

SEPTEMBER 2025

Thomaston Center School

School Year 2025/26 Lunch Prices: Reduced: 0.40 Full Pay: \$3.75

Make payments, check transactions or apply for free and reduced meals online @ linaconnect.com

Monday

No School



Meatless Monday! 8

Mozzarella Sticks Marinara Sauce Mixed Vegetables

Meatless Monday! *New*

Cheesy Pull Apart Bread Marinara Sauce **Curly Fries**

Meatless Monday! 22

MaxStix Dunkers Marinara Sauce Garlic Green Beans

Meatless Monday! 29

Grilled Cheese on Whole **Grain Bread Tomato Soup**

Tuesday

Back to School BBQ

Popcorn Chicken Curly Fries Baked Bean **BBQ Sauce** Cornbread Muffin Watermelon

Chicken Nuggets

Potato Wedges Glazed Carrots WG Honey Biscuit

Takeout Tuesday!

Popcorn Chicken with Sweet & Sour Dipping Sauce Brown Rice Broccoli

TPS- Chicken Bowl 23 Popcorn Chicken

Mashed Potatoes Steamed Corn WG Honey Biscuit

Chicken Nuggets Smile Fries Garlic Breadstick

Wednesday

Chicken Penne Alfredo WG Garlic Knot Broccoli

10

WG Mac and Cheese WG Breadstick Broccoli

Pasta & Meat (Beef) Sauce WG Breadstick **Cheesy Summer Squash**

Burger Wednesday! 24

Cheeseburger Crinkle Cut Fries Vegetarian Baked Beans

30

Everyday Offerings: Assorted Fresh and Canned Fruit Rainbow Veggie Tray 100% Fruit Juice Choice of Unflavored Low fat or Flavored Fat free Milk

Thursday

Beef Nachos (Seasoned Ground Beef and Cheese Sauce over Tortilla Chips)

Brown Rice, Black Beans Corn Salad, Sour Cream and Salsa

Cheeseburger

French Fries Vegetarian Baked Beans

Try it Thursday!

Chicken or Cheese Quesadilla Cilantro Lime Rice Seasoned Black Beans Salsa and Sour Cream

*Lucky Tray Day- If your tray has a sticker, you will win a free snack!

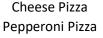
French Toast Sticks Hash Brown Patty Chicken Sausage Egg Patty Maple Syrup

All Meals include choice of entrée, milk. fruit, hot and cold vegetable. Must include

at least one fruit or vegetable.

Friday

Stuffed Crust Pizza Garden Salad With Italian Dressing



Garden Salad With Italian Dressing

Cheese Pizza Buffalo Pizza

Garden Salad With Ranch Dressin

Stuffed Crust Pizza Garden Salad with **Italian Dressing**

DAILY ALTERNATIVE MEALS:

Sun Butter and Jelly Sandwich Crispy Chicken Salads **Yogurt Parfait** Turkey or Ham Sandwich Muffin Box

Menu is subject to change. This institution is an equal opportunity provider. Please notify Kitchen Manager of any allergies. Contact Food Service Director Jennifer Zarrilli, MS, RDN, CDN with any questions - 203-879-8145 or jzarrilli@thomastonschools.org

