

LifeGroups Catalog | Fall 2025



Sundays

Group#	Focus Audience	Facilitator Topic	Location	Time
GROW01	New to the Christian Faith Co-Ed All Ages	Sis. Shannon Easton <i>LifeBuilders For anyone new to Jesus or wants to know more about the Christian Faith.</i>	In-Person Praise Room Hybrid	9 AM

Mondays

Group #	Focus Audience	Facilitator Topic	Location	Time
COED02	Christian Living Seniors	Bro. Derek Hobson & Sis. Ethel Coleman <i>Coffee Club: Growing Older & Wiser over Coffee</i>	In-person Atrim Cafe	9:30 AM
GROW03	Bible Study Co-Ed All Ages	Min. Ulanda Branch <i>Study of The Book of Hebrews</i>	Zoom	5:30 PM
YA02	Christian Living College Age 18-22	Bro. Nick Skinner <i>IGNITE Young Adults - College Life</i>	Zoom	6 PM
COED03	Christian Living Seniors	Eld. Robert & Sis. Sandra Goodwin <i>Growing Older & Wiser</i>	In-Person Preparation Room Hybrid	6 PM
GROW06	Bible Study Co-Ed All Ages	Sis. Mary Casey <i>Keep Thy Tongue</i>	Zoom	6:30 PM
PAR01	Parenting Co-Ed Parents Grand/Step, Etc.	Eld. Ashton <i>Parent Solutions</i>	Hybrid Praise Room	6:30 PM
GO01	Bible Study Co-Ed All Ages	Sis. Kimberly Waters <i>Sunday Sermon Recap Applying the Word to Your Life</i>	Zoom	6:30 PM
DISC01	Discipleship Co-Ed Disclplers	Pastor Mahogany Dudley-Finley <i>Practicing the Way GROUP BEGINS IN OCTOBER</i>	Zoom	7 PM
WOM02	Christian Living Women	Carol Daniel	Zoom	TBA

Tuesdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM04	Bible Study Women	Sis. Annetta Salley <i>Women Reading the Bible in Community</i>	Zoom	12 PM
WELL01	Wellness Co-Ed All Ages	Deac. Dr. Gregory & Sis. JoAnn Collins <i>Wellness 2025</i>	Zoom	6 PM
MEN03	Christian Living Men	Elder Butch Singleton <i>Unashamed</i>	Elder Butch’s Home in O’Fallon	6 PM
GROW05	Bible Study Co-Ed All Ages	Dr. Nikki Brown & Sis. Brenda Brooks <i>Lyrics of Life: A Study in the Psalms</i>	Zoom	6:30 PM
WOM01	Discipleship Women	Min. Dagne <i>The Ruthless Elimination of Hurry</i>	Zoom	7 PM
COED01	Couples Co-Ed All Ages	Deac. David and Sis. Vanniecia Brown <i>The Rhythm of US</i>	Zoom	6:30 PM

Wednesdays

WEDNESDAY NIGHT BIBLE STUDY WITH BISHOP AT NEW LIFE @ 6:30				
Group #	Focus Audience	Facilitator Topic	Location	Time

TEEN01	Bible Study Girls Teens	Sis. Jessica Spencer <i>Teen City Imprint—Girlies in the Psalms</i>	In-person @ New Life	6:30 PM
TEEN02	Bible Study Boys Teens	Elder Ashton Spencer <i>Teen City Imprint—The Bro. Code</i>	In-person @ New Life	6:30 PM
TEEN03	Bible Study Co-Ed	Jr. High TBA	In-person @ New Life	6:30 PM
AWANA	Bible Study Co-Ed Children	AWANA <i>Kid’s Bible Club for ages 4yrs. – 5th Grade</i>	In-person @ New Life	6:30 PM

Thursdays

Group #	Focus Audience	Facilitator Topic	Location	Time
FPU01	Finances Co-Ed All Ages	Bro. Sam Douglas <i>Financial Peace University</i>	Zoom	6 PM
CARE01	<i>Those walking through Grief</i> Co-Ed All Ages	Sis. Angela Sweetland & Pastor Lil Sexton <i>GriefShare</i>	In-Person Praise Classroom	6 PM
YA01	Discipleship Co-Ed Ages 18–35	Ignite Young Adult Team <i>The Christian Life</i>	In-person The Atrium	6 PM
YA03	Leadership <i>Aspiring & emerging leaders</i>	Bishop Dudley <i>The Making of a Leader – Emerging Leaders</i>	In-Person NLC <i>2nd & 4th Thurs</i>	6 PM Bi-Weekly
LEAD01	Leadership <i>Clergy, Deacons, & Sr. Lay Leaders</i>)	Bishop Dudley <i>The Making of a Leader - Clergy, Deacons, & Sr. Lay Leaders</i>	In-Person NLC <i>1st & 3rd Thurs</i>	6 PM Bi-Weekly
GROW02	Christian Living Co-Ed All Ages	VNL—Pastor Sherry Cook <i>Practicing the Way of Jesus</i>	Zoom	6:30 PM
WOM03	Christian Living Women All Ages	Sis. Dana Kerney <i>The Cost of Control</i>	Zoom	6:30 PM
GROW07	Christian Living Co-Ed All Ages	Dr. Barbara Washington w/ Min. Patrick Nelson <i>Experiencing God</i>	Zoom	6:30 PM
GROW04	Bible Study Co-Ed All Ages	Elder Carolyn Marshall <i>Genesis: The Story Begins</i>	Zoom	6:30 PM
GO02	Christian Living Co-Ed All Ages	Bro. Mike Brown & Sis. Phyliss Hager <i>Divine Warriors—Leading Through Storms</i>	Zoom	6:30 PM

Fridays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM05	Bible Study Women All Ages	Sis. Annetta Salley <i>Bible in 52 Weeks</i>	Zoom	7 AM

Saturdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM06	Christian Living Women All Ages	Sis. Annetta Salley <i>Embracing Sacred Rest</i>	In-person	7 AM
YA04	Discipleship Co-Ed 18-40	Bro. Antwan Harris <i>Practicing Prayer</i>	Zoom	10 AM
WELL02	Wellness Co-Ed All Ages	Sis. Felicia Abrams <i>40-Day Sugar Fast</i>	Zoom	10:30 AM
WOM07	Bible Study Women All Ages	Sis. Patrice Chandler <i>Hannah’s Circle A Study of the Life of Hannah</i>	Zoom	12 PM
FAM01	Family Bible Study Co-Ed All Ages	Pastor Mahogany Dudley-Finley & Pastor Travis Finley <i>The Chosen Series Watch & discuss the powerful series of the life of Jesus</i>	NLC MPR & Sanctuary <i>2 Saturdays/month Schedule provided upon registration</i>	4 PM

LifeGroups Catalog With Descriptions | Fall 2025



Sundays

Group#	Focus Audience	Facilitator Topic	Location	Time
GROW01	Discipleship Co-Ed All Ages	Sis. Shannon Easton <i>LifeBuilders For anyone new to Jesus or wants to know more about the Christian Faith.</i> This is for all those who wish to explore or enrich their faith and for new beginners or those starting afresh! This group is designed for anyone who wishes to better understand why we believe what we believe by returning to the basics and foundation of the roots of our faith to confirm what it means to follow Christ in today’s challenging world.	In-Person Praise Room Hybrid	9 AM

Monday

Group #	Focus Audience	Facilitator Topic	Location	Time
COED02	Christian Living Seniors	Bro. Derek Hobson & Sis. Ethel Coleman <i>Coffee Club: Growing Older & Wiser over Coffee</i> Growing Older & Wiser reminds us that aging is not just a natural process—it’s a spiritual calling. In this 9-week Bible study, we’ll walk through Scriptures from James, Job, Psalms, and more to see how God continues to use our wisdom, testimony, and faith as we grow older. With space for honest reflection and rich group discussion, this study affirms that our later years are full of purpose, power, and divine potential.	In-person Atrium Cafe	9:30 AM
GROW03	Bible Study Co-Ed All Ages	Min. Ulanda Branch <i>Study of The Book of Hebrews</i>	Zoom	5:30 PM
YA02	Christian Living College Age 18-22	Bro. Nick Skinner <i>IGNITE Young Adults - College Life</i> College Life is for 18-22 years and for Young Adults that are away at college out of state to grow their faith and stay connected to the Ignite Ministry.	Zoom	6 PM
COED03	Christian Living Seniors	Eld. Robert & Sis. Sandra Goodwin <i>Growing Older & Wiser</i> Growing Older & Wiser reminds us that aging is not just a natural process—it’s a spiritual calling. In this 9-week Bible study, we’ll walk through Scriptures from James, Job, Psalms, and more to see how God continues to use our wisdom, testimony, and faith as we grow older. With space for honest reflection and rich group discussion, this study affirms that our later years are full of purpose, power, and divine potential.	In-Person Preparation Room Hybrid	6 PM
GROW06	Bible Study Co-Ed All Ages	Sis. Mary Casey <i>Keep Thy Tongue</i>	Zoom	6:30 PM

		Life In this 10-week journey, we'll explore how our words shape our lives and how the biblical principle of sowing and reaping impacts our future. Through Scripture and spiritual insight, we'll learn to break negative patterns and speak with purpose, power, and faith.		
PAR01	Parenting Co-Ed Parents Grand/Step, Etc.	Eld. Ashton <i>Parent Solutions</i> We are promised from John 14:6 The Way forward for many in 2025. Here are sessions with guest speaks filled with many tools and so much encouragement amid stories to foster the care we need for our kids whether we are parents, stepparents, grandparents, etc. We will come together to help each other in the way that leads to the best way for our kids & families in these troublesome times.	Hybrid Praise Room	6:30 PM
GO01	Bible Study Co-Ed All Ages	Sis. Kimberly Waters <i>Sunday Sermon Recap Applying the Word to Your Life</i> In this LifeGroup, we will help each other map out ways to put to practice the Word we hear in sermons and Bible Study each week helping us become Christ's Body in Changing Lives in our Lifetime. We will plan our response each week to the word given so we can make room for all who need to see it to believe it.	Zoom	6:30 PM
DISC01	Discipleship Co-Ed Disciplers	Pastor Mahogany Dudley-Finley <i>Practicing the Way GROUP BEGINS IN OCTOBER</i> Do you desire to see people grow spiritually? Do you have a heart for discipleship? Register for this group to be developed as a disciple maker and grow in your ability to walk alongside others in the faith.	Zoom	7 PM
WOM02	Christian Living Women	Carol Daniel TBA	Zoom	TBA

Tuesdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM04	Bible Study Women	Sis. Annetta Salley <i>Women Reading the Bible in Community</i> We will gather and do a daily Bible Reading plan out in the community and reflect on God's Word together. Our hope is to engage others who may wish you join us in our discussions.	Zoom	12 PM
WELL01	Wellness Co-Ed All Ages	Deac. Dr. Gregory & Sis. JoAnn Collins <i>Wellness 2025</i> In 2025 we need The Way for a healthy lifestyle as we continue our wellness. Come join us as we dive into the following topics. New insights and information make this a perfect fit for anyone who has been in this group before. <ul style="list-style-type: none"> What scriptures says concerning our health and wellness. Our present health care system, what plagues us and why. Discuss practical guides for achieving and sustaining a wellness lifestyle. Ways to empower God's people to make positive changes to reclaim wellness through nutrition, metabolism, sleep, movement and stress management. 	Zoom	6 PM

		<ul style="list-style-type: none">Wellness is the state of being in good health, a balance of mind, body and soul.		
MEN03	Christian Living Men	Elder Butch Singleton <i>Unashamed</i> In a world that pressures us to stay silent or fake perfection, Lecrae challenges us to live boldly and authentically for Christ. This series empowers men to embrace their faith, flaws and all, and stand unashamed of the gospel.	Elder Butch’s Home in O’Fallon	6 PM
GROW05	Bible Study Co-Ed All Ages	Dr. Nikki Brown & Sis. Brenda Brooks <i>Lyrics of Life: A Study in the Psalms</i> Joy, pain, praise, or struggle—there’s a Psalm for it all. In this 8-session study with Lisa Harper, we’ll learn to come to God honestly in every season and find comfort, strength, and hope through His Word.	Zoom	6:30 PM
WOM01	Christian Living Women	Min. Dagne <i>The Ruthless Elimination of Hurry</i> In a world that glorifies busyness, God calls us to a better rhythm. Join us as we learn to slow down, breathe, and embrace the peace and purpose Jesus offers—beyond the rush.	Zoom	7 PM
COED01	Couples Co-Ed All Ages	Deac. David and Sis. Vanniecia Brown The Rhythm of US Discover how to build a thriving, Christ-centered marriage through intentional rhythms. In this study with Chris and Jenni Graebe, couples will learn how to break free from ruts, rekindle passion, and create lasting connection—on purpose. Let’s grow stronger, together.	Zoom	6:30 PM

Wednesdays

WEDNESDAY NIGHT BIBLE STUDY WITH BISHOP AT NEW LIFE @ 6:30				
Group #	Focus Audience	Facilitator Topic	Location	Time
TEEN01	Bible Study Girls Teens	Sis. Jessica Spencer <i>Teen City Imprint—Girlies in the Psalms</i> In this group, we will helping girls discover emotional honesty, God's character, and personal Identity through Psalms. Meals provided each week!	In-person @ New Life	6:30 PM
TEEN02	Bible Study Boys Teens	Elder Ashton Spencer <i>Teen City Imprint—The Bro. Code</i> This LifeGroup will teach young men the value of their word through the lens of "His Word," provide a safe place to discuss addictions, struggles and fears, while dealing with past traumas and situations that need forgiveness. Meals provided each week!	In-person @ New Life	6:30 PM
TEEN03	Bible Study Co-Ed	Jr. High TBA	In-person @ New Life	6:30 PM
AWANA	Bible Study Co-Ed Children	AWANA <i>Kid’s Bible Club for ages 4yrs. – 5th Grade</i> AWANA is a fun, high-energy program where our children learn to know, love, and serve God through Scripture memory, Bible lessons, and team games. Rooted in faith and community, AWANA helps our kids build a strong foundation in Christ while celebrating who they are in Him.	In-person @ New Life	6:30 PM

Thursdays

Group #	Focus Audience	Facilitator Topic	Location	Time
FPU01	Finances Co-Ed All Ages	Bro. Sam Douglas <i>Financial Peace University</i> Tired of debt? Do you want to be debt free? Make Your Money Work for You! Learn How to Budget, Payoff Debt, Invest, and More. Change your life with Financial Peace University! Say bye to debt with their 8-step plan. Plan for your future. Win with money. Dump debt. Build a Legacy.	Zoom	6 PM
CARE01	<i>Those walking through Grief</i> Co-Ed All Ages	Sis. Angela Sweetland & Pastor Lil Sexton <i>GriefShare</i> GriefShare is a friendly, caring group of people who will walk alongside you through one of life’s most difficult experiences. GriefShare is a friendly, caring group of people who will walk alongside you through one of life’s most difficult experiences. You don’t have to go through the grieving process alone. GriefShare groups meet weekly to help you face these challenges and move toward rebuilding your life. Each GriefShare session has three distinct elements: Video, Support Group, Workbook based personal study & reflection.	In-Person Praise Classroom	6 PM
YA01	Discipleship Co-Ed Ages 18–35	Ignite Young Adult Team <i>The Christian Life</i>	In-person The Atrium	6 PM
YA03	Leadership <i>Aspiring & emerging leaders</i>	Bishop Dudley <i>The Making of a Leader – Emerging Leaders</i> This LifeGroup is for those who sense the call to lead but want to grow with clarity, character, and courage. Using Bishop Geoffrey V. Dudley, Sr., PhD, DMin’s The Making of a Leader workbook—based on his powerful book Leading Through Storms—participants will explore the journey of leadership through real-life challenges, spiritual growth, and strategic insights. Each session guides you through navigating ministry storms while maintaining your mental and emotional health. Expect to be stretched, supported, and spiritually formed as you discover what God is building in you before He builds through you. Perfect for emerging voices, next-gen leaders, team leads, and anyone ready to lead with wisdom and integrity.	In-Person NLC <i>2nd & 4th Thurs</i>	6 PM Bi-Weekly
LEAD01	Leadership <i>Clergy, Deacons, & Sr. Lay Leaders</i>)	Bishop Dudley <i>The Making of a Leader - Clergy, Deacons, & Sr. Lay Leaders</i> Leadership in this season requires more than experience—it requires emotional resilience, spiritual discernment, and mental fortitude. This LifeGroup, exclusively for elders, ministers, and deacons, will walk through The Making of a Leader workbook, based on Bishop Dudley’s book Leading Through Storms. This series is an intentional time of sharpening and recalibrating seasoned leaders for the next leg of the journey. Together, we will reflect on how to lead through crisis, avoid burnout, rebuild vision, and finish strong.	In-Person NLC <i>1st & 3rd Thurs</i>	6 PM Bi-Weekly
GROW02	Christian Living Co-Ed All Ages	VNL—Pastor Sherry Cook <i>Practicing the Way of Jesus</i>	Zoom	6:30 PM

		<p>Have you ever wondered what it is like to focus Jesus daily? No, we mean really follow Jesus like it has always meant to be. John Mark Comer and his discipleship team lead us in a grand exploration of the most simplistic yet profound means for doing so. Join the most exciting adventure of your Christian Walk in true intimacy like none other!</p>		
WOM03	Christian Living Women All Ages	<p>Sis. Dana Kerney <i>The Cost of Control</i></p> <p>In our journey, we'll uncover how the need for control can rob us of peace—and how true freedom comes from trusting God. Through biblical teaching and real talk, we'll learn to let go and let God lead.</p>	Zoom	6:30 PM
GROW07	Christian Living Co-Ed All Ages	<p>Dr. Barbara Washington w/ Min. Patrick Nelson <i>Experiencing God</i></p> <p>This powerful study invites you beyond religion into real relationship. Through Scripture, reflection, and testimony, we'll learn how to recognize God's voice, join His work, and walk boldly in His purpose for our lives.</p>	Zoom	6:30 PM
GROW04	Bible Study Co-Ed All Ages	<p>Elder Carolyn Marshall <i>Genesis: The Story Begins</i></p> <p>Have you ever wondered how is the Old Testament organized? What kind of literature is Genesis? Is this figurative or literal? What do the stories of Abraham, Isaac, Jacob, and Joseph mean for us today? In this group, learn to engage God's Word is an in-depth exploration of the Bible and find your place in God's great unfolding story.</p>	Zoom	6:30 PM
GO02	Christian Living Co-Ed All Ages	<p>Bro. Mike Brown & Sis. Phyliss Hager <i>Divine Warriors—Leading Through Storms</i></p> <p>This coed group for active duty, veterans, and ROTC cadets dives into Leading Through Storms by Bishop Geoffrey Dudley. Together, we'll face life's battles—mental, emotional, and spiritual—armed with Scripture, faith, and each other. Whether you're still in uniform or finding your footing after the fight, this is where healing meets purpose, and warriors rise.</p>	Zoom	6:30 PM

Fridays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM05	Bible Study Women All Ages	<p>Sis. Annetta Salley <i>Bible in 52 Weeks</i></p> <p>Grow your faith week by week through this guided journey in God's Word. With themed readings, reflection questions, and real-life application, this study helps women connect Scripture to everyday life—together.</p>	Zoom	7 AM

Saturdays

Group #	Focus Audience	Facilitator Topic	Location	Time
WOM06	Christian Living Women All Ages	<p>Sis. Annetta Salley <i>Embracing Sacred Rest</i></p> <p>Tired in more ways than one? In this life-giving study, Dr. Sandra Dalton-Smith helps us explore seven types of rest we all need—physical, emotional, spiritual, and more. It's time to release the guilt, set healthy boundaries, and receive rest as the sacred gift God designed it to be.</p>	In-person	7 AM

YA04	Discipleship Co-Ed 18-40	Bro. Antwan Harris <i>Practicing Prayer</i> Prayer is simply the medium through which we communicate and commune with God. The practice of prayer is learning to set aside dedicated time to intentionally be with God to become like him and partner with him in the world.	Zoom	10 AM
WELL02	Wellness Co-Ed All Ages	Sis. Felicia Abrams <i>40-Day Sugar Fast</i> More than a diet—this is a spiritual reset. In this 40-day journey, we’ll give up sugar to gain something sweeter: a deeper hunger for God. If you’ve been turning to food for comfort, come discover true satisfaction in Christ and freedom for your body, mind, and soul.	Zoom	10:30 AM
WOM07	Bible Study Women All Ages	Sis. Patrice Chandler <i>Hannah’s Circle A Study of the Life of Hannah</i> This is your invite to a sacred space for healing, prayer, and breakthrough. If you’ve been carrying silent tears as a daughter, mother, sister, or veteran—this Life Group is for you.	Zoom	12 PM
FAM01	Family Christian Living Co-Ed All Ages	Pastor Mahogany Dudley-Finley & Pastor Travis Finley <i>The Chosen Series Watch & discuss the powerful series of the life of Jesus</i> Join us as a family and come watch <i>The Chosen</i> on the Big Screen together with us in the Sanctuary. We’ll also meet in the MPR together to enjoy whatever snacks everyone brings to discuss each episode. <i>The Chosen</i> is the first multi-season series about the life of Christ and the highest crowd-funded TV series or film project of all time. "The Chosen" portrays Jesus through the eyes of those who met him.	NLC MPR & Sanctuary 2 Saturdays/month Schedule provided upon registration	4 PM