



# AUGUST 2025

## SACRED HEART MORNING SNACK MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4



1

11

**Nutrigrain Bar**  
String Cheese

12

**Pop tart**  
Orange

13

**Uncrustable**

14

**Blueberry Muffin**  
Apple

15

**Cheddar Goldfish**  
Peanut Butter Cup

18

**Frudel**  
String Cheese

19

**Bagel W/ Cream Cheese**  
Orange

20

**Banana Nut Muffin**  
String Cheese

21

**Yogurt**  
Granola

22

**Dino Bites**  
Banana

25

**Granola Bar**  
String Cheese

26

**Apple Cinnamon Muffin**  
Orange

27

**Uncrustable**

28

**UBR**  
Apple

29

**Pretzel Goldfish**  
Peanut Butter Cup

*Menu is Subject to Change Without Notice*

Elior North America is an equal opportunity provider

For questions and comments, please email the  
General Manager at [skye.farmer@elior-na.com](mailto:skye.farmer@elior-na.com)



# AUGUST 2025

## SACRED HEAT MIDDAY SNACK MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1



8

**11**  
**Dino Bites**  
Fresh Fruit

**12**  
**Teddy Grahams**  
Fresh Fruit

**13**  
**Bag of Chips**  
Fresh Fruit

**14**  
**Chex Mix**  
Fresh Fruit

**15**  
**Nutrigrain Bar**  
Fresh Fruit

**18**  
**Tiger Bites**  
Fresh Fruit

**19**  
**Cheez-it Crackers**  
Fresh Fruit

**20**  
**Goldfish Pretzels**  
Fresh Fruit

**21**  
**Granola Bar**  
Fresh Fruit

**22**  
**Cinnamon Goldfish**  
Fresh Fruit

**25**  
**Dino Bites**  
Fresh Fruit

**26**  
**Teddy Grahams**  
Fresh Fruit

**27**  
**Bag of Chips**  
Fresh Fruit

**28**  
**Chex Mix**  
Fresh Fruit

**29**  
**Nutrigrain Bar**  
Fresh Fruit





# AUGUST 2025

## SACRED HEART LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4



1

11

**French Toast & Cheesy Scrambled Eggs**  
Tater Tots  
Fruit Choice

12

**Creamy Chicken Alfredo w/ Garlic Bread**  
Broccoli  
Fruit Choice

13

**Corn Dog**  
Sweet Potato Fries  
Carrots  
Fruit Choice

14

**Picadillo**  
Garlic Mashed Potatoes  
Dinner Roll  
Fruit Choice

15

**BBQ Pulled Pork Sandwich**  
Campfire Beans  
Fruit Choice

18

**Chicken Tenders**  
Tater Tots  
Dinner Roll  
Fruit Choice

19

**Beef Nachos**  
Pinto Beans  
Fruit Choice

20

**Chicken Teriyaki**  
Broccoli  
Brown Rice  
Fruit Choice

21

**Beef Stroganoff**  
Green Beans  
Fruit Choice

22

**Hot Dog**  
Potato Smiles  
Corn  
Fruit Choice

25

**Waffles & Cheesy Scrambled Eggs**  
Fruit Choice

26

**Homestyle Spaghetti w/ Garlic Bread**  
Carrots  
Fruit Choice

27

**Frito Pie**  
Mexi Corn  
Fruit Choice

28

**Chicken Sandwich**  
French Fries  
Fruit Choice

29

**Grilled Cheese Sandwich**  
Tomato Soup  
Fruit Choice

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### MILK

Included with your meal and offered daily.  
Milk varieties include 1% low fat and fat-free choices

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