



Country Walking Sample Itinerary

Banavie to Inverness

This cruise displays the best of the scenic and low level walks on offer. Our experienced guide will lead an easy to moderate walk each day with a focus on taking you to special areas of history and interest. The walks will show off some of the exceptional scenery the area has to offer with majestic lochs, mountains and diverse woodland. The walks will be approximately 7 to 11 miles per day.

Saturday



Boarding time is 14:00. After settling down on the barge a **6 mile** towpath, level walk from Banavie to Gairloch will be offered, with views of Ben Nevis and a walk passing Moy Bridge (the last remaining hand wound bridge on the Caledonian Canal.) Alternatively, stay aboard and enjoy a short walk around Gairloch after your first cruise of the holiday.

Sunday



Leaving Gairloch on foot we follow the Great Glen way towards Bunarkaig Bay offering some stunning views of both Ben Nevis and the full length of Loch Lochy towards South Laggan. Our route continues through the Clan Cameron estate, passing Chia-aig falls and onto the Mile Dorcha (Dark Mile). The total distance of the walk is **7miles**.

The afternoon can be filled with either a cruise or a cycle along the remaining section of Loch Lochy, before berthing at Laggan locks overnight.

Monday



A wonderful day of adventure. We leave Laggan locks to start this **11 miles** walk, up the old Great Glen cycle way. Most of the walk is in the woodlands and follows the River Garry up to Whitebridge. The riverside paths on the way back to Invergarry provide great opportunities to spot wildlife. The barge will be lying at anchor on Loch Oich waiting for our return.

Tuesday



The morning walk is a very relaxed 3 miles along the banks of Loch Oich, on the cycle trail, with a small section on General Wade's Military Road. The walk ends at the barge, which will be at Culloch locks for lunch.

A **5 mile** walk makes up the rest of the journey to Fort Augustus. First along a towpath and then up a small hill Torr a Choiltreich (117m) which offers fantastic views of Loch Ness. The descent takes us into Fort Augustus.

Wednesday



The guided walk on offer from Fort Augustus is a **5 mile** loop that heads out to Culachy falls . The trail mainly on woodland paths and slightly narrow in places, heads through Culachy estate via Kilchuimen burial ground, which is the final resting place of John Anderson, a close friend of the Scottish bard Robert Burns. Alternatively, there are numerous other paths that lead around Fort Augustus that can be self guided.

The barge will cruise in the afternoon to Foyers, its overnight berth.

Thursday



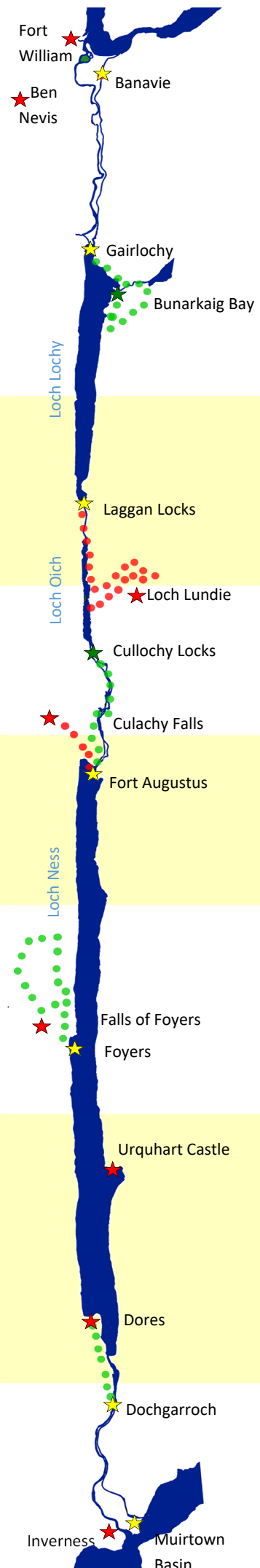
The morning consists of a **4 mile** circular walk leading first up to the Lower Falls of Foyers via an ancient woodland with dramatic views of the gorge below. Before following a track close to the loch side back to Foyers pier.

After cruising the majority of Loch Ness, a drop off maybe possible near Dores for the start of a **4 mile** walk. The walk takes in scenic views of the Northern end of Loch Ness and cuts through a pretty section of woodland near Aldourie Castle. The pick up point of the walk is from a small harbour before spending the night at Dochgarroch.

Friday



The final morning's walk, offers a choice of walks. The first from Dochgarroch to Muirtown basin. The second, after the barge has cruised from Dochgarroch and arrival at Muirtown locks is a short walk to the sea lock and returning to the barge.



Guests are fully briefed each day on the cruise plan and activity options. The itinerary above is purely an example with all activities subject to the weather conditions.