

GOOD MORNING!

7:30am – 11am

FROM THE COLD BUFFET

DETOX SHOTS

Total energy boosters

FRESHLY SQUEEZED JUICES

Seasonal fruit juices: Pineapple | Mango
Watermelon | Passion | Infused water

SMOOTHIES

Seasonal fruit & Greek yoghurt

SEASONAL FRUITS

Assortment of fresh sliced fruits

CEREALS & MORE

CHIA SEED BOWL

Coconut milk, soaked chia seeds, fruits

ASSORTED TOASTIES

Avocado | Cheese & tomato | Balsamic peppers

CORNFLAKES | WEETABIX | MUESLI | CHOCOFLAKES

Served with warm or cold milk & natural honey
Please ask your waitron for non-dairy milk option

BAKERY & PASTRIES

Assorted freshly baked bread with butter
Homemade preserves & compotes | Buttered &
chocolate croissant | Fruit Muffin | Danish pastry
| Artisanal bread slices

Please inform your waitron of any food allergies

CHEESE & COLD MEAT BOARD

A curated selection of local and international
cheeses, cured meats, olives, and artisanal bread

FROM THE HOT KITCHEN

OATS OR MILLET PORRIDGE

Butter & honey

FRENCH TOAST & WAFFLE

Served with choice of: Dark chocolate sauce |
Homemade compote | Nutella | Maple syrup | Cream

EGG PREPARATION

Served with toast, potato of the day, grilled tomatoes

OMELETTE

With your choice of filling: Cheese | Chili | Bell pepper
| Tomato | Mushroom | Onion

SCRAMBLED

Creamy scrambled served on toast

FRIED

Sunny side up | Turn over

POACHED

Served with English muffin & Hollandaise

BOILED

Hard | Soft

SIDES

Sautéed mushrooms | Baked beans | Beef bacon | Stir
fried vegetables | Beef sausages