

Holter Monitor Application

1

Wash and towel dry chest

Clean the entire chest using non-moisturising soap and water. Towel dry the chest.

2

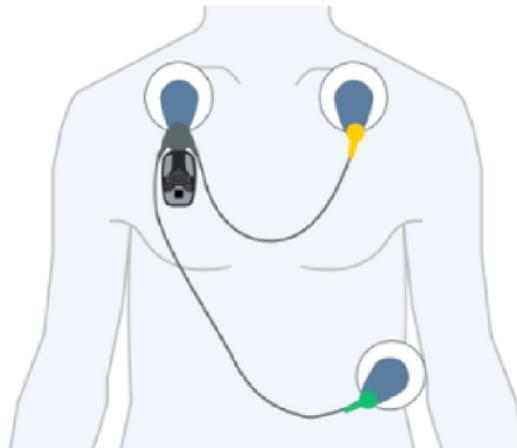
Perform skin preparation

Shave your chest hair.
Use provided alcowipe to clean the skin.
Use provided abrasive tape to lightly scratch the skin.

3

Apply electrodes

See image below for sticker placement. Silver button at 6 o'clock position



4

Fit device

Clip leads into device = Red dot on cable to red dot on front of device.
Connect leads and device to electrodes.

Three chimes will indicate recording has commenced
Heart icon on monitor will flash yellow

Holter Monitor Removal

1

PRESS AND HOLD

The centre button for 10 seconds until you hear three beeps indicating the monitor is switched off.

2

Unclip the monitor from the stickers

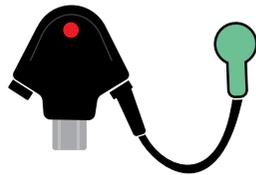
Peel off stickers from chest and dispose of them.

3

Place device and cables in holder.

Return to Advara HeartCase case.

Return



Rubbish



4

Put Advara HeartCare case in return postage bag. Log with Australia post portal for drop off.