

LUNCH

All Meals include choice of Flavored Fat free Milk entrée, milk, fruit, hot and cold vegetable. Must include at least one fruit or vegetable.

FEBRUARY 2026

Thomaston Center School

School Year 2025/26 Lunch Prices:
Reduced: 0.40
Full Pay: \$3.75
Make payments, check transactions or apply for free and reduced meals online @ linqconnect.com



Monday

Groundhog Grub Day 2

Pull Apart Bread
Burrow Down Dipping Marinara Sauce
Green Shadow Italian Green Beans

Tuesday

3

Chicken Smackers
Mashed Potatoes, Steamed Corn
Honey Biscuit

Wednesday

4

Cozy Sweater Day- Snuggle Up with School Lunch

Mac & Cheese
Garlic Breadstick, Broccoli

Thursday

Pregame Day Bites 5

Touch Down Chicken Tenders
Cheer Squad Nachos with Cheese Sauce
Harvest Alert:
Victory Rainbow Carrots with Ranch Dip



Friday

6

Bagel Pizza
Garden Salad with Italian Dressing

9

Hamburger or Cheeseburger
Vegetarian Baked Beans
Celebration Cookie

10

Chicken Tenders
Crinkle Cut Fries
Texas Toast

11

Meatball Grinder
Sweet Potato Fries
Green Beans

Love Your Lunch Day! 12

Heart Shaped Chicken Nuggets
Happy Friendship Smile Fries
Harvest Alert:
New Cajun Carrots
Be Mine Sidekick Treat



No School 13

Have a Great Long Weekend!



No School 16



Happy Lunar New Year! 17

Popcorn Chicken
Sweet & Sour Dipping Sauce
Brown Rice
Zen Garden Veggies
Fortune Cookie



18

Pasta and Meat Sauce
Garlic Knot
Broccoli

19

Confetti Pancakes
Chicken Sausage
Hash Brown

Personal Pizza Day 20

Choice of a Personal Cheese or Pepperoni Pizza
Garden Salad with Ranch Dressing

23

Mozzarella Sticks
Marinara Sauce
Mixed Veggies

24

Chicken Nuggets
Smile Fries
Garlic Breadsticks

25

Pasta and Meatballs
Garlic Knot
Broccoli

Carnival Celebration! 26

New Funnel Cake
Chicken Sausage
Hash Brown



27

Choice of Cheese or Pepperoni Slice
Garden Salad with Italian Dressing

February Harvest of the Month: Carrots!
Crunchy, colorful, and super tasty—carrots are our **Harvest of the Month** for February! Carrots help keep our eyes healthy and strong because they are packed with **vitamin A**, which is great for vision and growing bodies. 🥕 ✨
Did you know? Carrots grow really well right here in **Connecticut** and are one of the vegetables our local farmers can store and enjoy all winter long. That means even in February, carrots can still be fresh and local! Be sure to give them a crunch and celebrate this yummy veggie with us! ❤️

Everyday Offerings:
Assorted Fresh and Canned Fruit
Rainbow Veggie Tray
100% Fruit Juice
Choice of Unflavored Low fat or All Meals include choice of Flavored Fat free Milk

DAILY ALTERNATIVE MEALS:
Sun Butter and Jelly Sandwich
Crispy Chicken or Vegetarian Salad
Turkey or Ham Sandwich
Fruit & Yogurt Parfait
Muffin Box or Bagel Box

Menu is subject to change. Students with food allergies should notify the cafeteria staff and check with the food service manager before selecting meals.

This institution is an equal opportunity provider. Contact Food Service Director, Jennifer Zarrilli, MS, RDN, CDN with any questions

203-879-8145 or jzarrilli@thomastonschools.org

