



**PESTO PASTA**



## INGREDIENTS

### PESTO PASTA

- 1 lb your favorite gluten-free pasta
- \*Spinach Pesto
- 2 c fresh basil
- 1 c fresh organic spinach
- ½ small avocado
- 2 cloves garlic
- ¼ c nutritional yeast flakes
- 2 t lemon juice (juice of ½-1 lemon)
- ¼ t salt
- ¼ c pine nuts or cashews

## DIRECTIONS

- Place the spinach, avocado, basil, pine nuts, garlic, lemon juice and salt in a food processor and pulse until pureed into a smooth consistency.
- Add nutritional yeast and continue to smooth

