

Date-Pecan Caramel Bites

TIME REQUIRED 45 MINUTES
(CHILL TIME + 15 MINUTES PREP)

INGREDIENTS & STEPS

- BLEND 6–8 SOFT MEDJOOOL DATES, 2 TBSP ALMOND BUTTER, ½ TSP VANILLA, AND A PINCH OF SALT UNTIL SMOOTH.
- SPOON A LITTLE INTO PITTED DATES AND TOP WITH A TOASTED PECAN.

Naturally sweet, full of fiber and magnesium. Keep them chilled until serving for the perfect chewy–crunchy texture. They taste like holiday candy — only naturally sweet, fiber-rich, and completely guilt-free.