

# LifeGroups Catalog / Winter 2026



## Sundays

Group#	Focus Audience	Facilitator Topic	Location	Time
LIFE01	New to the Christian Faith Co-Ed   All Ages	Sis. Shannon Easton <i>LifeBuilders   For anyone new to Jesus or wants to know more about the Christian Faith. BEGINS IN 2/1/26</i>	In-Person NLC Praise Room Hybrid	9 AM

## Mondays

Group #	Focus Audience	Facilitator Topic	Location	Time
COED01	Christian Living Seniors	Bro. Derek Hobson & Sis. Ethel Coleman <i>Coffee Club--Ecclesiastes</i>	In-Person NLC The Atrium Hybrid	9:30 AM
WOM01	Prayer Group Women   All Ages	Sisters Patrice Chandler & MaLeda Alexander <i>TD Jakes' When Women Pray</i>	Zoom	6 PM
COED02	Christian Living Seniors	Eld. Robert & Sis. Sandra Goodwin <i>Ecclesiastes</i>	Zoom	6 PM
GROW01	Study Group All   All Ages	Min. Ulanda Branch <i>The Book of Ephesians</i>	Zoom	6 PM

## Tuesdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM04	Christian Living Women   All Ages	Sis. Annetta Salley <i>Before the Day Speaks (Lent)</i>	Zoom	7 AM
MEN01	Discipleship Men's	Min. Joey Hudson <i>The Bible in 52 Weeks</i>	In-Person NLC Hybrid	6 PM
GROW07	Prayer Group All	Candice Evans <i>The Prayer Breath</i>	Zoom	6:30 PM
WOM02	Bible Study Women	Dr. Maggie Glover <i>See: Discovering the Freedom to Be Authentically You</i>	Zoom	6:30 PM
CLERGY01	Leadership Dev. Clergy	Elder Sherry MacDonald <i>The Bait of Satan</i>	In-Person NLC The Atrium	6:30 PM

## Wednesdays

WEDNESDAY NIGHT BIBLE STUDY WITH BISHOP AT NEW LIFE @ 6:30				
Group #	Focus Audience	Facilitator Topic	Location	Time
BIB101	Bible Study Co-Ed   All Ages	Dr. Ken Rutherford <i>How To Study the Bible</i>	In-Person NLC Room Hybrid	12 PM
TEEN01	Bible Study Co-Ed   Teens	Elder Ashton Spencer <i>Teen City Imprint (grades 9-12)</i>	In-person Prayer @ New Life	6:30 PM
TEEN02	Bible Study Co-Ed	Sis. Rebecca Harris <i>Jr. High Small Group (grades 6-8)</i>	In-person The Atrium @ New Life	6:30 PM
AWANA	Bible Study Co-Ed   Children	AWANA <i>Kid's Bible Club for ages 4yrs. - 5<sup>th</sup> Grade</i>	In-person Preparation Room @ New Life	6:30 PM

## Thursdays

Group #	Focus	Facilitator	Location	Time
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	Audience	Topic		
FPU01	Finances Co-Ed   All Ages	Bro. Sam Douglas <i>Financial Peace University</i> <b>GROUP BEGINS 1/29/26</b>	In-Person NLC Prayer Room Hybrid	6 PM
YA01	Discipleship Co-Ed   Ages 18–35	Ignite Young Adult Team <i>Young Adult Discipleship (ages 18-35)</i>	In-person NLC The Atrium	6 PM
GROW04	Bible Study Co-Ed   All Ages	Elder Carolyn Marshall <i>The Book of Exodus</i>	Zoom	6:30 PM
WOM03	Discipleship Women	Elder Dagne Barton <i>Vision B.O.A.R.D.ing with Spiritual Sight</i>	Zoom	6:30 PM

## Fridays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM05	Bible Study Women   All Ages	Sisters Juaniki Clark & Annetta Salley <i>Bible 3-6-5</i>	Zoom	7 AM

## Saturdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM06	Christian Living Women   All Ages	Sis. Annetta Salley <i>Embracing Sacred Rest</i>	In-person New Life	7 AM
GO02	Evangelism Co-Ed   All Ages	Min. Teresa Johnson <i>How To Reach People for Christ</i>	Zoom	10 AM
WELL02	Wellness Co-Ed   All Ages	Sis. Felicia Abrams <i>The 40-Day Feast</i>	Zoom	11 AM

# Group Descriptions

\*\*\*Most Sessions begin the week of February 15<sup>th</sup>\*\*\*

## SUNDAYS

### Life Builders – GROW01

Facilitated by Sister Shannon Easton | Sunday's @ 9 AM

**Focus:** Discipleship

**Description:** This is for all those who wish to explore or enrich their faith and for new beginners or those starting afresh! This group is designed for anyone who wishes to better understand why we believe what we believe by returning to the basics and foundation of the roots of our faith to confirm what it means to follow Christ in today's challenging world.

**Location:** Praise Classroom

(Near the Front Desk in NE Corner of the Church)

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

618.632-6542

Zoom option available when needed (Hybrid)

## MONDAYS

### Seasoned Saints Morning Group - COED02

Facilitated by Brother Derek Hobson & Sister Ethel Coleman (**Monday Morning Coffee Club – Mondays @ 9:30 AM**)

**Focus:** Christian Living

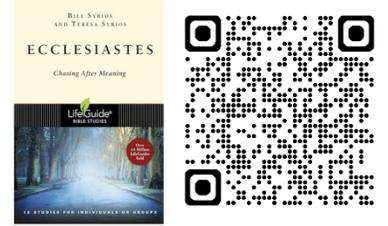
**Description:** Are you tired of pat answers to your hard questions of faith? The writer of Ecclesiastes is not afraid to confront your dilemmas. Like "Where can you find fulfillment?" And "Who is really in control of this world that seems so topsy-turvy?" Or "Is there any value in my work, my struggles, my life?"

As you explore this fascinating Old Testament book in this twelve-session LifeGuide® Bible Study by Bill and Teresa Syrios, you will discover how God brings meaning to the world and how following God brings meaning to your life.

**Location:** *West Lobby Café*  
(The Atrium in SW Corner of the Church)  
*New Life in Christ*  
689 Scott-Troy Road  
Lebanon, IL 62254  
618.632-6542

Hybrid Options available for Monday Mornings' Coffee Club.

**Resource:** *Ecclesiastes: Chasing After Meaning* by Bill and Teresa Syrios  
[Click Here to view "Ecclesiastes: Chasing After Meaning"](#)



### **Women's Prayer Group – WOM01**

*Facilitated by Sisters Patrice Chandler & MalLeda Alexander (Monday Evenings @ 6 PM)*

**Focus:** Prayer for Women

**Description:** In a time when women carry more influence than any other generation, the power of prayer has never been more important to remind us that we do not have to bear our crosses alone. We need prayer to stand guard over our hearts and minds and over the hearts and minds of our families.

**Location:** Zoom

**Resource:** "When Women Pray" by T.D. Jakes  
[Click Here to view "When Women Pray"](#)



### **Seasoned Saints Evening Group - COED03**

*Facilitated by Elder Robert & Sister Sandra Goodwin (Monday Evenings @ 6 PM)*

**Description:** Are you tired of pat answers to your hard questions of faith? The writer of Ecclesiastes is not afraid to confront your dilemmas. Like "Where can you find fulfillment?" And "Who is really in control of this world that seems so topsy-turvy?" Or "Is there any value in my work, my struggles, my life?"

As you explore this fascinating Old Testament book in this twelve-session LifeGuide® Bible Study by Bill and Teresa Syrios, you will discover how God brings meaning to the world and how following God brings meaning to your life.

**Location:** Zoom Only (Due to Weather)

**Resource:** *Ecclesiastes: Chasing After Meaning* by Bill and Teresa Syrios  
[Click Here to view "Ecclesiastes: Chasing After Meaning"](#)



### **Co-Ed Bible Study Group – GROW03**

*Facilitated by Minister Ulanda Branch (Monday Evenings @ 6 PM)*

**Focus:** Co-Ed Bible Study for ALL

**Description:** *Has it ever dawned on you that nothing has ever dawned on God?* He knew before the world began that His people would face hardship, so He gave us His Word. The Book of Ephesians is a survival manual—it equips believers to thrive in a world that hates the message of Jesus Christ. Paul the Apostle writes to encourage believers to live well—we've been lifted from the graveyard of sin and called to shout the gospel into the darkened world.

Pastor and author J.D. Greear walks through the powerful words of Paul. In 9 sessions, J.D. digs into the text of Ephesians verse-by-verse and challenges believers to live out the gospel. If the people of your city, of your school, of your family are going to hear the gospel, it's going to be from your mouth. Encounter Ephesians and get swept up into the story of Jesus.

**Location:** Zoom

**Resource:** "The Book of Ephesians" by J.D. Greear

[Click Here to view "The Book of Ephesians"](#) on **RightNow Media** (New to RightNow Media? [Click here!](#))

[Click Here to view trailer](#)



## **Tuesdays**

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### **Before the Day Speaks – WOM04**

*Facilitated by Sister Annetta Salley (Tuesdays @ 7 AM Noon)*

**Focus:** Christian Living

**Description:** Before the Day Speaks is a sacred Tuesday morning LifeGroup where women gather in God's presence with the intention to be formed, not rushed. Guided by the Word of God and attentive listening to the Holy Spirit. This space invites participants to begin the day grounded, aligned, and already led—carrying faith and intention into the hours ahead.

**Location:** Zoom

### **The Bible in 52 Weeks – MEN03**

*Facilitated by Minister Joey Hudson (Tuesday Evenings @ 6 PM)*

**Focus:** Bible Study for Men

**Description:** Applying the wisdom of the Bible to your life is an integral part of being a Christian man, but it's not always easy to find the time for Bible study. *The Bible in 52 Weeks for Men* gives you a clear path to connect with the Lord, guiding you as you read the Bible every day for one year. It's an easy reading plan that takes you through Scripture week by week, with included lessons and questions designed to help you strengthen your faith and live by His word.

Learn from every chapter of the Bible with a weekly format that only requires about fifteen minutes of reading each day and only one study session each week.

**Location:** *Preparation Classroom*

(Just Past the Front Desk in NE Corner of the Church)

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

**Resource:** "The Bible in 52 Weeks" by Josh Laxton

[Click Here to view "The Bible in 52"](#)



Zoom option available when needed (Hybrid)

### **The Prayer Breath – GROW07**

*Facilitated by Author Candice Evans (Tuesday Evenings @ 6:30 PM)*

**Focus:** Prayer Group for ALL

**Description:**

*The Prayer Breath Life Group is a 6-week virtual workshop designed to help Life Changers and community members deepen their relationship with God through biblically-grounded breathing and meditation practices. Based on Daniel Kooman's "Breath of Life: Three Breaths that Shaped Humanity," this program teaches participants to experience God's presence in every moment through the ancient Christian practice of breath prayer.*

**Location:** Zoom

**Resource:** "DIG by Candice Evans  
[Click Here to view "DIG: Develop in Grace"](#)



### **See: Discovering the Freedom to Be Authentically You– WOM02**

*Facilitated by Dr. Maggie Glover (Tuesday Evenings @ 6:30 PM)*

**Focus:** Christian Living for Women

**Description:** Each of us enter this world with a divine desire to be seen as our true self, yet somewhere along the way, most of us end up struggling to live out our God-given identity, and masks become our protection. As a result, we often end up with shallow or difficult relationships where we can't be real with anyone, even with God. Is this the way we are supposed to live? How would our stories change if through our relationship with Jesus, we could shed these cover-ups, discover the beauty of vulnerability, and begin to live a life of great abundance? Through inspiring video sessions, engaging group questions, and opportunities for personal reflection, take a guided journey to being truly seen by Jesus, empowering you to break free from the façade and step into the fullness of who He created YOU to be.

**Location:** Zoom

**Resources:** "See" by Lynne Farrell  
[Click Here to view "Discovering the Freedom"](#) on **RightNow Media (New to RightNow Media? [Click here!](#))**  
[Click Here to view trailer](#)



### **The Bait of Satan–CLERGY01**

*Facilitated by Elder Sherry McDonald (Tuesday Evenings @ 6:30 PM)*

**Focus:** Leadership Development for New Life's Clergy

**Description:** Escape the enemy's deadly trap! The Bait of Satan exposes one of the most deceptive snares Satan uses to get believers out of the will of God-offense. Most people who are ensnared by the bait of Satan don't even realize it. Don't be fooled! You will encounter offense, and it's up to you how it will affect your relationship with God. Your response will determine your future. If offense is handled correctly, you will become stronger rather than bitter. In this new twentieth anniversary edition, John Bevere shows you how to identify the traps ahead of you and escape the victim mentality. With declaration-style prayers and testimonials from people whose lives have been changed by his message, this book will inspire you to stay free from offense and its destructive power.

**Location:** *The Atrium* (in SW Corner of the Church)

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

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**Resource:** "The Bait of Satan" by John Bevere  
[Click here to buy the Book](#) on Amazon



# **Wednesdays**

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## **How to Study the Bible – BIB101**

*Facilitated by Dr. Ken "DK" Rutherford (Wednesday @ 12 PM)*

**Focus:** Bible Study

**Description:**— Join us weekly on Wednesdays at noon to learn how to read from the Bible. We will use illustrated videos from [The Bible Project](#) to better guide us in the best way to read Scripture. As you munch on your lunch, if you can't make it to Noon Day prayer, hop online to get connected closer to Christ thru his Word! You're also welcome to join us at the church as you like and brown bag it as well!

**Location:**

*New Life in Christ*  
689 Scott-Troy Road  
Lebanon, IL 62254  
618.632-6542

## **Weekly Word on Wednesday for ALL**

*Facilitated by our very own Bishop Dudley (Wednesday Evenings @ 6:30 PM-after our weekly lite community meals [5:45 PM])*

Join us weekly for a more intense experience for interaction in Sunday's Word with our Wednesday Night Weekly Bible Study.

**Location:** *Main Sanctuary*

*New Life in Christ*  
689 Scott-Troy Road  
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618.632-6542

Zoom option available when needed (Hybrid)

Our children and teens' programs are available during *The Word on Wednesday*, our weekly in-house Bible Study with our Beloved Bishop, after our Lite Meal that begins at 5:45 PM for a full Family Experience each Wednesday Evening, where you don't even need to worry about eating as we have our weekly lite community meals each time. **Register your kids below:**

## **Teen City Imprint – TEEN02**

*Facilitated by Elder Ashton Spencer (Wednesday Evenings @ 6:30 PM-after our weekly lite community meals [5:45 PM])*

**Focus:** Bible Study

**Description:**— In this Teen City Imprint group specifically for teen-agers, we walk through the important steps of daily, dynamic discipleship.

**Location:** *East Lobby Café*

*New Life in Christ*  
689 Scott-Troy Road  
Lebanon, IL 62254  
618.632-6542

## **Jr. High TBA– TEEN03**

*Facilitated by Sister Rebecca harris (Wednesday Evenings @ 6:30 PM-after our weekly lite community meals [5:45 PM])*

**Focus:** Jr. High Club

**Description:**— This is our Jr. High Club where we learn the principles to be connected to Christ as we are connected to each other after our weekly lite meals provided each week @ 5:45PM in the MPR!!

**Location:** *The Atrium*

*New Life in Christ*  
689 Scott-Troy Road  
Lebanon, IL 62254

## **AWANA**

*Facilitated by our various Kids' Rock Team (Wednesday Evenings @ 6:30 PM-after our weekly lite community meals [5:45 PM])*

**Focus:** Kids Bible Study

**Description:**— Kid's Bible Club for ages 4yrs. – 5th Grade

AWANA is a fun, high-energy program where our children learn to know, love, and serve God through Scripture memory, Bible lessons, and team games. Rooted in faith and community, AWANA helps our kids build a strong foundation in Christ while celebrating who they are in Him. Chef-prepared meals provided each week @ 5:45PM in the MPR!!

Additional registration required upon enrollment.

Please use [this link by clicking here](https://nlicic.cbchurch.com/goto/forms/456/responses/new) or going to the link in your favorite browser:

<https://nlicic.cbchurch.com/goto/forms/456/responses/new>

**Location:** *Preparation Classroom*

*New Life in Christ*

689 Scott-Troy Road

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## ***Thursdays***

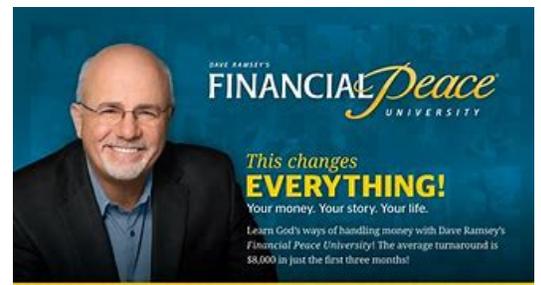
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## **Financial Peace University – FPU01**

*Facilitated by Brother Sam Douglas (Thursdays @ 6 PM)*

**Focus:** Bible Reading & Study

**Description:** Tired of debt? Do you want to be debt free? Make Your Money Work for You! Learn How to Budget, Payoff Debt, Invest, and More. Change your life with Financial Peace University! Say bye to debt with their 8-step plan. Plan for your future. Win with money. Dump debt. Build a Legacy. Additional registration required upon enrollment.



**Location:** *NLC's Praise Room*

(The Praise Room is located directly across from the front desk in the church's NE corner)

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

618.632-6542

Also, it is available on Zoom

## **The Christian Life– YA01**

*Facilitated by Ignite Young Adult Team (Monday Evenings @ 6 PM)*

**Focus:** Discipleship

**Description:** Ignite is for Young Adults aged 18-35 looking for a Co-Ed program for living the genuine Christian Life as outlined in the Scriptures in today's ever-changing context for spiritual growth & discipleship.

**Location:** *The Atrium*

(The Atrium is located in the West side of the Church)

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

618.632-6542

In-Person Only

## **Exodus: Becoming God's People – GROW04**

*Facilitated by Elder Carolyn Marshall (Thursday Evenings @ 6:30 PM)*

**Focus:** Bible Study for All

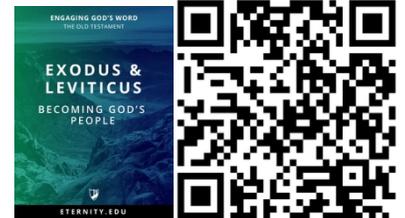
**Description:** What does it mean to be the people of God? How does God's purpose for Israel relate to the church today? What is going on in Leviticus and do I really need to know this stuff?... Really? We'll cover these questions and so much more.

Engaging God's Word is an in-depth exploration of the Bible, designed to help you make sense of what you're reading and help you find your place in God's great unfolding story.

**Location:** Zoom

**Resource:** "Exodus" by Ernesto Duke

[Click Here to view "Exodus"](#) on [RightNow Media](#) (New to RightNow Media? [Click here!](#))



### **Vision B.O.A.R.D.ing with Spiritual Sight– WOM03**

*Facilitated by Elder Dagne Barton (Thursday Evenings @ 6:30 PM)*

**Focus:** Christian Living for Women

**Description:** This 6-week LifeGroup is designed for women who desire to grow in spiritual clarity, purpose, and intentional planning. Through a combination of biblical teaching, prayer, personal reflection, and practical planning tools, participants will learn how the Holy Spirit sharpens our spiritual vision and how to organize our lives around what God reveals.

Using the ValUAdded Coaching Vision Board framework and the BOARD method (Believe, Organize, Accountability, Reality-Based, Destiny), this LifeGroup empowers women to not just dream — but to discern, plan, and build. Together we will pursue clarity for the year, establish healthy rhythms, invite accountability, and align our next steps with God's timing and direction.

This group is for women in transition, women seeking clarity, women re-entering purpose, and women who feel the nudge that "there is more" — spiritually, personally, or professionally. eBook available at first class.

**Location:** Zoom

## ***Fridays***

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### **BIBLE3-6-5 – WOM05**

*Facilitated by Sisters Juaniki Clark & Annetta Salley (Friday Mornings @ 7 AM)*

**Focus:** Bible Study

**Description:** Grow your faith week by week through this guided journey for women in God's Word. With themed readings, reflection questions, and real-life application, this study helps women connect Scripture to everyday life— together.

**Location:** Zoom

**Resource:** "The Bible in 52 Weeks" by Dr. Kimberly D. Moore

[Click Here to view "The Bible in 52 Weeks"](#)



## **Embracing Sacred Rest – WOM06**

*Facilitated by Sister Annetta Salley (Saturday Mornings @ 7 AM)*

**Focus:** Christian Living

**Description:** Grow Tired in more ways than one? In this life-giving study, Dr. Sandra Dalton-Smith helps us explore seven types of rest we all need—physical, emotional, spiritual, and more. It's time to release the guilt, set healthy boundaries, and receive rest as the sacred gift God designed it to be.

**Location:** In-person

*New Life in Christ*

689 Scott-Troy Road

Lebanon, IL 62254

618.632-6542

**Resource:** "Sacred Rest: Recover Your Life, Renew Your Energy, Restore Your Sanity" by Dr. Sandra Dalton-Smith

[Click Here to view "Sacred Rest"](#)

## **How to Reach People for Christ? – GO02**

*Facilitated by Minister Teresa Johnson (Saturday Mornings @ 10 AM)*

**Focus:** Evangelism

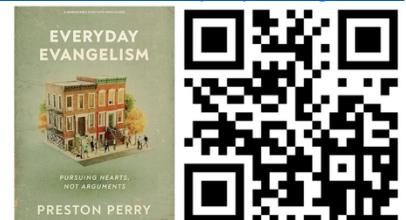
**Description:** Sharing your faith is not about winning arguments; it's about winning hearts. And the way to do that is by engaging others with love, respect, and truth.

In this six-session study, you'll be equipped with practical, effective ways to share the truth of the gospel with your friends, neighbors, and coworkers. You'll be inspired by the author's own story of how he came to know Jesus through a friend who reached out to him in love, invited him into his life, and showed him what it truly means to be a Christian. You'll also be challenged to respond to God's call to be bold—because eternity is at stake.

**Location:** Zoom

**Resource:** "Everyday Evangelism" by Preston Perry

[Click Here to view "Everyday Evangelism"](#)



## **40-Day Feast– WELL02**

*Facilitated by Sister Felicia Abrams (Saturday Mornings @ 11 AM)*

**Focus:** Bible Study

**Description:** Get hungry for God's Word

Many Bible believers aren't Bible readers, while others devour God's Word and are hungry for more. Whether you've read your Bible multiple times, only tasted bits and pieces, or are ready to finally whet your appetite for the first time ever, these forty daily devotionals will help you to taste and see how good and applicable God's Word is to your daily life.

The 40-Day Feast invites you to the table to

- learn how to ingest and digest whole passages for yourself
- discover the transforming power bound up in your Bible
- apply its truths to your daily life
- awaken a deep hunger for more of God and less of the things that don't satisfy

Now is the time to seek and find what God has to say and how we are to live as a result. Pull up a chair! Welcome to the feast!

**Location:** Zoom

**Resource:** "40-Day Feast" by Wendy Speake

[Click Here to view "40-Day Sugar Feast"](#)

