

ESSONA SPA MASSAGE MENU

SIGNATURE ZANZIBAR RITUALS

Bahari Deep Release

A deep tissue massage inspired by the power of the Indian Ocean, designed to release chronic tension and restore muscular balance.

60min \$110 | 90 min \$150

Upepo Aromatherapy Journey

A flowing full-body massage using warm aromatic oils, inspired by the coastal breeze to calm the nervous system and promote deep relaxation.

60min \$95 | 90min \$130

Moto wa Mawe Hot Stone Ritual

Smooth heated volcanic stones combined with massage techniques to melt stress, improve circulation, and ground the body.

75min \$140 | 90min \$165

Siam Stretch Therapy

Traditional Thai massage using assisted stretching, acupressure, and rhythmic compression to improve flexibility and energy flow.

60min \$120 | 90min \$160

BEACHFRONT SPA EXPERIENCES

Bahari Harmony (Couples Massage – Beachfront Only)

A side-by-side aromatherapy massage performed in our dedicated beachfront massage rooms, accompanied by ocean sounds and sea breeze.

60min \$190 per couple | 90 min \$260 per couple

Miguu ya Bahari – Beachfront Foot Massage

A revitalising foot and lower-leg massage focused on pressure points to ease fatigue and restore circulation.

30min \$45 | 45min \$60

PRIVATE IN-ROOM EXPERIENCE

Joud In-Room Massage

Enjoy your preferred massage treatment in the privacy and comfort of your room or suite. Ideal for guests seeking total discretion and convenience.

60min \$145 | 90min \$195

ENHANCEMENTS

- Warm Herbal Oil Upgrade – 15\$
- Targeted Back, Neck & Shoulder Focus (15 min) – 25\$
- Scalp & Pressure Point Massage (15 min) – 25\$

SPA ETIQUETTE & WELLNESS NOTES

- Please arrive 10 minutes prior to your scheduled appointment.
- Guests are kindly requested to inform therapists of any medical conditions or injuries.
- Couples massages are exclusively offered in designated beachfront massage rooms.
- In-room treatments are subject to space and availability.
- Cancellations within 4 hours may incur a cancellation fee.
- All treatments are performed by professionally trained therapists.