

SUPPER MENU



September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO PROGRAM 	2 <u>Sun Butter & Jelly Sandwich</u> Sun Butter/Jelly (2 oz.) Baby Carrots (1/2 cup) Apple (1/4 cup) WW Bread (1 srvg.) Ranch Dressing (1 ea.) 1% White Milk (1 cup)	3 <u>Cheese Tamale</u> Cheese (2 oz.) Baby Carrots (1/2 cup) Pear (1/4 cup) WG Tamale Shell (1 srvg.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)	4 <u>Baked Ziti</u> Ground Turkey (2 oz.) Tomato Paste (1/2 cup) 100% Fruit Juice (6.75 oz.) WG Pasta (4 oz. cooked) 1% White Milk (1 cup)	5 <u>Beef Hot Dog</u> Beef Frank (2 oz.) Elote (Corn) (1/2 cup) Applesauce (4 oz.) WW Hot Dog Bun (1 srvg.) Ketchup Packet (1 ea.) Tajin Packet (1 ea.) 0% Chocolate Milk (1 cup)
8 <u>Turkey & Cheese Lunch Kit</u> Sliced Turkey w/Cheese (2 oz.) Cucumber Chips (1/2 cup) Apple (1/4 cup) WW Crackers (1 srvg.) Tajin Packet (1 ea.) 1% White Milk (1 cup)	9 <u>Corn Dog</u> Chicken/Turkey Frank (2 oz.) Baby Carrots 1/2 cup) Fruit Cup (4 oz.) WG (Corn Dog) Breading (1 srvg.) Ketchup Packet (1 ea.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)	10 <u>Chicken Fried Rice</u> Chicken Breast (2 oz.) Mixed Vegetables (1/2 cup) Pear (1/4 cup) Brown Rice (4 oz. cooked) 0% Chocolate Milk (1 cup)	11 <u>Bean & Cheese Burrito</u> Refried Beans w/Cheese (2 oz.) Celery & Carrot Sticks (1/2 cup) 100% Fruit Juice (6.75 oz.) WG Tortilla (1 srvg.) Ranch Dressing (1 ea.) 1% White Milk (1 cup)	12 <u>Cheeseburger</u> Beef Patty/Cheese (2 oz.) Baby Carrots (1/2 cup) Pear (1/4 cup) WW Hamburger Bun (1 srvg.) Ketchup Packet (1 ea.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)
15 <u>Turkey Sub Sandwich</u> Sliced Turkey & Cheese (2 oz.) Cucumber Chips (1/2 cup) Apple (1/4 cup) WW Sub Bun (1 srvg.) Mayonnaise Packet (1 ea.) Tajin Packet (1 ea.) 1% White Milk (1 cup)	16 <u>Pepperoni Pizza Pocket</u> Turkey Pepperoni/Cheese (2 oz.) Baby Carrots (1/2 cup) Pear (1/4 cup) WG Pizza Crust (1 srvg.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)	17 <u>Spaghetti</u> Ground Turkey (2 oz.) Tomato Paste (1/2 cup) 100% Fruit Juice (6.75 oz.) WG Pasta (4 oz. cooked) 1% White Milk (1 cup)	18 <u>Nachos</u> Shredded Cheese (2 oz.) Refried Beans/Salsa (1/2 cup) Pear (1/4 cup) WG Tortilla Chips (1 srvg.) 0% Chocolate Milk (1 cup)	19 <u>BBQ Chicken Sandwich</u> Chicken Patty/Cheese (2 oz.) Baby Carrots (1/2 cup) Fruit Cup (4 oz.) WW Hamburger Bun (1 srvg.) BBQ Sauce (1 ea.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)
22 <u>Turkey Croissant Sandwich</u> Sliced Turkey w/Cheese (2 oz.) Cucumber Chips (1/2 cup) Apple (1/4 cup) WW Croissant (1 srvg.) Mayonnaise Packet (1 ea.) Tajin Packet (1 ea.) 1% White Milk (1 cup)	23 <u>Green Chile Chicken Tamale</u> Chicken (2 oz.) Baby Carrots (1/2 cup) Pear (1/4 cup) WG Tamale Shell (1 srvg.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)	24 <u>Chili Mac</u> Ground Turkey (2 oz.) Tomato Paste (1/2 cup) 100% Fruit Juice (6.75 oz.) WG Pasta (4 oz. cooked) 1% White Milk (1 cup)	25 <u>Chicken Nuggets</u> Chicken Nuggets (2 oz) Celery & Carrot Sticks (1/2 cup) Applesauce (4 oz.) Ketchup Packet (1 ea.) WG (Nugget) Breading (1 srvg.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)	26 <u>Chicken Burger</u> Chicken Patty/Cheese (2 oz.) Baby Carrots (1/2 cup) Pear (1/4 cup) WW Hamburger Bun (1 srvg.) Ketchup Packet (1 ea.) Ranch Dressing (1 ea.) 0% Chocolate Milk (1 cup)
29 <u>Italian Sub Sandwich</u> Sliced Turkey & Turkey Pepperoni (2 oz.) Cucumber Chips (1/2 cup) Apple (1/4 cup) WW Sub Bun (1 srvg.) Mayonnaise Packet (1 ea.) Tajin Packet (1 ea.) 1% White Milk (1 cup)	30 <u>Nachos</u> Shredded Cheese (2 oz.) Refried Beans/Salsa (1/2 cup) 100% Fruit Juice (6.75 oz.) WG Tortilla Chips (1 srvg.) 1% White Milk (1 cup)	31 <u>Corn Dog</u> Chicken/Turkey Frank (2 oz.) Elote (Corn) 1/2 cup) Fruit Cup (4 oz.) WG (Corn Dog) Breading (1 srvg.) Ketchup Packet (1 ea.) 0% Chocolate Milk (1 cup)		