

Country Walking Sample Itinerary

Inverness to Banavie



This cruise displays the best of the scenic and low level walks on offer. Our experienced guide will lead an easy to moderate walk each day with a focus on taking you to special areas of history and interest. The walks will show off some of the exceptional scenery the area has to offer with majestic lochs, mountains and diverse woodland. The walks will be approximately 7 to 10 miles per day.

Saturday



Boarding time is 14:00. After settling down on the barge, a short 1.5 mile walk to Muirtown Sea lock and back is on offer. A walk which takes you to the easterly point on the Caledonian Canal and allows you to stretch your legs at the start of your holiday. Afterwards you can relax on the barge as we cruise the 6 miles of canal to Dochgarroch, or you can cycle the towpath to Dochgarroch.

Sunday



After a short cruise, an option of a drop off will be available for the start of a 4 mile walk. The walk goes through a pretty section of woodland, crosses the Aldourie Castle estate and finally passes Tor Point, offering scenic views of Loch Ness. You would then be picked up at a beach near the village of Dores. We then cruise to Foyers for an afternoon walk and overnight stay.

Once at Foyers there is a lovely afternoon walk of 4 miles, leading first to the Falls of Foyers via an ancient woodland, with dramatic views of the gorge below, before arriving at the picturesque Falls. This is then followed by climbing a steep hill for a wonderful view of Loch Ness. The walk then follows a path down through Foyers village before returning back to the barge.

Monday



The barge will cruise the remaining part of Loch Ness to Fort Augustus where it will remain for the rest of the day and overnight.

The guided walk on offer from Fort Augustus is a **5 mile** loop that heads out to Culachy falls. The trail is mainly on woodland paths and heads through Culachy estate via Kilchuimen burial ground, which is the final resting place of John Anderson, a close friend of the Scottish bard Robert Burns. Alternatively, there are numerous other paths that lead around Fort Augustus that can be self guided.

Tuesday



The morning walk of **4.7 miles** heads up a small hill (117m) which gives fantastic views up Loch Ness. Before descending and heading along the tow path to Culloch locks for lunch.

The afternoon walk is a very relaxed 3 miles along the bank of Loch Oich, following The new National Cycle route the "Caledonia Way" and will end at the barge, which will be at anchor beside Invergarry Castle where it will remain overnight.

Wednesday



The majority of this **11 mile** walk is in the woodlands and follows the River Garry to a stunning waterfall near loch Garry. The riverside paths on the return to Invergarry provide great opportunities to spot wildlife. The walk continues either along a quiet back road or along the canal, finishing at Laggan locks.

Thursday



The morning can be filled with a cruise along the majority of Loch Lochy or a cycle to meet up with the barge at Bunarkaig bay.

In the afternoon a **7 mile** walk will be on offer, which heads along the 'Mile Dorcha' (Dark mile) and Chia-aig falls and then through the Cameron of Loch Eil estate. The walk finishes at Gairloch later on in the afternoon.

Friday



The final morning walk consists of **6 miles** of towpath, passing the only hand wound bridge left in the Great Glen at Moy and fantastic views of Ben Nevis and Aonach Mor. The walk will finish at Banavie, where the barge will be awaiting our return, the final destination of the cruise.

Guests are fully briefed each day on the cruise plan and activity options. The itinerary above is purely an example with all activities subject to the weather conditions.

