



JANUARY 2026

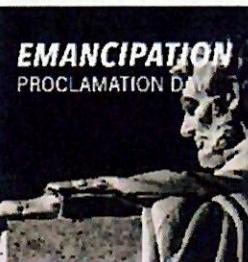
SACRED HEART LUNCH MENU

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

Each day features at least one house-made item. While the icon won't appear on individual items, you can count on daily freshly prepared menu items!



Look for this logo to find items made with local, fresh New Mexico ingredients. NM Grown Items also include variety of fruits and Vegetables served throughout the month.

**5**

Chicken Sandwich
Baby Carrots
Fruit Choice

6

Beef Nachos
Refried Beans
Fruit Choice

7

Chicken Teriyaki w/
Brown Rice
Steamed Broccoli
Fruit Choice

8

Chicken Fajitas w/
Flour Tortillas
Pinto Beans
Fruit Choice

9

Hot Dog
Potato Smiles
Corn
Fruit Choice

12

National Milk Day
Waffles & Cheesy
Scrambled Eggs
Tater Tots
Fruit Choice

13

Homestyle Spaghetti
w/ Garlic Bread
Baby Carrots
Fruit Choice

14

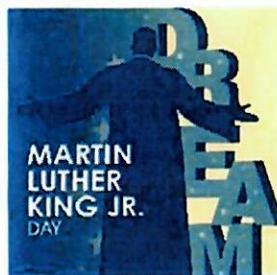
Frito Pie
Steamed Corn
Fruit Choice

15

National Pizza Week
Pepperoni Pizza
Green Beans
Fruit Choice

16

Grilled Cheese
Sandwich
Tomato Soup
Fruit Choice

**20**

National Popcorn Day
Cheeseburger
Potato Wedges
Fruit Choice
Popcorn

21

Chicken Stir Fry w/
Brown Rice
Steamed Broccoli
Fruit Choice

22

National Southern Food
Day
Breaded Drumstick
w/ Corn Bread
Yams w/ Marshmallows
Fruit Choice

23

Cheese Pizza
Corn
Fruit Choice

26

French Toast & Cheesy
Scrambled Eggs
Tater Tots
Fruit Choice

27

Chicken Pot Pie w/
Biscuit
Broccoli
Fruit Choice

28

Corn Dog
Sweet Potato Fries
Fruit Choice

29

Grilled Ham & Cheese
Sandwich
French Fries
Fruit Choice

30

BBQ Pulled Pork
Sandwich
Campfire Beans
Fruit Choice

MILK

Included with your meal and offered daily.



JANUARY

SACRED HEART BREAKFAST MENU

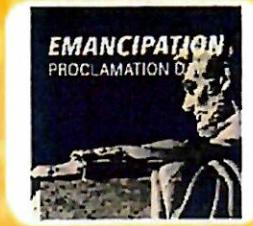
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Uncrustable
Fruit Choice

6

Frudel
Fruit Choice
Peanut Butter Cup

7

Yogurt Cup
Homemade
Granola
Fruit Choice

8

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

9

Bagel & Cream
Cheese
Fruit Choice
String Cheese

12

Banana Muffin
Fruit Choice
String Cheese

13

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

14

Nutrigrain Bar
Fruit Choice
String Cheese

15

Poptart
Fruit Choice
String Cheese

16

Blueberry Muffin
Fruit Choice
String Cheese

20

20

Frudel
Fruit Choice
String Cheese

21

Yogurt Cup
Homemade
Granola
Fruit Choice

22

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

23

Bagel & Cream
Cheese
Fruit Choice
String Cheese

26

UBR
Fruit Choice
String Cheese

27

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

28

Cini Mini
Fruit Choice
String Cheese

29

Strawberry Bagel
Fruit Choice
String Cheese

30

Cereal & Graham
Cracker
Fruit Choice
Peanut Butter Cup

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



JANUARY 2026

SACRED HEART MIDDAY SNACK MENU



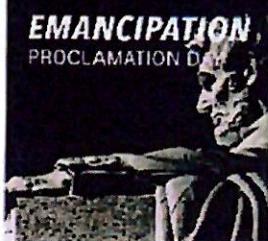
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5 **Sports Bites**
Fresh Fruit

6 **Cheez-it Crackers**
Fresh Fruit

7 **Goldfish Pretzels**
Fresh Fruit

8 **Granola Bar**
Fresh Fruit

9 **Cinnamon Goldfish**
Fresh Fruit

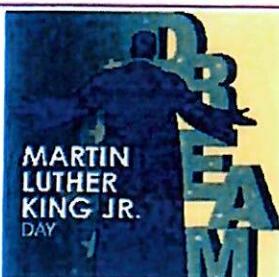
12 **Dino Bites**
Fresh Fruit

13 **Teddy Grahams**
Fresh Fruit

14 **Bag of Chips**
Fresh Fruit

15 **Chez Mix**
Fresh Fruit

16 **Nutrigrain Bar**
Fresh Fruit



26 **Dino Bites**
Fresh Fruit

27 **Teddy Grahams**
Fresh Fruit

28 **Bag of Chips**
Fresh Fruit

29 **Chez Mix**
Fresh Fruit

30 **Nutrigrain Bar**
Fresh Fruit