9:00 Jukebox Hour 30 10:00 Bingo with Keith 11:00 Trivia 1:30 Movie Party 2:30 Reminiscing 3:30 Board Game Time 6:00 Gospel Music</p>	<p style="text-align: center;">June 2026 Skyline Drive</p>		

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