

■ My Voice Box of Confidence

Fill your voice box by writing or drawing hobbies, talents, and things that make you feel confident.

My Hobby ■	
My Talent ■	
My Interest ■	
Something I Like About Myself ■	
Something New I'd Like to Try ■	

■ Decorate Your Voice Box

Decorate your voice box with pictures, colors, and words that show who you are!



■ Usage Guide for My Voice Box of Confidence

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■ My Voice Box of Confidence (Page 1)

Goal: Build expressive language and confidence by identifying hobbies, talents, and strengths.

How to Use:

1. Give the child the worksheet.
2. Read the instruction aloud: "Fill your voice box with hobbies, talents, and things that make you feel confident."
3. Guide the child to complete each labeled box with writing or drawing.
4. Encourage discussion about what makes them unique and confident.

■ Decorate Your Voice Box (Page 2)

Goal: Encourage self-expression and creativity.

How to Use:

1. Invite the child to decorate the box with drawings, colors, and words.
2. Prompt them to share what each decoration means.
3. Connect their decorations to their personal voice and confidence.

■ Therapist Tips

- Use sentence starters like: "I like to..." "I am good at..." "I enjoy..."
- Ask WH- questions: Who do you share your hobby with? When do you do it? Where? How?
- Encourage sequencing: Explain the steps of doing your hobby.
- Foster social communication: Share your voice box with a peer or group.