

Unit	Learning Focus (Select Cog)	Weeks	Dance Skills
1		1	 Shapes Solo
		2	 Partnering Shapes
		3	 Circles Solo
		4	 Partnering Circles
		5	 Artistry Abstraction
		6	 Artistry (Making)

Lesson

Warm-Up

Skill

Skill Application / Dress up your Performance

Review

1

Baseline assess



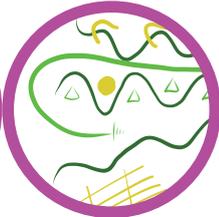
Alphabet Soup



Shapes Solo



Give your Dance a Shape



Moving from a Painting



Magic Bean Bags

2



Alphabet Soup



Partnering Shapes



Hand in Hand we Move



Making Dance from Sporting Actions



Magic Bean Bags

3



Alphabet Soup



Circles Solo



Round and Round



Inspired by Words



Magic Bean Bags

4



Follow the Leader



Partnering Circles



Turn Me, Turn You



Using the Space you are in as Inspiration



Questions Carousel

5



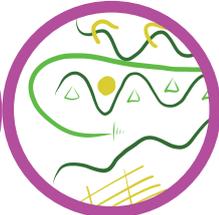
Follow the Leader



Artistry Abstraction



Silky Smooth Moves and Grooves



Revisiting Moving from a Painting



Questions Carousel

6

Re-visit assess



Follow the Leader



Artistry (Making)



Time to Show Your Best



Working with a Theme



Questions Carousel

Unit 1