



MARCH 22, 2026

WELCOME TO WORSHIP!

Visiting today? Our ministry team would love to connect with you. You are invited to meet one of our ministers by the Altar after the service.

GATHERING FOR WORSHIP

GATHERING MUSIC

WELCOME

Kevin Shuford

CALL TO WORSHIP

You, God, are my God,
earnestly I seek you.
I have seen you in the sanctuary
and beheld your power and your glory.
Because your love is better than life,
My lips will glorify you.
I will praise you as long as I live,
and in your name I will lift up my
hands ~Psalm 63:1-4

SONG OF PRAISE

*To God Be the Glory
10,000 Reasons*

PRAYER

PROCLAIMING THE GOOD NEWS

MINISTRY HIGHLIGHT

Ava Brinson
College Ministry

CHILDREN'S MESSAGE

Avery Browning

SCRIPTURE READING AND PRAYER

Larry Hancock
Isaiah 41:8-10

LENTEN AFFIRMATION

SONG

Blessed Assurance

THE MESSAGE

Mark White
When the Waters Rise
Psalm 69:1-3, 16-18, 30-36

RESPONDING TO GOD

TIME OF RESPONSE

Jesus, I Need You

SAN FRANCISCO

MISSION TRIP COMMISSIONING

Amy Edwards
Pat and Asad Hashemi
Cheryl and Brad Hibbs
Kelly Maurizio
Jason Payne
Pam and David Rusnak
Kevin Shuford

BENEDICTION

OUR MISSION

Our mission at Forest Hills Baptist Church is to be a passionate, international, intergenerational community, building deeply devoted disciples of Jesus Christ. We believe that everyone has a role to play in this mission and we hope to help you find yours!

THE MESSAGE

Mark White

When the Waters Rise

Psalm 69:1-3, 16-18, 30-36

- 1 Save me, O God, for the waters have come up to my neck.
- 2 I sink in deep mire, where there is no foothold; I have come into deep waters,
- 3 I am weary with my crying; my throat is parched. My eyes grow dim with waiting for my God.
- 16 Answer me, O Lord, for your steadfast love is good; according to your abundant mercy, turn to me.
- 17 Do not hide your face from your servant, for I am in distress—make haste to answer me.
- 18 Draw near to me; redeem me; set me free because of my enemies.
- 30 I will praise the name of God with a song; I will magnify him with thanksgiving.
- 31 This will please the Lord more than an ox or a bull with horns and hoofs.
- 32 Let the oppressed see it and be glad; you who seek God, let your hearts revive.
- 33 For the Lord hears the needy and does not despise his own who are in bonds.
- 34 Let heaven and earth praise him, the seas and everything that moves in them.
- 35 For God will save Zion and rebuild the cities of Judah, and his servants shall live there and possess it;
- 36 the children of his servants shall inherit it, and those who love his name shall live in it.

QUESTIONS TO CONSIDER

1. Psalm 69 opens with the image of rising waters and sinking feet. When have you experienced a season that felt overwhelming like that? What emotions surface as you remember it?
2. Where do you see connections between Psalm 69 and the life and suffering of Jesus?
3. How does knowing that Christ has entered our pain and suffering shape the way you face your own struggles?



TIME OF RESPONSE

Worshipping God always invites a response from us. How will you respond today? In what ways are you being invited to surrender to God's purposes? What is God calling you to be or do? As you consider your response to today's service, we invite you to join us at one or more of the following response stations following the sermon:



PERSONAL RESPONSE

What do you need to bring to the cross? What is Jesus leading you to do? Come to the cross where you can write your response on a card and leave it with Christ. A pastor will be happy to follow up with you upon request.



GIVING

Bring your tithes and offerings, as well as Connection Cards, to the altar table; offerings can also be placed in the designated boxes by the sanctuary doors.



INTERCESSORY PRAYER

Pray for someone else and light a candle as a symbol of your prayer request to God. This station is located at the back/left of the sanctuary.



REFLECT/PRAY

Reflect on how you have encountered God's Word today; pray at your seat as you feel led. Pastors and members of our prayer team will also be available to pray with you in the back of the sanctuary, right side.



CHILDREN'S RESPONSE

If you are a child, there is a space just for you to respond. You can meet at the front of the Sanctuary.



WELCOME TO WORSHIP!

More information and events can be found at foresthills.org/events and in the insert.

Men's Bible Study

MONDAY | The Attic | 7:00 PM

Arty Party

WEDNESDAY | S-308 | 6:00 PM

Midweek Connection

WEDNESDAY | The Attic | 6:30 PM

ESL Classes

WEDNESDAY | E-300 Hallway | 6:30 PM

Women's Bible Study

THURSDAY | The Church Parlor | 10:00 AM

Palm Sunday

SUNDAY | The Sanctuary | 11:00 AM

Stations of the Cross

MONDAY-THURSDAY | The Sanctuary | 11:00 AM-1:00 PM

OUR PRIORITIES

Life Transformation: We are followers of Jesus Christ, who are on a journey of personal transformation and thus, we are committed to the practice of spiritual disciplines.

Engaging Worship: Worship is at the heart of our community life for it connects us deeply with God and inspires us to live the Great Commission each and every day.

Purposeful Missions and Service: We are the body of Christ who are called to carry on Jesus' mission of living the gospel and serving the world around us.

Welcoming of All: We welcome and embrace the diversity of God's kingdom, cherishing all who want to walk in the way of Jesus Christ.

Nurturing Faith in Future Generations: We take seriously our call to raise up and equip the next generations of Jesus followers

CONNECT WITH OUR MINISTRY STAFF

Mark White: Senior Pastor (mark@foresthills.org)

Paul Taulman: Associate Pastor of Worship and Discipleship (paul@foresthills.org)

Kevin Shuford: Associate Pastor of Youth and Missions (kevin@foresthills.org)

Jason Payne: Director of International Programs (jason@foresthills.org)

Avery Browning: Minister to Children and their Families (avery@foresthills.org)

Elizabeth Duque: Interim Contemporary Worship Leader (elizabeth@foresthills.org)

Paige Eason: Connections Preschool Director (preschool@foresthills.org)

LOVE GOD. LOVE PEOPLE. LIVE THE GOSPEL.

Church Phone: (919) 828-6161

Emergency Pastoral Care Number: (919) 899-6873

foresthills.org