



## TELEMEDICINE

# 24/7 access to a health care provider by mobile app, web, or phone



**On-demand or appointment-based care is available to you wherever you are in Canada, and when travelling to the US — at no cost to you!**

Virtual care is available for a wide range of non-emergency conditions including\*:

- |                      |               |                           |
|----------------------|---------------|---------------------------|
| ✓ Seasonal allergies | ✓ Rash        | ✓ Sinus infection         |
| ✓ Cold and Flu       | ✓ Runny Nose  | ✓ Urinary tract infection |
| ✓ Fever              | ✓ Coughing    | ✓ Upset stomach           |
| ✓ Aches              | ✓ Ear Ache    | ✓ Nausea                  |
| ✓ Neck Pain          | ✓ Sore throat | ✓ Covid-19 Concerns       |

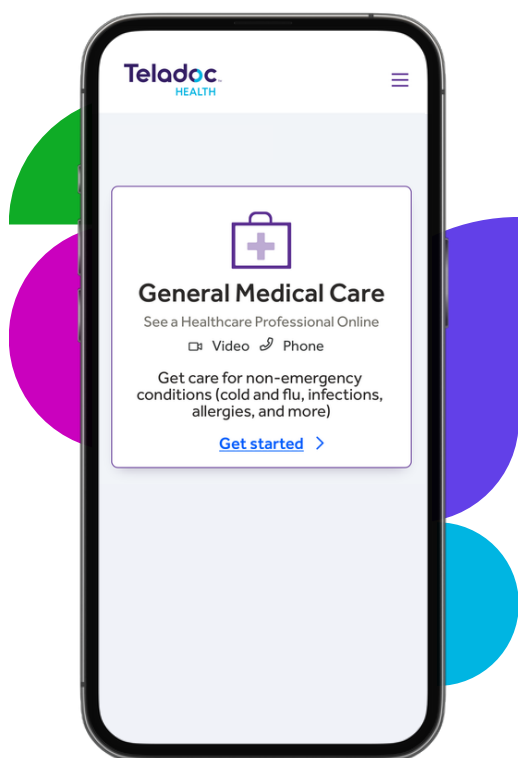
\*Not limited to the listed conditions

If a prescription for medication is needed, your healthcare provider will send it to the pharmacy of your choice! Regardless of your schedule or location, our service provides you with convenient, around-the-clock access to a health care provider, in 150 languages.

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"A health care provider called within minutes for each requested visit. It's such a wonderful service to have and is like having a house call from your health care provider! Such a convenience."





## How it works

- 1** Use the Teladoc app, website, or call us by phone whenever in need. If using the Teladoc app, update medical history and easily upload any documents or images, if needed.
- 2** Request an on-demand visit or specify a future appointment time that works best for your schedule.
- 3** Visit with a healthcare provider. Prescriptions, if necessary, are sent to your pharmacy of choice.

## Members love us!



\*Data on file, 2022

## Start your journey to better health today.

Visit [TeladocHealth.ca](https://TeladocHealth.ca) | Call 1-877-419-2378 | Download the Teladoc app

