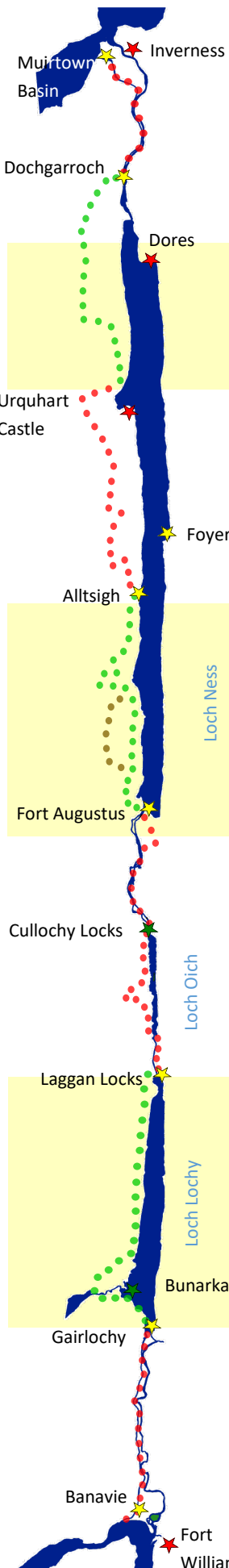


Walk the Great Glen Sample Itinerary

Inverness to Banavie



This cruise allows guests the opportunity to walk all 75 miles of the great glen, from one coast of Scotland to the other. On the Walk the Great Glen weeks the barge stops are planned to suit the walking stages, breaking them into manageable day walks of between 10 and 15 miles. Our friendly guide, while leading, will point out places of interest along the way. As with all of our cruises, you can choose to do as much or as little as you want, and enjoy the holiday at your own pace. **(All distances/heights are approximate)**



Saturday



Boarding time is 14:00. After meeting the crew and the other guests, you will walk to Clachnaharry Sea Lock, the easternmost point of the canal, to start your coast to coast journey. You will then follow the barge to Dochgarroch where we will stay for the night. **Distance: 7 miles; Height gain: 15m**

Sunday



The day's walk begins with a climb up to join the Great Glen Way above Loch Dochfour, before taking you to the weird and wonderful Abriachan Eco-Café for lunch. The afternoon is mostly downhill and gives you your first glimpses of Loch Ness. The barge will pick you up at Drumnadrochit and then cruise to Foyers for the night. **Distance: 14.5 miles; Height gain: 350m**

Monday



The day will start with a breakfast cruise back to Drumnadrochit so the walkers can continue their journey. You will then head through Drumnadrochit, before ascending, with views over the town and the loch, to your lunch stop at the charming Grottaig Pottery. In the afternoon you will descend through some beautiful pine woodland back to the loch side, where the barge will pick you up at Alltsigh. We will then cruise to Fort Augustus where we will spend the night. **Distance: 13 miles; Height gain: 400m**

Tuesday



In the morning you will once again cruise during breakfast back to Alltsigh, where the barge will drop you ashore. The morning will take you to Invermoriston for lunch and perhaps some tea and coffee at the local hotel. In the afternoon the path splits in two. The High Route takes you up above the trees for breath-taking views over the Monadhliath Mountains. The Low Route stays below the tree line with viewpoints across Loch Ness. Both routes converge at Fort Augustus, which is where the barge will be waiting. **Distance: 13 miles; Height gain: 200m (High Route: +1 mile, +300m)**

Wednesday



From Fort Augustus, the walk takes you up a small hill (120m) which commands an awesome view over the full length of Loch Ness. This will be your last view of the loch as the route takes you back down to the canal towpath where you will meet the barge at Cullochry Lock. The rest of the walk takes you along forest path above the picturesque and secluded Loch Oich into Invergarry, before climbing out of the other side of Glen Garry to re-join the barge at Laggan Locks. **Distance: 14 miles; Height gain: 500m**

Thursday



The walk in the morning follows close to the shore of Loch Lochy with some stunning and dramatic views of the Munros to the North and, on a clear day, your first sight on Ben Nevis to the South. After lunch on the shore of the loch, the walk goes inland, past Chia-Aig Falls and Loch Arkaig, and into the Achnacarry Estate, home of the Clan Chief of the Camerons of Loch Eil. You then return to the loch side, passing wonderful native woodland along the shore of the loch, before returning to the barge at Gairloch. **Distance: 14.7; Height gain: 140m**

Friday



The final morning walk follows the canal towpath, passing the only hand wound bridge left in the Great Glen at Moy and takes in fantastic views of Ben Nevis. The walk will finish at Corpach Sea Lock, the most westerly point on the canal and the end of your coast to coast journey! A taxi will then return you to the barge for final goodbyes and departures. **Distance: 8 miles; Height gain: -20m**

Guests are fully briefed each day on the cruise plan and activity options. The itinerary above is purely an example with all activities subject to the weather conditions.