



InsightCycleX™ + XtendHealth's Digital Platform

ExtendHealth pairs its proven InsightCycleX™ methodology with a customizable digital platform to deliver whole-person care that scales. Together, they unlock the speed, clarity, and precision needed to solve today's toughest healthcare challenges. **"Solving the right problem starts with asking the right questions."**



↻ How Do We Design Better Solutions?

InsightCycleX™ XtendHealth's 4-Step Innovation Process

1. **Xplore** – We work alongside your teams to understand root causes, analyze population needs, and map existing workflows.
2. **Xamine** – Using real-world insight, we co-develop a configurable solution that blends people, processes, and technology.
3. **Xecute** – Our team activates and operates the program, supported by a flexible tech platform that enables rapid deployment and measurable impact.
4. **Xpand** – Scale with confidence through full deployment, performance benchmarking, and continuous innovation—ensuring long-term impact, sustainability, and client success.



Our Customizable Digital Health Platform

A secure, modular technology stack that powers XtendHealth programs—across virtual care, behavioral health, chronic condition management, and social support.

- ✓ **Remote care coordination tools**
- ✓ **Multilingual member interfaces (web, mobile, SMS)**
- ✓ **Data capture for SDOH, screenings, assessments**
- ✓ **Provider integration (EHR, claims, device feeds)**
- ✓ **Real-time performance dashboards**



Why It Works

- Designed to flex: Single-state or national-scale
- Built for engagement: Easy to use, multilingual, accessible
- HIPAA-compliant, HITRUST & ISO-ready architecture
- Embedded analytics for ROI, equity, and quality tracking
- Rapid launch in as little as 30 days



Let's Build What You Need, Together

866-4XTENDH (866-498-3634) | www.xtendhealthsolutions.com | info@xtendhealthsolutions.com



XTENDHEALTH
SOLUTIONS



Platform Capabilities at a Glance

Capability	Description
Virtual Care Ops	Host clinical and non-clinical touchpoints (video, phone, text) with full documentation workflows.
Behavioral Heal	Screen for depression, anxiety, trauma; manage behavioral care plans.
Care Navigation	Track referrals, benefits navigation, and social services in one interface.
Task Automation	Streamline triage, enrollment, and follow-up using configurable workflows
Population Targeting	AI-assisted identification of high-need members using SDOH, EMR, and claims data.

Built to Power Programs Like:

Chronic Care
Management

Maternal &
Postpartum Support

Behavioral Health
Outreach

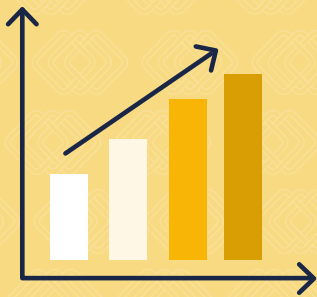
Medicaid Redetermination
Engagement

Home-Based Assessment
Coordination

Employer Wellness
& Navigation



WHAT OUR CLIENTS ACHIEVE



3x increase in member
outreach rates



25–40% improvement in follow-
through on appointments or
screenings



20+ quality and cost metrics
tracked in real time



Seamless integration into EHR,
CRM, and legacy workflows



Let Us Extend Your Reach

XtendHealth combines deep operational know-how with platform flexibility to extend your workforce, elevate your programs, and exceed expectations.

"XtendHealth delivered exactly what we needed—without disrupting what we already had."

— VP, Population Health Innovation, Regional Plan