# **EXTRA TRAINING POLICY**



This policy has been put in place to ensure fairness and clarity when players participate in additional training sessions outside their assigned division/groups.

# 1. Player-Initiated Requests

If a player wishes to attend an extra training session with another divisional team/group:

- They must **register in advance** through the Club's booking system.
- They must **pay the applicable session fee** as per the Club's standard rates.

#### Reason

This process ensures proper planning and fairness for all members

### 2. Club-Initiated Invitations

If a coach or team secretary invites a player to join an extra session for development purposes:

- The session will be **free of charge** for the invited player.
- This applies only to existing Club Members.
- Coaches should always reach out to Club Members first when seeking additional players for training support.
- If club members are unavailable, coaches may then seek external players but these must register and pay for the session through the Club's booking system.

## Reason

This process ensures proper planning and fairness to all members and satisfies welfare and safeguarding requirements.

## 3. General Guidelines

- All extra sessions are subject to availability and capacity limits.
- Players must adhere to the **club's code of conduct** during these sessions.
- Breaches of this policy may result in withdrawal of the privilege to attend extra sessions.

# Why This Policy Exists

This policy ensures:

- Fairness and transparency: Players who request extra sessions contribute to the cost, while clubdriven invitations remain complimentary as part of development plans.
- Resource management: Helps coaches plan sessions effectively and maintain quality training.
- Member priority: Club members always have first access to additional opportunities before
  external participants.
- Safety and structure: Proper registration ensures accountability and adherence to club standards.