



Celebrating women 5K walk & expo

# Wellness Walk

Fun for the whole family  
focused on movement,  
motivation and  
togetherness

**SOROPTIMIST  
CHANNEL  
ISLANDS**

**SATURDAY  
MAY 9TH  
9-2**

Ventura Harbor  
1591 Spinnaker



**WALK,  
BREATHE,  
RECHARGE**

<https://bit.ly/4uRT7mS>

## DISCOVER THE EXPO

Non profits, wellness experts, healthy living  
local women owned businesses coming together  
to support at risk women and girls in our  
community and other Soroptimist initiatives

To register, please visit:



Booths



Sponsors