



St. Clare Parish

Feb. 8, 2026

A Catholic Community guided by the Holy Spirit
to proclaim Christ's love in worship, service and life-long learning

Church

8535 SW 19th Ave Portland, OR 97219 503.244.1037

Office Hours: Monday - Thursday, 9am - 12:30pm & 2 - 4pm
office@saintclarechurch.org www.saintclarechurch.org

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Pastor	Fr. Don Gutmann	x101
Deacon	Dcn. Bill McNamara	x108
Pastoral Associate	Kim Zea	x104
Business Manager	Santo Graziano	x102
Children's Faith Formation	Debbie Henkelman	x103
Administrative Assistant	Laurie Zupsic	x100

School

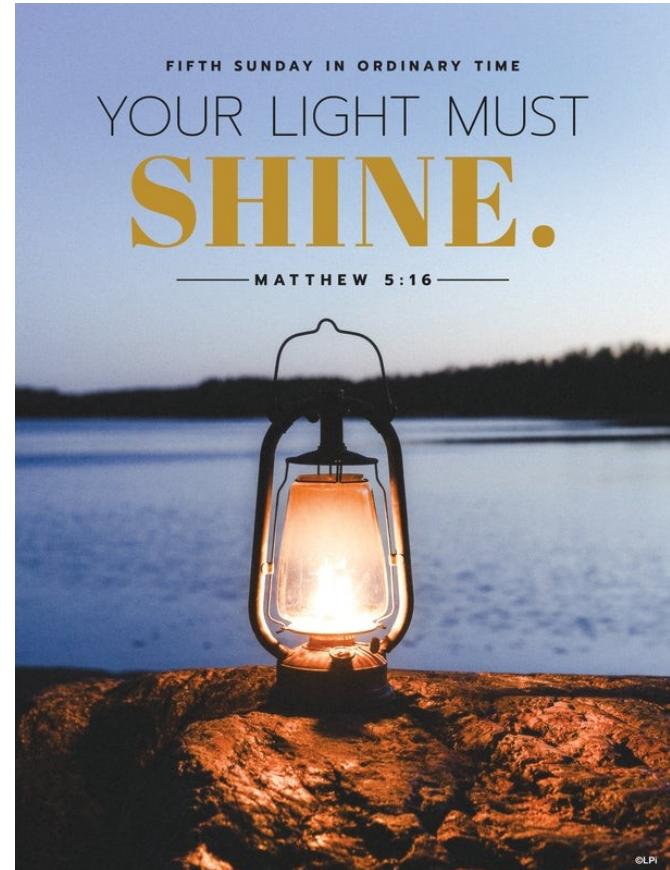
1807 SW Freeman St Portland, OR 97219 503.244.7600
info@stclarepdx.org www.stclarepdx.org

Principal Chris Harris
Office Manager Donna Parker MacNeur

Preschool

1812 SW Spring Garden St Portland, OR 97219 503.244.5458
nancy@stclarepreschool.org

Director Nancy Melzer
Administrative Assistant Jeanne Raffety



Sacraments - Please visit www.saintclarechurch.org for more information on sacramental preparation.

Weekend & Daily Mass Schedule

Saturday - 5pm
Sunday - 8:30am & 10:45am
Weekdays except Tuesdays - 8:30am
Holy Days - 8:30am, 12pm & 7pm
Visit www.saintclarechurch.org to view our livestream weekend Masses.

Reconciliation: Saturdays from 4pm - 4:30pm in the church or by appointment.

Contact Fr. Don Gutmann.

Matrimony: Six month preparation required. Contact Deacon Bill McNamara.

Baptism for Infants: Contact Deacon Bill McNamara.

Faith Formation & Sacramental Preparation for Adults & Teens:

Contact Kim Zea; **for Teens & Children:** Contact Debbie Henkelman.

A Warm Welcome To All Who Worship with Us

Whether you are a current parishioner and need to update your information or newly arrived in the parish and not yet registered, please complete the form below and place in the offertory basket or mail to the parish office.

Name: _____ Phone: () _____

Address: _____ City: _____ Zip: _____

New Parishioner
 New Phone Number

Returning Catholic
 New Address

Moving (please remove from parish directory)
 Please send Sunday Offertory envelopes



Weekly Inspiration

**5th Sunday
in Ordinary Time**
Feb. 8, 2026

Salt without flavor is no longer salt. Light that illuminates nothing is no longer light. As Christians, we must be what we have been made to be. So think about it, carefully: what stands between you and being who you were made to be? ©LPi



Week-at-a-Glance

Saturday, Feb. 7 Italian Dinner

9:00am	K-5 Children's Choir Rehearsal	Church
9:00am	Brothers in Spirit	Parish Office
2:00pm	Eucharistic Adoration	Church
4:00pm	Confession (until 4:30pm)	Church
5:00pm	Vigil Mass <i>Bill & Alice McNamara</i>	Church

Sunday, Feb. 8

8:30am	Family Mass <i>For the People</i>	Church
10:45am	Mass <i>+Stephen Loomis</i>	Church

Monday, Feb. 9

8:30am	Daily Mass <i>+Gerald Hover</i>	Church
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Wednesday, Feb. 11

8:30am	Daily Mass	Church
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Thursday, Feb. 12

8:30am	Daily Mass <i>+Joseph J. Prissel</i>	Church
5:30pm	Dinner Talk #3	Parish Hall

Friday, Feb. 13

8:30am	Daily Mass	Church
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Saturday, Feb. 14 Happy Valentine's Day!

9:00am	Brothers in Spirit	Parish Office
4:00pm	Confession (until 4:30pm)	Church
5:00pm	Vigil Mass <i>+Antonia DiGregorio +Enrico Achille</i>	Church

Sunday, Feb. 15

8:30am	Family Mass <i>For the People</i>	Church
10:45am	Mass <i>+Judy Lynn Gibbons</i>	Church

Fr. Don's Musings . . .

Daffodils are blooming in front of the church office, that's a sure sign that Spring is coming. I like daffodils because they are bright yellow after a normally dreary gray winter. But this winter hasn't really been a winter, it's been so mild. I am still picking ripe raspberries off my bushes in my backyard! This mild winter has left a very light snowpack in the mountains and that could be a problem in the summer, but I can't do anything about that, so I'm just going to enjoy the warm winter while it's here.

Lent is just around the corner, starts on the 18th. I encourage you to sign up for one of our Lenten Small Groups. We have a good book that we'll be using in the groups to help us reflect on God's presence in our lives and how we can respond to that in the way we live our lives. The groups are a good way to meet other parishioners and grow in your Catholic faith at the same time. The various groups will be meeting for an hour once a week throughout Lent.

We still have a few spots open for the Women's ACTS Retreat in March. This is a great weekend retreat, I recommend women of the parish to take advantage of it. Our next Men's ACTS Retreat will be in September.

I will be out of the office Monday-Friday this week, taking some personal time before the busyness of Lent begins. I appreciate that Fr. Pat McNamee has offered to cover the weekday Masses while I'm away. The office staff will still be here as usual to keep things running smoothly.

Let's keep praying for one another. ~ *Fr. Don*

Questions of the Week

Reflect and Respond to Scripture

1st Reading Question ~

We hear from Isaiah that the Lord expects us to feed the hungry, clothe the naked, and avoid false accusations and hateful speech. Which of these virtues could you practice this week?

2nd Reading Question ~

Paul encourages the Corinthians to ground their faith in the power of God and not in human wisdom. How can you make this a regular habit?

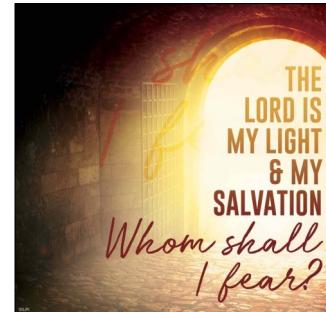
Gospel Question ~

Jesus challenges his disciples to have a positive influence in the world. Who do you know makes the world a better place?

©LPi

"This and That "from Deacon Bill . . . Light and Salvation

This week we hear Isaiah tell us, "Then your light shall break forth like the dawn...", and Jesus tell us, "You are the light of the world." The word light is used so often in scripture. Looking at the word itself leads me to Psalm 27 (my favorite) which was written by David when King Saul was trying to chase him down and kill him. I found this sermon on that Psalm by St. John the Serene, the Bishop of Naples who died on December 17, 849.



The Lord is my light and salvation; whom shall I fear? How great was the servant who knew how he was given light, whence it came, and what sort of man he was when he was favored by this light. The light he saw was not that which fades at dusk, but the light which no eye has seen. Souls brightened by this light do not fall into sin or stumble on vice.

Our Lord said: *Walk while you have light in you.* What other light did he mean but himself? For it was he who said: I am the light of the world, so that those who have eyes may not see and the blind may receive the light. The Lord then is our light, the sun of justice and rightness, who has shone on the Catholic Church spread throughout the world. The prophet spoke as a figure of the Church when he cried: *The Lord is my light and salvation whom shall, I fear?*

The spiritual man and woman who have been thus illuminated do not limp or leave the path, but bear all things. Glimpsing our true country from afar, they put up with adversities; they are not saddened by things of the time, but find their strength in God. They lower their pride and endure, possessing patience through humility. That true light which enlightens every man and woman who comes into the world bestows itself on those who reverence it, shining where it wills, on whom it wills, and revealing itself according to the will of the Son of God.

When this light begins to shine upon the person who sat in darkness and the shadow of death, in the darkness of evil and the shadow of sin, they are shocked, they call themselves to account, repent of their misdeeds in shame and say: *The Lord is my salvation whom shall I fear?* Great is this salvation, my brethren, which fears neither sickness nor lethargy and disregards pain. We should then in the fullness of sense not only with our voices but also with our very souls cry out, *The Lord is my light and salvation whom shall, I fear?*

If he enlightens and saves us, whom shall we fear? Even though the dark shadows of evil suggestions crowd about, *The Lord is my light.* They can approach, but cannot prevail; they can lay siege to our hearts, but cannot conquer it. Though the blindness of concupiscence assails us, again we say, *The Lord is my light.* For he is our strength; he gives himself to us and we give ourselves to him. Hasten to the physician while you can, or you may not be able to find him when you want him.

*** This prayer of David is one of total trust in God which is so relevant today for all of us.

~ Deacon Bill



BROTHERS IN SPIRIT

Men's Faith Formation Group

Next Meeting: Saturday, Feb. 14

9am - 10:30am

Downstairs at the Parish Office

All men of the parish are invited to participate in *Brothers in Spirit*, a new men's faith formation group devoted to spiritual growth, prayer, and fraternity. We meet weekly on Saturday mornings.

Our mission is to form faithful Catholic men grounded in Scripture, the Sacraments, and brotherhood — equipped to live their faith courageously in family, work, and society.

For further information or to express interest, contact Dr. David Villegas at drdavevillegas@gmail.com.

Women of St. Clare

Deepen your faith and build community.



It's time to register for the

St. Clare Women's ACTS Retreat

March 12 - 15.

Come and immerse yourself in Adoration, Community, Theology, and Service during this enriching weekend retreat.

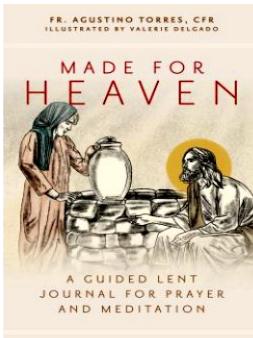
For more details and to register, go to www.saintclarechurch.org/acts-retreats

or scan the QR code:



Questions? Contact Kim Zea at kim@saintclarechurch.org or x104.

All are Welcome! Join a Parish Group for a Deeper Lenten Experience



Meeting once a week, we will increase our devotion in this holy season by reading and discussing *Made for Heaven* by Fr. Agustino Torres, CFR. The author writes, “**This book is for anyone who desires to dive into the power of prayer, fasting and poverty to reorient your life toward God.**”

Committing to the readings, and sharing experiences and insights with others, will lead to deeper understanding and spiritual growth. Last year a participant said “this is like Lent unleashed – it’s not just about giving up my coffee anymore.” If this comment resonates for you, consider joining one of these groups. Make Lent more than “giving up something.”

Sessions are scheduled for the days and times below along with the name of the discussion leader/s. All groups will meet downstairs at the parish office except the Sunday group. It will gather in the school music room adjacent to the parish hall:

- + Sundays, 12-1pm - Mark Ellis & Maria Clemente + Tuesdays, 1-2pm - Matt Cato
- + Wednesdays, 9:30-10:30am - Mike O'Phelan and Mary Muoth + Thursdays, 9:15-10:15am - Kim Zea
- + Fridays, 9:15-10:15am - Julie and Tim Zweber + Saturdays, 8-9am - Ted Seeber

The six sessions will begin with the Sunday group on Feb. 15, continue throughout the week of Ash Wednesday, Feb. 18, and end the week prior to Holy Week. Registration sheets are available at the church doors or sign-up online at <https://www.osvhub.com/saintclarechurch/forms/lenten-groups-feb-15-2026-1>



ST. CLARE CHURCH

LENT 2026 ~All are Welcome!

Ash Wednesday, Feb. 18: Mass at 8:30am, 12pm and 7pm.

Fridays, Feb. 20 & 27, Mar. 6, 13, & 20
Lenten Soup Suppers, 6-6:30pm, & Stations of the Cross, 6:30-7pm

Friday, Mar. 27
Lenten Soup Supper, 6-6:30 & Parish Reconciliation Service, 6:30-7pm

Holy Thursday, Apr. 2, Celebration of the Lord's Supper, 7pm
Good Friday, Apr. 3, Celebration of the Lord's Passion, 7pm

Easter Vigil, Apr. 4, 8:30pm
Easter Sunday, 8:30am & 10:45am
Easter Egg Hunt, 9:30am

Faith Formation & Community Life Events

Weekly Lenten Book Study Groups, Saturday a.m. Brothers in Spirit Meetings, Sisters in Spirit Meetings (Feb. 21 & Mar. 21), Red Cross Blood Drive (Feb. 26), Dinner Talk (Mar. 5), Women's ACTS Retreat (Mar. 12-15)

Sunday Coffee & Donuts, After 5pm Mass Socials (Feb. 21 & Mar. 21), Knights of Columbus Pancake Breakfast (Mar. 8)

Please visit www.saintclarechurch.org/bulletins
or call the parish office at 503.244.1037, x100, for more information.

Outreach



Red Cross Blood Drive

Thursday, Feb. 26

Parish Hall 2:15-7pm

Please register at www.redcrossblood.org
(Sponsor Code is St.ClarePortland)

If you need assistance with registering,
call 800.RED.CROSS
or contact Maria DaSilva,
St. Clare Blood Drive Coordinator,
at 503.260.3633 or mariad8984@gmail.com.



The St. Clare Conference Society of St. Vincent de Paul

Food Pantry Needs

- Canned Fruit, all Varieties
- Vegetable Oil
- Tomato Sauce & Paste
- Paper Towels
- Condiments especially Ketchup & Mustard

Donations may be placed
in the food baskets at the church
or on the front porch of the parish office.

Please check dates to ensure foods have not expired.

Prayer for the Week

Blessing of Mission

Bless us on our way, O Lord.

Share with us as we share with others.

Heal us as we help others to heal.

Provide for us as we open our hands in charity.

Every gift comes from You.

You are at the heart of all that is good.

Share that goodness with us today, abundantly.

Amen. ©LPI

Scripture Readings

6th Sunday in Ordinary Time

Feb. 15, 2026

Reading 1 - Sir 15:15-20

Psalms - Ps 119:1-2, 4-5, 17-18, 33-34

Reading 2 - 1 Cor 2:6-10

Gospel - Mt 5:17-37

For daily readings, please visit www.usccb.org

Recognize God

in your Ordinary Moments

A Reflection by Colleen Jurkiewicz Dorman

Be Salty

I want you to close your eyes. Are they closed? (I'm serious.) Okay. Now think of the greatest saint in history.

I don't care who you're thinking of. It's going to be different for everyone. Just think of that person. Think of his or her life. And answer the question: Why is he or she a great saint?

You're all thinking of different people, but the answer is the same for everyone. And it's not "Because he did great things for God" or "Because she sacrificed everything she had for the poor." Those answers show evidence of the reason. But the reason is something more.

Just imagine if salt was ashamed of being salty. Imagine if it looked at the sodium content on its nutrition label and thought, "That's embarrassing," and decided it was going to stop being salt. Well, great. Now it's just a box of tiny rocks.

Wouldn't it have been better for the salt to trust the baker using it?

There is a plan for each of us. There is a path to holiness for each of us. This path doesn't bypass our flaws or our weaknesses; it incorporates them. It transforms them. It fulfills them.

So be salty. Be who you were meant to be. ©LPI

Many thanks to all who contribute!

Offertory Report

	Actual Offertory	Average Offertory Goal	Amount Over (Under) Goal
W/E 2.1.26	\$10,138	\$12,472	(\$2,334)
Feb. 1 Only	\$7975		
Fiscal Year 25/26	\$378,237	\$386,621	(\$8,384)

***FY 25/26 Offertory Goal: \$12,472 per week to fund the current programs, personnel and facilities of the church.**

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For more information, give us a call!

Beneficiary Designations

You can name a charity as a beneficiary of a life insurance policy. Alternatively, you can transfer ownership of a paid-up policy to a charity for an immediate tax deduction. You can also name a charity as a beneficiary to your retirement plan.

Gifts from a Will or Trust

Also known as Bequests. This involves leaving a gift to a charity in your will or living trust. It can be a specific amount, a percentage of your estate, or a particular asset. Bequests are flexible and revocable during your lifetime.



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