

Unit

1

Learning Focus  
(Select Cog)



Weeks

1

Dance Skills



Shapes Solo

2



Circles Solo

3



Partnering Shapes

4



Partnering Circles

5

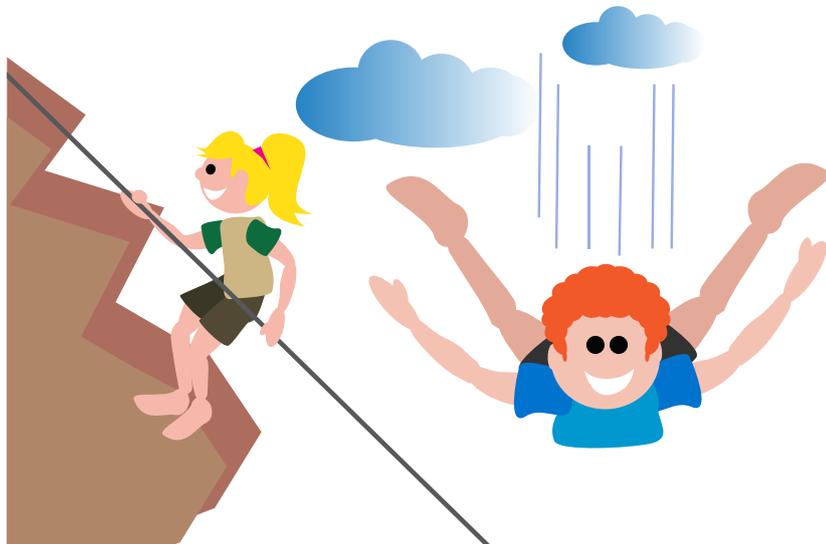


Artistry Abstraction

6



Artistry (Making)



Lesson

Warm-Up

Skill

Skill Application / Dress up your Performance

Review

1

Baseline assess



Dance Baby



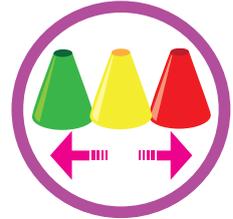
Shapes Solo



Dance Shapers



Moving from a Painting



Always, Sometimes, Rarely

2



Dance Baby



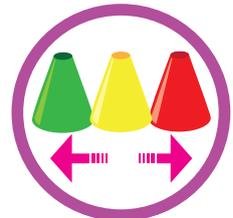
Circles Solo



Turning, Jumping, Moving



Creating a Dance from the Concept of Freeze-Frames



Always, Sometimes, Rarely

3



Dance Baby



Partnering Shapes



Dancing Together is Twice as Much Fun



Creating a Dance Using Large Props as Inspiration



Always, Sometimes, Rarely

4



Dance Battles



Partnering Circles



You Turn Me Round



Creating a Dance Using Ideas from your Curriculum



Badge of Honour

5



Dance Battles



Artistry Abstraction



Silky Smooth, Circle Move



Revisiting Moving from a Painting



Badge of Honour

6

Re-visit assess



Dance Battles



Artistry (Making)



The Show Must Go On



Working with a Theme



Badge of Honour

Unit 1