

Newsletter—September 2025

Our learning

Welcome back to all our Chestnut friends, we hope you had a lovely summer break. Welcome too to our new starters, we look forward to getting to know you and your children over the coming months.

We are starting our new term with the topic 'All About Me'. To start this topic we will be reading the stories, '10 Tiny Fingers and Ten Tiny Toes' by Mim Fox and thinking about ourselves, our families, naming body parts, looking at similarities and differences. We will also be singing the nursery rhyme song Tommy Thumb.

Alongside our topic we will be exploring the outdoor space and noticing the autumnal changes in the gardens. At Chestnut we like to use the outdoor garden space as much as possible and to go outside with the children in all weathers. Please can you make sure your child has suitable outdoor attire at nursery, this includes welly boots, waterproof coats/all-in-ones, hats etc to change into. They will also need a pair of shoes to wear indoors. Many parents find it easier to keep a set of wet and cold weather clothing at



nursery on their child's peg for use in the nursery garden. We appreciate that children can grow quickly but this needn't be expensive. There are many ways to source suitable outdoor gear for your child. Many of our parents use charity shops or pre-used clothes sites such as Vinted (www.vinted.co.uk), Build a Bundle (buildabundle.co.uk) or hand me downs from family and friends. Just remember to put your child's name in their clothes and shoes so we know who they belong to.

If you have any clothing that your child has grown out of/no longer uses we now have a clothes swap rail next to our Chestnut library. This rail is for you to leave/swap children's clothes for other families to use. Please make sure that all donations are clean and ready to be used.

Nursery Top Tips

Leaving your child for the first time at nursery school can be an emotional time for both you and your child. It is natural to have a little separation anxiety; but this daily transition can be turned into a positive experience by following a few of our tips below.

- Always saying goodbye and having a familiar phrase that you say each time can help with familiarity and reassurance.
- Once you have said your goodbyes then you need to leave, try to avoid going back as this can upset your child more.
- Get there as close to drop off time as you can. This avoids hanging around outside the nursery as this can also build up the anxiety around the separation.
- Have an upbeat and happy reunion. When coming back to collect, make sure that you are upbeat, and say
 "I said I would come back and have big cuddles and here I am!"
- Give an explanation of the day so that they know what is going to happen.
- Look to engage on the way to nursery, play games or talk about what you can see.
- Keep positive so that your child can see that you are feeling ok with the whole process.

Some of the activities we like to do at Chestnut













Other News

Keeping Chestnut Nursery School tidy

Once a half term we invite parents/carers to join us in a litter pick in and around the vicinity of Chestnut Nursery School. Our next litter pick will be on we hope you can join us.

In the meantime please help us to keep the area tidy by modelling putting rubbish in bins and encouraging your children to do the same.

Food reminders

We are a nut free Nursery School.



If you put grapes in your child's packed lunch please remember to cut them length ways as whole grapes are a choking hazard.

Snack contribution/ School Lunches

We are now asking parents/carers to pay a weekly snack fee. The cost is £1 per week – paid termly via Parent Pay, the fee is applicable regardless of how many sessions your child attends. The money will go towards covering the cost of the daily snack that is provided for the children.

Please note school lunches have increased to £3.00. The lunch cost includes a freshly made main meal and a desert made by our onsite cook—Debbie.

Gardening Club

Every half term we invite parents/carers and their children to join us straight after nursery for gardening club. In these sessions we work together doing gardening jobs to help to keep our grounds looking lovely. The children love helping and are always very proud to point out their hard work to their friends and key workers afterwards. Do come and join us for our next session on Tuesday 23rd September.

Dates for your diary

ASAP—please read and sign your parent/provider agreement and return to reception (copies are in the children's trays)

Ongoing— every Monday Parent and Toddler Group 9.30-11.00am

Tuesday 23rd September - Gardening Club

Monday 6th October - 2.45pm Parent/children Litter Pick

Thursday 16th October - Toilet training workshop @ 9.15—10.30am

Friday 25th October - Last day of half term

Monday 4th November - First day of half-term

