



JANUARY 2026

SACRED HEART LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

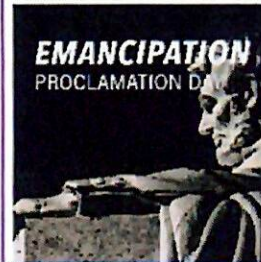
FRIDAY



Each day features at least one house-made item. While the icon won't appear on individual items, you can count on daily freshly prepared menu items!



Look for this logo to find items made with local, fresh New Mexico ingredients. NM Grown Items also include variety of fruits and Vegetables served throughout the month.



5

Chicken Sandwich
Baby Carrots
Fruit Choice

6

Beef Nachos
Refried Beans
Fruit Choice

7

**Chicken Teriyaki w/
Brown Rice**
Steamed Broccoli
Fruit Choice

8

**Chicken Fajitas w/
Flour Tortillas**
Pinto Beans
Fruit Choice

9

Hot Dog
Potato Smiles
Corn
Fruit Choice

12

National Milk Day
Waffles + Cheesy
Scrambled Eggs
Tater Tots
Fruit Choice

13

Homestyle Spaghetti
w/ Garlic Bread
Baby Carrots
Fruit Choice

14

Frito Pie
Steamed Corn
Fruit Choice

15

National Pizza Week
Pepperoni Pizza
Green Beans
Fruit Choice

16

Grilled Cheese
Sandwich
Tomato Soup
Fruit Choice



20

National Popcorn Day
Cheeseburger
Potato Wedges
Fruit Choice
Popcorn

21

**Chicken Stir Fry w/
Brown Rice**
Steamed Broccoli
Fruit Choice

22

National Southern Food
Day
Breaded Drumstick
w/ Corn Bread
Yams w/ Marshmallows
Fruit Choice

23

Cheese Pizza
Corn
Fruit Choice

26

French Toast + Cheesy
Scrambled Eggs
Tater Tots
Fruit Choice

27

**Chicken Pot Pie w/
Biscuit**
Broccoli
Fruit Choice

28

Corn Dog
Sweet Potato Fries
Fruit Choice

29

Grilled Ham + Cheese
Sandwich
French Fries
Fruit Choice

30

BBQ Pulled Pork
Sandwich
Campfire Beans
Fruit Choice

MILK

Included with your meal and offered daily.



JANUARY

SACRED HEART BREAKFAST MENU

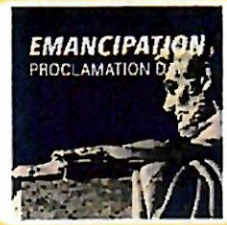
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Uncrustable
Fruit Choice

6

Frudel
Fruit Choice
Peanut Butter Cup

7

Yogurt Cup
Homemade
Granola
Fruit Choice

8

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

9

Bagel & Cream
Cheese
Fruit Choice
String Cheese

12

Banana Muffin
Fruit Choice
String Cheese

13

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

14

Nutrigrain Bar
Fruit Choice
String Cheese

15

Poptart
Fruit Choice
String Cheese

16

Blueberry Muffin
Fruit Choice
String Cheese



20

Frudel
Fruit Choice
String Cheese

21

Yogurt Cup
Homemade
Granola
Fruit Choice

22

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

23

Bagel & Cream
Cheese
Fruit Choice
String Cheese

26

UBR
Fruit Choice
String Cheese

27

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

28

Cini Mini
Fruit Choice
String Cheese

29

Strawberry Bagel
Fruit Choice
String Cheese

30

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



JANUARY 2026

SACRED HEART MIDDAY SNACK MENU



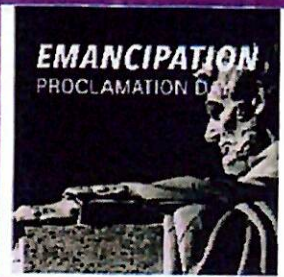
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5
Sports Bites
Fresh Fruit

6
Cheez-It Crackers
Fresh Fruit

7
Goldfish Pretzels
Fresh Fruit

8
Granola Bar
Fresh Fruit

9
Cinnamon Goldfish
Fresh Fruit

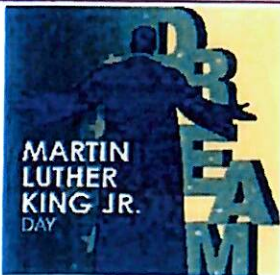
12
Dino Bites
Fresh Fruit

13
Teddy Grahams
Fresh Fruit

14
Bag of Chips
Fresh Fruit

15
Chex Mix
Fresh Fruit

16
Nutrigrain Bar
Fresh Fruit



20
Cheez-It Crackers
Fresh Fruit

21
Goldfish Pretzels
Fresh Fruit

22
Granola Bar
Fresh Fruit

23
Cinnamon Goldfish
Fresh Fruit

26
Dino Bites
Fresh Fruit

27
Teddy Grahams
Fresh Fruit

28
Bag of Chips
Fresh Fruit

29
Chex Mix
Fresh Fruit

30
Nutrigrain Bar
Fresh Fruit