



## Great Glen Journey Sample Itinerary Banavie to Inverness

This is a wonderful journey where you will explore the Great Glen by 'Boot, Bike or Boat'. Each day we will decide how to make the journey – ideally including a mix of walking, biking and canoeing to suit the weather and the group. As always, there will be a qualified, willing instructor ready to help. These activities are all optional so should you prefer to sit and relax the choice is up to you.

- Saturday** Boarding time is 1400. The barge departs Banavie and takes the scenic cruise to Gairloch. Walking, cycling along the towpath or relaxing aboard the barge are all excellent options.
- Sunday** Cruise to Bunarkaig Bay on Loch Lochy. Guests can relax on board or choose to walk or cycle this short section (3miles). Morning activities at Bunarkaig, are to explore by foot or bike the Clan Cameron estate and weather permitting, an ideal place to canoe. After lunch we head for Laggan Locks at the north eastern end of the loch Lochy. Again the options of a mixed afternoon of travelling by canoe, walk, cycle or relax on board are available. The barge will lie alongside a pontoon at Laggan overnight.
- Monday** From Laggan the options range from canoeing the picturesque Laggan Avenue to Castle Bay in Loch Oich. Bicycling or walking to Loch Oich is also available. The barge will anchor in Castle Bay, from where a range of activities including a woodland walk along River Garry, a great place to spot wildlife, or canoeing, sailing and cream teas in Invergarry Castle is possible. The barge will lie at anchor overnight.
- Tuesday** Another chance to start the day with a canoe or walk along the towpath to Kytra locks. There is then a wonderful small hill walk to a point above Fort Augustus offering wonderful views of Loch Ness, before walking to Fort Augustus. This route is also attractive if you wish to stay aboard and enjoy the cruise. The Barge will tie up at a pontoon at Fort Augustus overnight
- Wednesday** From Fort Augustus the opportunities of a mix of activities are there but very much weather dependent. The destination is Foyers on the east side of the Loch. The beauty of the barge is if we start canoeing and the weather deteriorates the barge can pick you up. Alternatives are to bicycle on a quiet road to Foyers or simply stay aboard and enjoy the beauty of Loch Ness. We stay at Foyers overnight, a lovely tranquil spot. There is gentle walk to the lower falls of Foyers, made famous in one of Robert Burns' poems. The options of canoeing up a river, sailing and small walks are also available.
- Thursday** From Foyers the opportunities of another mixed day are available, again weather dependent. On leaving Foyers you can either bicycle to the small village of Dores or canoe towards Urquhart Castle on the west shore. From the Castle we would cruise to Dores to pick up any cyclists before heading for Dochgarroch Locks where the barge will lie overnight. From Dores the options are a small bicycle route to the locks or a walk around the eastern shore of Loch Ness, or a final canoe on Loch Ness to Dochgarroch.
- Friday** Morning cruise from Dochgarroch Locks to Muirtown Basin near Inverness. Guests can choose to cycle or relax on board. At Muirtown we descend a staircase of 4 locks to lie alongside at Muirtown basin. Disembarking time is 11:00.

**Guests are fully briefed each day on the cruise plan and activity options.  
The itinerary above is an example and all activities are subject to weather conditions.**

