



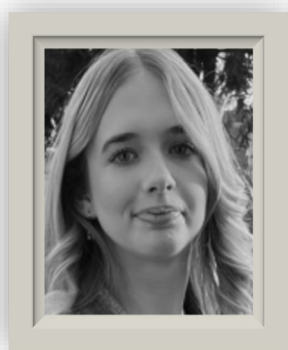
Newsletter—October 2025

Our learning

September has been a busy month at Chestnut. It has been lovely to welcome so many new families to our setting and the children have all got into the swing of the nursery school routine really well. We have been making the most of the super weather and enjoying spending lots of time in the garden. The children have been very observant at noticing seasonal changes and we have been lucky to be able to enjoy the fruits of some of the trees—crab apples for rolling, baking in the mud kitchen and transporting, quinces for making into jam and crumble, blackberries for an end of day snack and grapes for popping out of their skins—in a game made up by the children!

This month, as well as new children, we have a new member of staff to introduce you to and a visiting student from Germany.

Eliza is joining us as an extra playworker in the afternoons and Abigail is a student from Germany who will be doing a 3 week placement at Chestnut in October. Do say hi to both of them if you see them. We look forward to hearing all about early years settings in Germany from Abigail and comparing notes.



Abigail



Eliza

This month we have been busy doing some baking in the afternoons. We enjoy trying new foods and recipes in setting and feel it is important for children to have experience in the kitchen and be offered new foods to try. We would love it if any parents/carers would be willing to join us and share a cooking experience with the children. We can provide the ingredients. Do talk to your child's key worker if you would be willing to join us.

Tips to support your child's learning at nursery

- Share Tapestry posts with your child and talk about what they did at nursery/what they are doing in the photos on Tapestry
- Add your own posts to Tapestry for staff to share with your child when they come into setting
- Provide your child with the appropriate outdoor clothes/change of shoes and spare indoor clothes so that they can access all that is on offer at nursery
- Learn the shared songs and rhymes that we sing at nursery and sing them together at home. Change the words, make up your own verses, sing them in funny voices
- Talk to your child whenever you are together. Narrate what is going on, take an interest in whatever interests your child and join them in their play
- Have a regular and predictable bedtime routine for your child that doesn't include screen time. Limit screen time to short periods of time in the day only or better still go without!

September's gallery



Other news

Keeping children healthy—a reminder

Children who are unwell should not be brought to nursery. If parents/guardians bring children who are unwell to nursery, they will be asked to take them home again. If Calpol/Nurofen has been given, your child must be kept at home for 24 hours before returning to the setting. Any child who has had vomiting and or diarrhoea must not return to Nursery until at least 48 hours have elapsed from the last bout of vomiting and or diarrhoea and they are eating normally.

Did you know you can get free flu vaccinations for your child? (See next box for details)

Children who are aged 2 or 3 years on 31 August 2025 (born between 1 September 2021 and 31 August 2023) can get the flu vaccine at:

- their GP surgery (from 1 September 2025)
- a pharmacy that offers NHS children's flu vaccination (from 1 October 2025)

You should get an invitation from your GP surgery, or be able to contact them, in autumn or early winter to book an appointment.

You can [book an NHS flu vaccination at a pharmacy online](#) or in the [NHS App](#) now. Vaccination appointments will take place from 1 October 2025.

Gardening Club

Thank you to After School Club for helping with some planting at Gardening Club this half term. They planted some snowdrop bulbs which we look forward to seeing in spring. We would love it if you are able to join us at our next session—**Tuesday 18th November**—save the date!



Dates for your diary

Ongoing— every Monday stay and play session 9.30-11.00am

Monday 6th October - 2.45pm Parent/children Litter Pick

Thursday 16th October - Toilet training workshop @ 9.15—10.30am

Friday 25th October - Last day of half term

Monday 4th November - First day of half-term

Tuesday 18th November - Gardening Club

Wednesday 3rd December - 'Play-eat-sleep-repeat' parent workshop to support your child eating and sleeping at home @9.15-10.45

Wed 10th December - staff and children's Christmas lunch

