

FESTIVE FRUIT & ALMOND BREAKFAST PARFAIT



TIME REQUIRED

10 minutes

SERVING

4

INGREDIENTS

- 2 cups non-dairy plain yogurt
- 1 tsp vanilla extract
- 1 tsp cinnamon
- 1 cup pomegranate arils
- 1 cup fresh berries
- $\frac{1}{4}$ cup chopped toasted almonds
- 1–2 tsp maple syrup (optional)

STEPS

- Mix yogurt with vanilla and cinnamon.
- Layer yogurt, fruit, and almonds in glasses.
- Drizzle lightly with maple syrup if desired.

