

Shenandoah National Park

3566 Hwy 211 E Luray, VA 22835 540-999-3500



Volunteer Service Description: Trail Maintainer

Service Details		
Service Type:	Regular/Recurring Position	
Service Date(s):	Ongoing	
*Service Location:	Shenandoah National Park	
*Time Commitment:	During scheduled maintenance duties	

Supervision and Support		
Position Supports:	Maintenance / Facilities	
*Primary Supervisor:	: Nathaniel Phelps	
Title:	Title: Supervisory Facility Operation Specialist	
Email:	nathaniel_phelps@nps.gov	
Phone:	540-999-3500 x3778	
Secondary Contact(s):	William (Dave) Jenkins, dave_jenkins@nps.gov, 540-999-3500 x314, Corrina Wendel 540-836-1697	

Main Goals for Position

The purpose of this position is to support the Shenandoah Backcountry and Trails program and to support resource stewardship by assisting park staff with trail maintenance.

Description of Duties

Volunteer work performed in this discipline will chiefly involve routine trail maintenance and rehabilitation and construction of graded foot and horse trails. These may include ADA accessible trails with special surfaces, trails in high visitor use areas, foot and horse use trails in remote backcountry areas and trails in designated Wilderness areas. Position duties include:

- Repairing and maintaining erosion control structures, retaining walls, and tread surface
- Re-painting trail blazes
- Park boundary line maintenance
- Removal of vegetation growth, fallen and loose rock, and tree obstructions from trails
- Litter removal
- Coordination with Park Backcountry and Trails staff in an effort to prioritize trail coverage, accomplish any necessary work, and assist with special projects
- Debrief of work with Park staff and file Patrol Reports in a timely manner
- Providing general assistance to backcountry visitors and work with Park Law Enforcement to report suspicious or illegal behavior and emergencies

Required Qualifications	
*Prior training or certifications are required.	□Yes ⊠No

Minimum age requirement?	□Yes ⊠No
*Health or physical condition requirement? (i.e. medical clearance required)	□Yes ⊠No

Explain, if necessary, any of the above:

Volunteers should have knowledge of basic outdoor skills, be able to work cooperatively in a team environment, possess a desire to learn new skills, and be able to effectively communicate with both Park staff and visitors.

Working Environment and Safety Considerations

Volunteers may encounter various environmental hazards while working, including:

- All types of weather from hot and humid to wet, cold, and stormy
- Uneven terrain including hills, slopes, grades, and wetlands—in both forested and open areas
- Slipping and tripping hazards (rocks and tree roots, mossy stones or logs, mud, water, and loose gravel)
- Overhead hazards (widow makers)
- Exposure to long periods of sunlight, wind, storms, dust/dirt, biting and stinging insects, venomous snakes, poison ivy, bears, nuisance wildlife, biological contaminants, chemicals, motor noise, exhaust, or gas/paint fumes

Volunteers will be appropriately matched with the work according their personal interests and abilities. Physical demands involved with Trail Maintenance range from light exertion to arduous exertion depending upon the task. In general, trail maintenance often involves:

- Frequent stooping, lifting, reaching, bending, carrying, and repetitive motion
- Walking distances of several miles per day, often while carrying tools or other equipment
- Lifting or moving objects weighing more than 50 pounds

Job Hazard Analysis (JHAs) will be made available by the Work Leader or VIP Coordinator to each volunteer for the specific work being performed, and will be covered during "tailgate" safety briefings. The following Park JHAs apply to this work:

- Backcountry Travel & Work (Parkwide)
- Working Around biting and Stinging Insects (Parkwide)
- Ticks (Parkwide)
- Heat Stress
- Fire Hand Tool Maintenance (RAD)
- Vegetation Maintenance with Hand Tools (NCR)
- Blowdown Removal with Cross-Cut Saws
- Power Weeder Operation
- Chainsaw Safety & Operation
- Power Drill and Quarrying Rock Operation
- Highline & Rigging Operations

Additional safety considerations should be discussed as appropriate given the local work environment, season, and geographic location. Examples include:

- Proper hydration
- Heat disorders
- Hypothermia

*Housing provided?

- Insect/animal bites & stings
- Lyme disease awareness

d hy Diractor's Order

Volunteers are required by <i>Director's Order #50B</i> to report to their NPS supervisor writing), as soon as possible, all job-related accidents, illness, injuries, or near-miss witness, or in which they are involved.	•
Government Property and Equipment	
*Personal Protective Equipment (PPE) will be provided to the volunteer.	⊠Yes □No
The volunteer will use a government vehicle (GOV) for volunteer duties.	⊠Yes □No
The volunteer will use government equipment for volunteer duties.	⊠Yes □No
Explain, if necessary, any of the above: Individual and team safety is the top priority. Volunteers must adhere to the requise Analysis, including wearing appropriate PPE and clothing depending on the work be (ex. eye and ear protection, leather gloves, long pants, closed toed shoes, hard hat, volunteers may request PPE from the Park or use items provided by PATC or thems	eing performed etc.). PATC
Personal Property and Equipment	
*The volunteer will use a personal vehicle (POV) for volunteer duties.	□Yes ⊠No
*The volunteer will use personal equipment for volunteer duties.	□Yes ⊠No
The volunteer must supply parts of the volunteer uniform for this position.	⊠Yes □No
Explain, if necessary, any of the above: Volunteer will supply long pants, closed toed shoes, and any necessary outerwear of weather. Volunteers should wear a hat or shirt which identifies them as a PATC or Stolunteer	. •
Internal Controls	
Position: Position requires a background investigation.	□Yes ⊠No
Money: Will be handling permits, passes, fees or government money.	□Yes ⊠No
Access: Will have unsupervised access to government buildings.	□Yes ⊠No
Computers: Will have access to the DOI Network/government computer.	□Yes ⊠No
Explain, if necessary, any of the above:	
Volunteer Benefits	
*Reimbursements approved?	□Yes ⊠No

□Yes ⊠No

*Trainings provided?	⊠Yes □No
Travel approved?	□Yes ⊠No
Uniform provided?	⊠Yes □No

Explain, if necessary, any of the above:

- The Park will provide lodging within the Park as requested and as available to facilitate logistical needs to meet program objectives.
- Volunteers must receive proper training on the use of tools. They must also attend, or complete regular, recurring, and ad hoc training identified by NPS supervisor throughout the year.

Additional Items

All volunteer work is to be done in accordance with the Trail Maintenance Standards outlined in the Shenandoah National Park 2016 Programmatic Categorical Exclusion. Any work not specifically covered in the Programmatic Categorical Exclusion requires Park approval in writing before work begins.

The following is a list of possible personal protective equipment (PPE) required for position duties. Reference the specific Job Hazard Analysis (JHA) for required PPE on an individual basis.

- Boots Aggressive Tread, Ankle Support
- Appropriate Field Attire Long Pants & Clothing Appropriate for Weather
- Gaiters treated with Permethrin
- Nitrile Gloves
- Hard Hat
- Eye Protection or Face Shield
- Hearing Protection Ear Plugs, Ear Muffs
- Respirator
- Leather Gloves
- Chainsaw Chaps

The following Tools and Equipment are outlined in the JHAs as necessary for safe working conditions or as posing a safety hazard. Tools & Equipment may only be used by individuals with the requisite training and/or certification. Required PPE must also be used during activities. Backcountry Travel

Park Radio

- First Aid Kit Personal Medications
- Light Source with Extra Batteries
- Map & Compass
- Emergency Space Blanket
- Whistle

Chainsaw Safety & Operation

- Chainsaw, Properly Maintained
- Wedges

- Single Bit Axe
- Chainsaw Wrench
- Chain Files
- Spare Bar Nuts
- Saw Chain, Properly Filed
- Approved Containers for Gas & Bar Oil
- Portable Fire Extinguisher (or Wildland Fire Tools)
- First Aid Kit Equipped for Serious Injury
- Park Radio

Power Drill & Quarrying Operation

- Power Drill (Pionjar) & Accessories
- Hammers
- Wedge & Feather Sets
- Mash Hammer
- First Aid Kit Equipped for Serious Injury
- Park Radio

Highline & Rigging Operations

- Griphoist Winch & Wire Rope
- 3/8 inch Wire Rope
- Trees or Tripod Towers
- Accessory Hardware
- First Aid Kit Equipped for Serious Injury
- Park Radio

Use of mechanized equipment in the Wilderness is not in keeping with Wilderness character and may not be used unless specifically approved.

Additionally, the following Tools and Equipment used in Trail Maintenance may include one or more of the following, depending upon complexity of the task and training/certification of the volunteer:

- Pulaski
- McLeod
- Pick Mattock
- Shovel
- Lopper
- Hand Pruner
- Pruning Saw
- Bow Saw
- Crosscut Saw
- Pole Pruner/Pole Saw
- Chainsaw
- Wedges
- Single Bit Axe
- Hatchet
- Swing Blade

- Machete
- Weed Whip
- Bush Hook
- Swedish Brush Ax
- Rock Bar
- Wheel Barrow
- Paint Brush

JOB HAZARD ANALYSIS

<i>je =</i>		
Job Task:	Job Hazard Analysis developed and/or reviewed by following employees: Kelly Stiles, Zach Long,	
Working Around Biting and	Susan Finlay, Bob Davis, Lauren Bentley, Alexandra Ottaviano, Elizabeth Printz, William Imler, Brian Noland, Denise	
Stinging Insects Unit: SHEN - Parkwide	Machado, Katherina Wilkins, MacKenzie Machuga, Danette Perez, Amber Cohen, Ron Cross, Elton Yordy, Carmen Huwe, Christy Pipher, Ruth Taylor, Sarah Derflinger, Mary Davis, Ryan Pettit, Jeremy Stoneberger, Alyssa Aleknas, Alisa Stackowicz, Christi Armentrout, Joanna Leach, Chris Denby, Rhyannon Hayes, Paula Keeter-Britt, Mark Doty, Lori Rankin, Lori Mooney, Ken Wormley, Peter Campbell	
Required Safety Training for this Task:		Certifications Required:
- none -		- none -
JHA Completion date:		Supervisor Signature:
June 6, 2021		/s/Hazel B Rudacille

REQUIRED EQUIPMENT & TOOLS FOR THE JOB	REQUIRED <u>SAFETY</u> EQUIPMENT
- none -	- none -

POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
1. Bee stings: painful stings, allergic reactions	 Be alert to hives in brush, ground holes, or hollow logs. Watch for insects traveling in and out of one location. If you or anyone you are working with is known to have allergic reactions to be stings, tell the rest of the crew and your supervisor. Make sure you carry emergency medication with you at all times. Wear long sleeve shirts and trousers, tuck in shirt. Bright colors and metal objects may attract bees or wasps. If you are stung, a cold compress may bring relief. If stinger is left behind, scrape it off of skin. Do not use tweezer as this squeezes the venom sack, worsening the injury.
	• If the victim develops hives, asthmatic breathing, tissue swelling or a drop in blood pressure, seek medical help immediately.
2. Mosquito bites: skin irritation, encephalitis	 Wear long sleeves and trousers. Avoid heavy scents. Use insect repellants. Do not apply Permethrin, Permanone, or greater than 30% DEET directly to skin, only to clothing. Carry after-bite medication to reduce skin irritation. Avoid being outdoors at twilight and evening

JOB HAZARD ANALYSIS: Backcountry Travel

Job Task: Backcountry Travel		Job Hazard Analysis Reviewed by the following Employees Performing this Task: Brenda Ritchie, Matt Richardson, Jim Atkinson, Shawn Green
Unit: SHEN – Park-wide		Reviewers: Division Chiefs, Safety Officer, District Rangers, several supervisors and work leaders
Required Safety Training for this Task:		Certifications Required:
- First Aid and CPR Training recommended- OJT for high risk tasks		None
JHA Completion Date:	Update Review Due:	Supervisors Signature:
March 2007	May 2008	/s/

OSHA Standards: 29 CFR 1910.95 Occupational Noise
1910.133 Eye & Face Protection
1910.135 Head Protection
1910.136 Foot Protection

1910.138

Hand Protection

REQUIRED EQUIPMENT & TOOLS FOR JOB	REQUIRED SAFETY EQUIPMENT
 Park radio First Aid kit carried by individual or crew Personal medications, such as Epi Pen, inhaler, etc. Vehicle safety equipment: Refer to JHA: Light Vehicle Operation Optional safety equipment: Flashlight w/ extra batteries Map & compass Emergency space blanket Whistle as attraction device 	 Personal Protective Equipment (PPE): Boots – appropriate footwear for task; minimum boot height of 6" Appropriate Field Attire – long pants, and clothing appropriate for expected weather PPE required for task Refer to existing park JHAs, such as, Chain Saw Operations, etc.

TASKS/PROCEDURES	POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Backcountry Travel	• Falling or tripping due to wet areas, poor footing, uneven terrain, snow and ice,	In areas with poor footing, slow down and take short steps. Use hiking poles to improve balance.
	loose/rolling rocks and heavy pack.	• Plan ahead & identify necessary PPE for your trip (i.e. wear proper footwear; ensure protection from environmental conditions such as precipitation, wind, cold, and heat; anticipate a full day and even a night out).
	Terrain & environmental	Be alert to changes in terrain & weather.
	hazards associated with work that occurs in mountainous	• Stay in shape. Know & monitor your personal fitness level & that of others in your group.
	terrain during all seasons.	Adjust plans accordingly. Be flexible.
		• Carry adequate water.
		 Carry a First Aid Kit. If possible, take a coworker when traveling in areas of high risk or when conducting high risk activities.
	Inadequate radio communications.	• Communications are a life link. Carry a radio & spare battery (if needed) at all times. Ensure that equipment is working properly; batteries are fully charged, etc. Be aware of radio dead spots in your work area or consult radio coverage maps.
		All crew members must travel together or have separate communications
	 Overdue from backcountry assignment. Taking on hazardous task. 	• Check in with the Comm Center before entering the backcountry. Notify the Comm Center when you have cleared the backcountry. Check in with Comm Center when taking on a hazardous task (e.g. operating a chain saw alone). Request status check, if needed.

Vehicle travel on administrative roads	Vehicle accidents resulting in property damage or injury.	• Maintain a slow & safe speed for changing road conditions, such as, loose gravel, rutting, storm damage, poor visibility due to vegetation, fallen trees or rocks, snow & ice, etc.
		 Many admin roads require 4-wheel drive and/or high-clearance vehicles for safe passage. Do not exceed the capacity of your vehicle or driving ability. When in doubt, turn around or back out. Anticipate other users on roads, such as, special use permit vehicles, hikers, horse riders, and wildlife, etc. Be prepared to slow down or stop with little notice.
	Vehicle accidents resulting in property damage or injury. (continued)	 When encountering horse riders, pull off to the side of road and stop, until horses have passed or signaled by rider to proceed. Turn engine off when passed by concession lead horse riders. Use special caution at stream crossings, particularly during and after periods of high water flow. Stop and carefully survey the stream crossing. Do not cross, if unsure of a safe passage. When turning around on narrow roads use a spotter or get out of the vehicle and survey the turn around spot for hazards.

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- none -		- none -
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Required Safety Training for	this Task:	Certifications Required:
- First Aid and CPR Training recommended - OJT for high risk tasks		None
JHA Completion Date:	Update Review Due:	Supervisors Signature:
March 2007	May 2008	/s/

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TASKS/PROCEDURES	POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Backcountry Travel	• Falling or tripping due to wet areas, poor footing, uneven terrain, snow and ice,	In areas with poor footing, slow down and take short steps. Use hiking poles to improve balance.
	loose/rolling rocks and heavy pack.	• Plan ahead & identify necessary PPE for your trip (i.e. wear proper footwear; ensure protection from environmental conditions such as precipitation, wind, cold, and heat; anticipate a full day and even a night out).
	Terrain & environmental	Be alert to changes in terrain & weather.
	hazards associated with work that occurs in mountainous	• Stay in shape. Know & monitor your personal fitness level & that of others in your group.
	terrain during all seasons.	Adjust plans accordingly. Be flexible.
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	Overdue from backcountry assignment.Taking on hazardous task.	• Check in with the Comm Center before entering the backcountry. Notify the Comm Center when you have cleared the backcountry. Check in with Comm Center when taking on a hazardous task (e.g. operating a chain saw alone). Request status check, if needed.

Vehicle travel on administrative roads	Vehicle accidents resulting in property damage or injury.	• Maintain a slow & safe speed for changing road conditions, such as, loose gravel, rutting, storm damage, poor visibility due to vegetation, fallen trees or rocks, snow & ice, etc.
		 Many admin roads require 4-wheel drive and/or high-clearance vehicles for safe passage. Do not exceed the capacity of your vehicle or driving ability. When in doubt, turn around or back out. Anticipate other users on roads, such as, special use permit vehicles, hikers, horse riders, and wildlife, etc. Be prepared to slow down or stop with little notice.
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	TATCIIIAS	reducing 2006
Coming in contact with dangerous and/or poisonous animals, insects and plants	Bee stings.	Be alert for bees during the summer season. Workers with known allergies should alert your co-workers and take special precautions (e.g. carry Epi Pen, if prescribed).
	Skin irritation from poisonous plants.	 Workers with known allergies to poison ivy need to take special precautions which may include pre-treating skin prior to work and careful cleansing after exposure.
	Tick bites. (Refer to: Work in Tick Infested Areas JHA)	 All work groups working in the backcountry should have a thorough orientation to tick life forms, identification and sign & symptoms of tick-born diseases.
	Snake bites.	• Use tick avoidance precautions when working in tick infested areas, including tick checks during and after work shift.
	Encounters with dangerous	 Be alert for snakes in thick vegetation and rocky habitats. Look before putting hands or feet in places out of immediate view.
	animals, including dogs off leash.	 Keep your distance or make an attempt to create distance between yourself and the animal of concern. Call for assistance if needed.
	Encounters with poisonous plants, insects, and other environmental hazards.	 Know dangerous and/or poisonous plants, insects, and animals, and then take reasonable precautions to keep yourself safe. Carry a first aid kit well-stocked for environmental hazards Get medical help as soon as possible when needed.

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		,
Working in adverse weather Working in adverse weather (continued)	 Caught out in a thunderstorm. Caught out in a thunderstorm. (continued) 	 Schedule outdoor activities accordingly if thunderstorms are likely. If you see or hear a thunderstorm coming, retreat from high ground and exposed areas. Go inside a building or vehicle, if possible. Do not seek shelter under a rock overhang or trees. You are in danger from lightning if you can hear thunder. If you can't get inside and if you feel your hair stand on end, lightning is about to strike. Make yourself the smallest target possible and minimize contact with the ground. Crouch down on your pack (insulating surface) on the balls of your feet and keep your feet close together. Place your hands on your knees and lower your head.
	 Heat and humidity. Exposure. Negative impact of long-term sun exposure. Negative impact of poor air quality. 	 Members of a party should stay separated by at least ten feet. Drink plenty of water. Take extra breaks. Adjust the work routine to minimize exposure to extreme heat and humidity. Be alert to changes in weather. Take adequate garments for all possible weather conditions. Carry an emergency space blanket. If possible, take a coworker when traveling in extreme mountain weather. Wear a hat and use sunscreen. Be prepared to modify work activity on days with unhealthy air quality.

	PATC JHAS	reoruary 2008
Backcountry Miscellaneous.	Water borne illnesses.	Drink water from protected water sources. Treat or filter backcountry water sources.
	Hazard Trees.	• Look up. Be alert for storm damaged trees with broken limbs or standing dead trees. Do not take extended breaks in an area with hazard trees where you could be the target of falling limbs or trees.
	High water stream crossings.	 Do not negotiate high water stream crossings alone, if possible. Be prepared to jettison gear should you lose your balance. It is safer to wade through high water, rather than rock hop across a stream trying to keep your boots dry.
	Power and hand tools.	 Consider bringing wading boots and using hiking poles for balance. Use proper safety gear. Get proper training and instructions on safe use. Refer to park JHAs.
Backcountry Miscellaneous.	Heavy lifting.	Use proper form and techniques for lifting. Get assistance with heavy items.
(continued)	Solo travel.	 Take extra precautions when traveling solo. Always be aware of you surroundings and possible problems. Carry a map & compass and know how to use them.
	Over snow travel.	Use supplemental devices on footwear to improve traction and ski poles to improve balance. Receive training for snow and ice travel conditions and/or equipment. Never overestimate your ability.
	BC travel at night.	 Anticipate a work shift running into darkness. Carry a headlamp or flashlight and extra batteries. Slow down. Maintain awareness of surroundings and hazards.
	Personal safety and dealing with hostile behavior.	 Maintain situational awareness. Be alert, aware and ready to respond. The uniform you wear may make you a target for an irate individual. If you are uncomfortable with the situation, notify Comm Center. Look for an opportunity to end the contact and leave the area. Notify your supervisor at your earliest opportunity. Supervisors should notify district ranger staff ASAP.
		 Your personal safety is always more important than your job. Avoid confrontation with an angry person, often they are upset about a personal situation or the government. Remain detached. Do not get angry yourself or become personally involved. Be respectful of park neighbors. Be aware of unique parking issues around the park boundary.

Emergency Evacuation Plan	Serious injury and illness.	•	Minor injuries are treated in the field. When serious injuries/illnesses occur, notify Comm Center ASAP. A treatment and evacuation plan is initiated.
		•	Field crews are trained in first aid, CPR and as litter team members when training is available.

JOB HAZARD ANALYSIS – Vegetation Maintenance with Hand Tools

Job Task: Vegetation Mainter Hand Tools Unit:	nance with	Job Hazard Analysis Developed and Reviewed by: Employees developing this JHA: (Sept. 2003) Don Harvey and North District Trail Crew, Shawn Green Employees updating this JHA:
SHEN – NCR Branch of B	C Mgt. & Trails	Don Harvey, Shawn Green Reviewers:
Descriped Cofety Training for this Tests		Roger Dovel, CT Campbell, Charles Newton Certifications Required:
Required Safety Training for this Task: - OTJ training & proficiency review by supervisor.		Certifications Required:
- At least one and as many crew members as possible are trained in		- None
First Aid/CPR.		
- Accident Reporting & Near Misses		
JHA Completion Date: 2003	Update Review Due:	Supervisor, Division Chief or Superintendent Signature:
Updated: February 2008	February 2010	/s/ Steve Bair
	redically 2010	/5/ Sieve Dan

OSHA Standards: 29 CFR

1910.133 Eye & Face Protection

1910.137 Foot Protection1910.138 Hand Protection

REQUIRED EQUIPMENT & TOOLS FOR JOB	REQUIRED SAFETY EQUIPMENT
- A variety of handtools including: swing blade, weed	Personal Protective Equipment (PPE):
whip, machete, bush hook, Swedish brush axe, loppers,	- Hand Protection: leather gloves, consider anti-vibration gloves
pruning saws	- Eye Protection: safety glasses, optional
- First aid kit carried by crew	- Boots – Heavy duty, leather with over the ankle support (8" high boots preferred)
- Park radio	and aggressive non-skid soles
	- Appropriate Field Attire – long pants, long-sleeved shirt optional
	- Leg Protection: shin guards, optional

TASKS/PROCEDURES	POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Pre-operation inspection: - Missing or loose parts - Maintenance needs	Personal injury Property damage	 Inspect hand tools before going in the field. Tighten loose nuts and bolts. Tighten loose heads. Inspect general condition of handles. Tag unsafe tools for repair. Ensure that cutting tools are sharp.
Transporting hand tools - By vehicle	Cuts from sharp edges Property damage	 Wear gloves while handling tools. Do not transport tools in passenger compartment. Use sheaths or scabbards to cover sharp edges. Secure tools to minimize movement during transport. Carefully pack and unpack tools with sharp edge. Communicate with workers receiving tool.
Transporting hand tools - Hiking	Cuts and abrasions	 Wear gloves while carrying tools. Keep sheath on tool until work begins. Carry tool at your side on the downhill side, so that it can be easily tossed away should you slip. Crew spacing is important. Hike at least 10 feet apart

	PATC JHAS	reditary 2008
General Operation - Weeding/trimming	Cuts and abrasions Leg injury	 Each different cutting tool has its own special use, operational techniques and unique safety concerns. Learn by OJT with experienced operators. Some basic principles include: Wear gloves. Crew spacing is very important: work at minimum of 15 – 20 ft. apart. Keep cutting edge sharp, so tool cuts rather than bounce off woody vegetation. For swinging tools, swing them parallel to or away from your body line. Be aware of your surroundings, look ahead of swing to anticipate obstacles such as rocks or logs which can deflect tool. When swinging a tool above your shoulder, be aware that the downward stroke can be redirected after striking woody vegetation. Assure firm footing and good balance. During wet conditions, swinging tools become difficult to handle. Make adjustment by reducing swing stroke or suspend that portion of
	Avoid creating vegetation hazards	 the operation. Trim woody vegetation flush to ground or flush to trunk whenever possible. Disperse cut vegetation off the trail.
General Operation - Weeding/trimming	Wear and tear from repetitive motion. Impact and fatigue injury to hand, wrist or arm. Fatigue.	 Regularly rotate job assignments/tools. Alternate between different sides of trail. Use anti-vibration gloves with wrist supports for certain tools. Pace yourself for the day's assignment. Take frequent breaks. Drink plenty of water. Be alert to effects of poor air quality. Take more frequent breaks. Consider postponing weeding operation until more favorable conditions prevail.
	Co-worker or park visitor in work zone.	 Be alert for park visitors entering work area. Immediately stop weeding operation until visitors are well clear of work zone. Clearly communicate to co-workers when visitors or co-workers are passing through work zone.

General Operation - Weeding/trimming	Environmental hazards: - Ticks, bees and snakes - Poison ivy	 Be alert for ticks, bees and snakes at certain times of the year. Refer to Tick JHA for precautions and advice on tick bites. Anticipate bee and snake habitat. Have an escape plan. Stock first aid kit with appropriate supplies. Be alert for poison ivy. Avoid it, if you can. Be aware of your individual sensitivity to poison ivy. If you have sensitivity: pre-treat with Technu-type products and washup afterwards.
Emergency Evacuation Plan	Serious injury and illness	 Crew members carry park radios. First aid kits are carried with each crew in the field and on vehicles. Minor injuries are treated in the field. When serious injuries/illnesses occur, park Comm Center is notified ASAP. A treatment and evacuation plan is initiated. Trail Crew staff are trained in first aid, CPR and as litter team members when training is available.

JOB HAZARD ANALYSIS - Blowdown Removal with Cross-cut Saws

Job Task:		Job Hazard Analysis Developed and Reviewed by:
Blowdown Removal with		Employees developing this JHA: (Sept. 2005)
	-	Charlie Rudacille, North District & South District Trail Crews, Shawn Green
Cross-Cut Saws		
		Employees updating this JHA:
Unit:		Don Harvey, Shawn Green
SHEN – NCR Branch of B	C Mgt. & Trails	
		Reviewers:
		Roger Dovel, CT Campbell, Charlie Newton
Required Safety Training for t	his Task:	Certifications Required:
First Aid & CPR Training for 1 or more members of crew		-Current First Aid and CPR Training
-Basic Chain Saw Training for crew leader		-Basic Chain Saw Training for crew leader
Park 16 hour course or Equivalent		
OTJ Training with Cross Cut	Saws	
- Experienced operators shall ha	ve periodic Safety Refresher	
-Accident Reporting & Near Misses		
JHA Completion Date: 2003	Update Review Due:	Supervisor, Division Chief or Superintendent Signature:
Updated: February 2008		
	February 2010	/s/ Steve Bair

OSHA Standards: 29 CFR 1910.266 Logging Operations
1910.133 Eye & Face Protection
1910.138 Head Protection
1910.139 Foot Protection
1910.138 Hand Protection

REQUIRED EQUIPMENT & TOOLS FOR JOB	REQUIRED SAFETY EQUIPMENT
- Crosscut saw with sheath and handles.	Personal Protective Equipment (PPE):
- Crosscut saw kit with at least 2 wedges, single bit axe,	- Boots – Heavy duty, steel-toed, leather with over the ankle support (8" high boots
double bit axe and pruning saw.	preferred) and aggressive non-skid soles
- First aid kit equipped for serious cuts (1910.266, App A)	- Eye Protection: safety glasses
- Optional equip.: saw lubricant, come-along device, lever	- Hand Protection: leather or other cut resistant gloves
(rock bar)	- Hard Hat: required for overhead hazards
	- Appropriate Field Attire – long pants

TASKS/PROCEDURES	POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Handling Saws and Axes	Cuts and Abrasions	 Sheaths provide protection to self and others while protecting these valuable tools. Saws should be always sheathed, except when actually being used or in storage. Old fire hose makes a good sheath. The sheath is secured with parachute cord or velcro.
Transporting Saws and Axes - By vehicle	Cuts and Abrasions Property damage	 Sheath should always be in place. Use care, position crosscut saw upright, to protect saw and other tools and property.
Transporting Saws - By hiking - Saw carried on shoulder	Cuts and Abrasions	 Sheaths should always be in place. Person carrying the saw should be the last person in line. 2-person saws should have the rear handle removed. The saw should be carried on the shoulder with the teeth facing outward. Carry the saw or axe on the downhill side, so that it can be thrown clear in case of a fall. When crossing streams or other poor footing situation, saws and axes should be carried as low as possible.
Transporting Saws - By hiking - Saw carried with sling or carrying strap	Cuts and Abrasions	 Sheath should always be in place. Carrying strap rests on shoulder. Gloved hands stabilize saw. When crossing streams or other poor footing situations carrying strap should rest on the outside of shoulder so that saw can be thrown clear in case of a fall.

	PATC JHAS	rebruary 2008
Procedures: Limbing & Bucking - Size-up	Personal injury	- Consider lean, compression, tension, limbs, soundness of tree, diameter, spring poles, overhead hazards, escape routes, "safety circle".
- Escape routes		- All limbing, bucking, & felling operations require clear escape routes.
- Footing		- Ensure firm stable footing
- Overhead Hazards		Whether bucking, limbing or felling look up and around often.Use hard hats, if overhead hazards are present.
- Anticipate Bind		 Anticipate log tension and compression. Plan mitigation. Use wedges, pie cuts, and/or levers. Initiate cut slowly to observe bind.
- Anticipate Tension	Injury from releasing wood under tension	 Watch for and carefully relieve tension on saplings and limbs with a series of small cuts to tensioned side.
- Rolling Logs	Injury from rolling logs	 Use caution when cutting limbs supporting log off the ground. Do not saw from the downhill side without providing for the safety of the downhill operator. On steep ground, prevent bucked sections from rolling or sliding.
- Cut logs to manageable size	Back injury or muscle strain	Cut logs small enough to be safely moved.Use levers, skids or come-a-longs to move large logs.
Managing human factors	Personal injury	 Effective crew communication is very important to safe and effective crosscut saw operations. Everyone should know the plan before cutting. It is OK to refuse a job, if you do not feel comfortable that you can do it safely.
	Fatigue	 Manage fatigue: rotate work assignments, and take breaks as needed. Drink plenty of water to avoid dehydration. Provide for the safety of other trail users.
Procedures: Felling	Felling: - Numerous potential hazards.	 Felling of trees is NOT covered by this JHA. Generally speaking felling safety considerations for chain saws also apply to crosscut saws. However, the crosscut saw has unique techniques for felling. Crosscut saw felling should be attempted by only by experienced individuals specifically trained in crosscut saw felling.

PAT	C JHAs	February 2008
Emergency Evacuation Plan Managand ill	ging serious injury Iness	 Crew members carry park radios. First aid kits are carried with each crew in the field and on vehicles. Minor injuries are treated in the field. When serious injuries/illnesses occur, notify park Comm Center ASAP. A treatment and evacuation plan is initiated. Trail Crew staff are trained in first aid, CPR and as litter team members when training is available.

JOB HAZARD ANALYSIS – Power Weeder Operation

Job Task: Power Weeder Ope	eration	Job Hazard Analysis Developed and Reviewed by: Employees developing this JHA: (Sept. 2003) CT Campbell and Central District Trail Crew, Shawn Green
Unit: SHEN – NCR Branch of BC Mgt. & Trails		Employees updating this JHA: Don Harvey, Shawn Green
		Reviewers: Don Harvey, Roger Dovel, Charles Newton
Required Safety Training for this Task:		Certifications Required:
- OTJ training & proficiency review by supervisor.		- None
- Review manufacturer's operat		
- At least one and as many crew	members as possible are trained in	
First Aid/CPR.		
-Accident Reporting & Near Misses		
JHA Completion Date: 2003	Update Review Due:	Supervisor, Division Chief or Superintendent Signature:
Updated: February 2008		
	February 2010	/s/ Steve Bair

OSHA Standards: 29 CFR 1910.95 Occupational Noise Exposure

1910.133 Eye & Face Protection

1910.136 Foot Protection 1910.138 Hand Protection

REQUIRED EQUIPMENT & TOOLS FOR JOB	REQUIRED SAFETY EQUIPMENT
 Power weeder with harness. Extra spool, string, accessories Belt multi-tool like Leatherman First aid kit carried by crew Park radio 	Power Weeder Personal Protective Equipment (PPE): - Eye Protection: safety glasses (wrap-around), face shield or screen as needed - Hearing Protection: ear plugs or muffs - Hand Protection: leather gloves, consider anti-vibration gloves - Boots — Heavy duty, leather with over the ankle support (8" high boots preferred) and aggressive non-skid soles - Appropriate Field Attire — long pants, long-sleeved shirt optional - ANSI 107-2004 Class 2 reflective safety vest when working along road

TASKS/PROCEDURES	POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Pre-operation inspection for - Missing or loose parts - Maintenance needs	Personal injury Property damage	 Before running weeder inspect thoroughly. Tighten loose bolts, nuts and linkage. Inspect fuel lines and tanks for leaks. If unit is unsafe to operate, tag it "Out of Service" in a way that will be immediately obvious to anyone attempting to operate. Ensure that all guards/shields are in place, secure and operating properly. Adjust handle and harness for comfort and balance.
Transporting Weeder - By vehicle	Fuel leak Property damage	Transport in the bed of truck.Secure weeder, so that it will not flip over.
General Operation - Fueling	Fire Fuel spill	 Always shut off engine and allow it to cool. Remove fuel filler cap carefully as to allow any pressure to build-up in tank to release slowly. Select bare ground for fueling. Move at least 10 feet from fueling spot before starting engine. Make sure that fuel cap is on tight when done.
General Operation - Starting	Injury from flying objects and debris	 Once started, the weeder may fling objects and debris. Cold start weeder on the ground. Warm weeder, secured by operator in harness, maybe started by coworker.

	PATC JHAS	February 2008
General Operation - Weeding	Injury from flying objects and debris Co-worker or park visitor in danger zone Horses enter danger zone	 Operate with cutting head just off ground and level to reduce throwing rocks and debris. When operating weeder above ground level safety glasses and face shield should be in place. Crew spacing: minimum of 50 feet (danger zone). Be alert for park visitors entering work area. Immediately stop weeding operation until visitors are well clear of danger zone. Consider posting lookouts or signs on high-use trails. If possible, have a crew member without a weeder listen to park radio and
	Burn injury Fatigue Exposure to exhaust and fumes	 communicate with park visitors. Shut off weeder in the presence of horses. In some cases, weeder may need to be moved out-of-sight of horses. Avoid touching hot muffler or engine. Keep these areas clear of debris. Take frequent breaks. Drink plenty of water. Be alert to effects of exhaust and fumes on days with poor air circulation and/or poor air quality. Take more frequent breaks. Rotate assignments. Consider postponing weeding operation until more favorable conditions prevail.
General Operation - Weeding	Environmental hazards: - Ticks, bees and snakes - Poison ivy	 Be alert for ticks, bees and snakes at certain times of the year. Anticipate bee and snake habitat. Have an escape plan. Refer to Tick JHA for precautions and advise on tick bites. Stock first aid kit with appropriate supplies. Be alert for poison ivy. Avoid it, if you can. Be aware of your individual sensitivity to poison ivy. If you have sensitivity: pre-treat with Technu-type, skin protection barrier products and wash-up afterwards.
General Operation - Weeding along Skyline Drive	Traffic hazards to worker Flying debris hazard to traffic	 Wear an orange vest to improve your visibility to traffic. Use a pilot truck while weeding between Skyline Drive and rock wall to create maximum separation between worker and traffic.

 When serious injuries/illnesses occur, park Comm Center is notified ASAP. A treatment and evacuation plan is initiated. Trail Crew staff are trained in first aid, CPR and as litter team members when training is available. 	ASAP. A treatment and evacuation plan is initiated. - Trail Crew staff are trained in first aid, CPR and as litter team men	Emergency Evacuation Plan	uation Plan Serious injury and illness	ASAP. A treatment and evacuation plan is initiated.Trail Crew staff are trained in first aid, CPR and as litter team members
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JOB HAZARD ANALYSIS - Chainsaw Safety Operation

Job Task:		Job Hazard Analysis Drafted by following folks
Chainsaw Safety Operation		Employees Performing this Task:
	P	Steve O'Connor, Charlie Hall
Unit:		Reviewers:
SHEN - Park wide		Charles Newton, Gary Lucas, Roger Dovel, Skip Wissinger
Required Safety Training for this Task:		Certifications Required:
First Aid Training for 2 or more members of each crew		-Current First Aid Certificate
-Basic Chain Saw Training		-Chain Saw Operator Evaluation
Park 16 hour course or		-Experienced operators shall have documented, periodic Safety Refresher
S-212 (wild land fire training		Experienced operators shall have documented, periodic surety refresher
- Experienced operators shall have periodic Safety Refresher		
-Accident Reporting & Near Misses		
JHA Completion Date:	Update Review Due:	Supervisors Signature:
•	•	
August, 2002		/s/

OSHA Standards: 29 CFR 1910.266 Logging Operations

29 CFR 1910.95 Occupational Noise Exposure

1910.133 Eye & Face Protection

1910.140 Head Protection 1910.141 Foot Protection 1910.138 Hand Protection

REQUIRED EQUIPMENT & TOOLS FOR JOB

Chainsaw kit with at least 2 wedges, single bit axe, Chainsaw wrench, chain files with handles, spare bar nuts, saw chain, & possibly spare bar, spark plug, etc. -Saw with proper bar length, properly filed and maintained saw chain, chain brake, spark arrestor muffler, throttle lock and positive shut off switch (see ANSI B175.1-2000, Safety Requirements for Gasoline Powered Chain Saws) -Approved containers for gas and bar oil that are clearly

- -Approved containers for gas and bar oil that are clearly labeled with proper mix ratio and freshness date
- -Portable fire extinguisher (or wild land fire tools)
- -First aid kit equipped for serious cuts(1910.266, App A)

REQUIRED SAFETY EQUIPMENT

Chainsaw Personal Protective Equipment (PPE):

-Boots – Heavy Duty, cut resistant uppers with over the ankle support (8" high boots preferred) and aggressive non-skid soles

Chaps with Kevlar, length to overlap boot tops

- -Eye Protection: safety glasses, goggles, face shield or combination
- -Hearing protection: plugs or muffs
- -Hand Protection: leather or other cut resistant gloves
- -Hard Hat: ANSI approved not a bump cap
- -Appropriate Field Attire NO shorts

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POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
Injury due to unsafe equipment or use. 2 Unsafe chain says operator.	 Before Starting the Saw read operators manual, check controls, spark arrestor and chain tension, check all bolts and handles to ensure they are functioning properly and adjusted according to manufacturer's instructions, Re-check saw maintenance throughout the day. Fuel the saw at least 10 feet away from sources of ignition and move saw at least 10 feet away from fueling area before starting. Fuel containers must be approved by UL, FM, DOT or other nationally recognized testing laboratory and must not exceed 5-gallon capacity.
2. Unsafe chain saw operator	
	2. No drugs or alcohol at all. -If taking medication that may cause drowsiness, do not operate a chain saw. -If you become fatigued, ask someone else to do some sawing or take a short break. -It is OK to refuse a job, if you do not feel comfortable you can do it safely -Eat well and frequently – sawing uses lots of energy. -Drink plenty of water to avoid dehydration. -Warm up your muscles and stretch before starting heavy work. -Always wear proper personal protective, safety gear described above.
3. Poor Communication can increase accidents	 Never work alone with a chain sawNotify supervisor or other responsible employees where you will be working and stay within visible or audible contact of another employeeTake a radio or cell phone to the work site for emergenciesWhen felling, other individuals at the work site should remain at least 2 tree lengths distant from the chain saw operatorLarge work groups of three or more should have one act as leader and be responsible for safety, spacing of workers, location of tools, first aid kits, etc.
4. Transportation – Vehicle Fire Danger from gasoline, Cuts/lacerations during transportation.	4. Chain bar scabbard in place,-Secure fuel & bar oil containers,-Chain saw & fuel transported outside passenger compartment.
5. Transportation – Handling/Carrying/Walking Cuts/lacerations during transportation.	 5. Chain Brake on, saw off when moving, -Keep saw bar behind and away from body, usually below your waist and on downhill side, push saw away if you begin to fall or slip. -On shoulder – only with proper protection & precautions

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POTENTIAL HAZARDS	SAFETY CONTROL FACTORS	
10. Bucking, Brushing & Limbing	10. Examine the ground area for hazards and remove those you can.	
Most accidents occur when cutting small trees, limbs, vines or	-Know where bar tip is at all times and avoid touching objects with bar tip.	
brush.	-While brushing, space others minimum of 20 feet or twice the height of the brush	
	away from the sawyer.	
	-Use a stance that is comfortable and stable.	
	-Position yourself to one side of possible kickback of chain saw.	
	-Look for spring poles or similarly stressed wood.	
	-Release tension gradually with series of small cuts on tension side or use shaving	
	technique from compression side.	
	-When cutting large limbs, be alert for chain binding and kickback.	
	-DO NOT stand on tree while cutting limbs.	
	-Use proper limbing technique starting at the butt end.	
	-Never more than 1 person at a time working on any tree.	
	-Remove limbs and brush before bucking.	
	-To prevent rolling, leave some limbs to support the main trunk.	
	-Bucking must be done from the uphill side of the tree or log.	
	-Never buck a tree that is considered unusually dangerous.	
	-Anticipate log reactions when severed.	
	-Protect your feet, ease off pressure and chain speed near end of bucking cut.	
	-Give special attention to windfalls or ice damage to check for strains, breaks, binds	
	or tension.	
11. Felling Trees Felling is dangerous work with many potential hazards. Especially dangerous are the many 'snags' (standing dead trees) or other hazardous trees (some of which have hidden structural defects.	11. Park Maintenance Supervisors, Trails Crew Leaders, or Wildland Fire qualified Fallers should be contacted for technical assistance with any felling operations. Do not Fell hazardous trees unless you are experienced and are sure you can safely do this work. Ask for help – Additional planning and possible use of heavy equipment (as	
	needed) can help to reduce the risks of this work.	

JOB HAZARD ANALYSIS - Ticks

Job Task: Work in tick infested	areas		leveloping this JHA: ork Group: S. Green, D. Harvey, R. Dovel
Unit: SHEN-All Units		Reviewers: I Gorman	Division Chiefs, Safety Committee & KellyAnn
Required Safety Training for this Task:			Certifications Required:
-Park general safety orientation			-None
-Job specific safety discussions on tick awarene avoidance & repellent options and tick remova			
JHA Completion Date:	Update Re	view Due:	Supervisors Signature:
July, 2003	_		
Updated November, 2007	December, 2	2008	/s/

Prevailing Law/Policy: Occupational Safety and Health Act (OSHA)

REQUIRED EQUIPMENT & TOOLS FOR THE JOB	REQUIRED <u>SAFETY</u> EQUIPMENT
- Determined by job at hand	- First Aid kit nearby with tick removal devices, such as needle-nose tweezers or tick nippers.

POTENTIAL HAZARDS	SAFETY CONTROL FACTORS
1. Tick attachment to skin	1. Tick awareness:
	 High-risk work groups should receive a through orientation to tick life forms, tick identification, and signs & symptoms of tick-borne diseases. See Appendix A for more information.
	 Low-risk work groups and all new employees should receive a brief orientation to ticks and signs & symptoms of tick-borne diseases.
	2. <u>Tick avoidance precautions</u>
	To more easily detect ticks, non-uniformed employees should wear light colored clothing.
	Mechanical Barriers:
	 To keep ticks from reaching skin, consider doing the following based on level of risk: Wear long-legged pants. Wear long-sleeved shirt and hat. Tuck shirt into pants. Tuck pant legs into socks or boots. Consider other barrier devices, such as, gaiters, 'rhyno-skin', 'bug-skin', elastic bands, duct tape, when they are an option.

Chemical Barriers:

- 0.5% Permethrin insecticide applied to clothing is effective in reducing tick bites; however, when used improperly it can create negative health effects. Supervisors and employees should review and sign-off on "Employee Tick and Insect Repellent Awareness Form" before using park-supplied chemicals. DEET is **not** effective against ticks that carry lyme disease. See **Appendix B for chemical barrier use safety**.
- Inspect clothing frequently for ticks. Have a companion inspect your back.
- Inspect your head and body thoroughly when you get in from the field (office or home). Use a mirror or have a companion check your back.
- Employees in high-risk groups should be issued tick removal devices that they can carry at work and at home.
- When working in tick habitat, consider not wearing work clothing home. Consider changing out of work clothes to reduce the chance of carrying ticks home.

3. Remove embedded tick safely

- Do not use heat or harsh fluids to get ticks to back out of skin.
- Use needle-nose tweezers or tick nippers to grab the embedded head of tick and pull straight out. Do not twist. Twisting may break off the head and leave it embedded. Do not grab the tick body. This may force tick body fluids into your skin.
- Consider saving the tick for later identification in a small zip lock bag or firmly stuck to transparent tape. Tick ID can be a big help in disease diagnosis.

4. Cleanse the skin at bite site

• Cleanse well with soap and water.

5. Document tick bite or embedded tick.

- An embedded tick is one that has broken the skin by attaching itself with its mouth parts.
- Each employee should document (on a CA-1 using SMIS) any embedded tick that requires medical attention. All work groups should document every embedded tick (or ticks if multiple bites from one day) on "SNP-Tick Log" (See Appendix C). When medical attention is needed, obtain a CA-16 to get the doctor paid for workers compensation claims. Tell the doctor about your tick bite(s) and show the tick, if you saved it.
- Submit a copy of the log to the Park Safety Officer at the end of each Calendar Year and the employee and supervisor should each keep a copy.
- There is no need to seek medical attention for each tick bite, unless bullseye rash and/or other tick disease symptoms occur.

2. Illness due to tick	1. Be alert for signs & symptoms of tick-borne diseases:	
attachment	Lyme disease symptoms may	
	include a characteristic "bull's-eye" rash that develops a few days or weeks after the	
	tick bite. At the same time, flu-like symptoms such as fever, malaise, fatigue,	
	headache, muscle and joint aches appear. Ixodes ticks are most likely to transmit	
	infection after feeding in skin for two or more days (NPS). Poolsy Mtn Spotted Feyor symptoms include sydden enset of feyor bandsche	
	 Rocky Mtn. Spotted Fever symptoms include sudden onset of fever, headache, and muscle pain, followed by development of spotted rash at wrists or ankles (NPS). 	
	• Ehrlichiosis: Symptoms are similar to Lyme disease, but differ with a rapid on-	
	set of fever and severe headache and the absence of the rash around the tick bite	
	(NPS).	
	Babesiosis: Most infected people have no symptoms. For those that do, there is	
	a gradual on-set of not feeling well and loss of appetite and fatigue (NPS).	
	2. If symptoms occur, request to see a physician immediately and fill	
	out the appropriate forms.	
	• Fill out CA-1 & CA-16 and request	
	to see physician if disease symptoms occur.	
	Be sure to tell the doctor that a	
	tick bit you and that you regularly come in contact with ticks at work.	