



CHARLTON HOUSE INDEPENDENT SCHOOL

Long Term Plan: PSHE & RSE

Ten:Ten
Resources



Kindergarten and Reception

	Kindergarten	Reception
Aut 2	Handmade with Love	Handmade with Love
Spr 1	Role Model	I Am Me Heads, Shoulders, Knees and Toes Ready Tedy?
Spr 2	Who's Who? You've Got a Friend Forever Friends	I like, You Like, We All Like! All The Feelings Let's Get Real
Sum 1	What is the Internet? Playing Online Safe Inside and Out My Body, My Rules Feeling Poorly People Who Help Us	Growing Up New People, New Places
Sum 2	God is Love Loving God, Loving Others Me, You, Us	God Is Love Loving God, Loving Others When I Grow Up... Money Doesn't Grow on Trees

Years 1 and 2

	Cycle A (Year 1)	Cycle B (Year 2)
Aut 2	Let the Children Come God Loves You	Let the Children Come
Spr 1	Special People Treat Others Well... ...and Say Sorry	I am Unique Girls and Boys Clean and Healthy (My Body)
Spr 2	Good and Bad Secrets Physical Contact Harmful Substances Can you Help Me?	Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry
Sum 1	Three in One Who is my Neighbour?	The Cycle of Life Beginnings and Endings Change Is All Around Us
Sum 2	The Communities We Live In Who Will I Be?	Three In One Who is my Neighbour? The Communities We Live In Needs and Wants

Years 3 and 4

	Cycle A (Year 3)	Cycle B (Year 4)
Aut 2	Get Up! The Sacraments Jesus My Friend	Get Up!
Spr 1	Family, Friends and Others When Things Feel Bad Sharing Online Chatting Online	We Don't Have to be the Same Respecting our Bodies What is Puberty? Changing Bodies Male/Female Discussion Groups
Spr 2	Safe In My Body Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities	What am I Feeling? What am I Looking at? I am Thankful
Sum 1	A Community of Love What is the Church?	Life Cycles A Time To Everything
Sum 2	How Do I Love Others? Working Together	A Community of Love What is the Church? How Do I Love Others? Money Matters

Years 5 and 6

	Cycle A (Year 5)	Cycle B (Year 6)
Aut 2	<p>Calming the Storm God Is Calling You</p>	<p>Calming the Storm</p> <p>Gifts and Talents Girls' and Boys' Bodies Spots and Sleep</p>
Spr 1	<p>Under Pressure Do You Want A Piece of Cake? Self-Talk</p> <p>Sharing Isn't Always Caring Cyberbullying</p>	<p>Body Image Peculiar Feelings Emotional Changes Seeing Stuff Online</p>
Spr 2	<p>Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance</p>	<p>Making Babies Menstruation</p> <p>Hope Beyond Death Coping with Change</p>
Sum 1	<p>The Holy Trinity Catholic Social Teaching</p>	<p>Building Others Up The Holy Trinity Catholic Social Teaching</p>
Sum 2	<p>Reaching Out The World of Work</p>	<p>Reaching Out Money and Me</p>