



SEPTEMBER 2025

SACRED HEART LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Cheeseburger Potato Wedges Fruit Choice	3 Hainanese Chicken Broccoli Fruit Choice	4 Baked Ziti w/ Dinner Roll Green Beans Fruit Choice	5 Cheese Pizza Corn Fruit Choice
8 French Toast & Cheesy Scrambled Eggs Tater Tots Fruit Choice	9 Creamy Chicken Alfredo w/ Garlic Bread Broccoli Fruit Choice	10 Corn Dog Sweet Potato Fries Carrots Fruit Choice	11 Picadillo Garlic Mashed Potatoes Dinner Roll Fruit Choice	12 BBQ Pulled Pork Sandwich Campfire Beans Fruit Choice
15 Chicken Tenders Tater tots Dinner Roll Fruit Choice	16 Beef Nachos Pinto Beans Fruit Choice	17 Chicken Teriyaki Broccoli Brown Rice Fruit Choice	18 Beef Stroganoff Green Beans Fruit Choice	19 No School
22 Waffles & Cheesy Scrambled Eggs Tater Tots Fruit Choice	23 Homestyle Spaghetti w/ Garlic Bread Carrots Fruit Choice	24 Frito Pie Steamed Corn Fruit Choice	25 Chicken Sandwich French Fries Fruit Choice	26 Grilled Cheese Sandwich Tomato Soup Fruit Choice
29 Breaded Drumsticks Tater Tots Dinner Roll Fruit Choice	30 Cheeseburger Potato Wedges Fruit Choice			

MILK

Included with your meal and offered daily.

Milk varieties include 1% low fat and fat-free choices.

Elmor North America is an equal opportunity provider



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SACRED HEART MORNING SNACK MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



2

Yogurt
Granola

3

Granola Bar
String Cheese

4

Chocolate Tigers
Apple

5

Strawberry Bagel
Turkey Stick

8

Nutrigrain Bar
String Cheese

9

Pop tart
Orange

10

Uncrustable

11

Blueberry Muffin
Apple

12

Cheddar Goldfish
Peanut Butter Cup

15

Frudel
String Cheese

16

Bagel W/ Cream
Cheese
Orange

17

Banana Nut Muffin
String Cheese

18

Yogurt
Granola

19

No
School

22

Granola Bar
String Cheese

23

Apple Cinnamon
Muffin
Orange

24

Uncrustable

25

UBR
Apple

26

Pretzel Goldfish
Peanut Butter Cup

29

Cinni mini
Orange

30

Yogurt
Granola





SEPTEMBER 2025

SACRED HEART MIDDAY SNACK MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



2

Cheez-it Crackers
Fresh Fruit

3

Goldfish Pretzels
Fresh Fruit

4

Granola Bar
Fresh Fruit

5

Cinnamon Goldfish
Fresh Fruit

8

Dino Bites
Fresh Fruit

9

Teddy Grahams
Fresh Fruit

10

Bag of Chips
Fresh Fruit

11

Chex Mix
Fresh Fruit

12

Nutrigrain Bar
Fresh Fruit

15

Tiger Bites
Fresh Fruit

16

Cheez-it Crackers
Fresh Fruit

17

Goldfish Pretzels
Fresh Fruit

18

Granola Bar
Fresh Fruit

19

No School

22

Dino Bites
Fresh Fruit

23

Teddy Grahams
Fresh Fruit

24

Bag of Chips
Fresh Fruit

25

Chex Mix
Fresh Fruit

26

Nutrigrain Bar
Fresh Fruit

29

Tiger Bites
Fresh Fruit

30

Cheez-it Crackers
Fresh Fruit

