

THE SACRAMENTS



Scripture: Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God. (2 Corinthians 4:15)

Pray Together: In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Dear Sacred Heart of Jesus, I love You so much and I give You my heart. Help me to love God. Help me to love my neighbor as a child of God. Help me to love myself as a child of God. AMEN

Videos

[The Seven Sacraments](#)

Worship Music

[Hike of My Life](#)

[The Sacrament Song](#)

Optional Activities

[Finding Sacraments in my Church](#)

[Seven Sacrament Board Game](#)

Catch Snowflakes: Catch snowflakes and examine them as they fall. Keep a piece of black construction paper in your freezer for when it snows. Catch snowflakes with the construction paper. The black

background makes them easier to see, and if the material is frozen, the snowflakes won't melt on contact. Use the magnifying glass to take a closer look. Observe each amazing and unique snowflake.

Family Service Projects

Seek out an elderly shut-in to help with shoveling snow, buying groceries and bringing in the mail during the cold winter months.

Pray a novena with Our Lady seeking holiness in your family this New Year. Simply pray One Our Father, three Hail Mary's and One Glory be asking for Our Lady's help in bring your family to a deeper relationship with Her Son this New Year.

Coloring Pages (see below)

The Seven Sacraments pg 3

The Seven Sacraments Mobile Pieces pg 4

Did You Know?

Did you know that Jesus himself is the Sacrament because he gave his life to save mankind? It is through His life that the Trinity comes to us as Grace (God's presence) through the Sacraments. Jesus himself instituted all seven sacraments.

Saints We Honor

[Mary the Blessed Virgin](#)

THE SEVEN SACRAMENTS

My name is _____

BAPTISM



Baptism takes away original sin, all personal sins and removes any punishment due to sin. It gives our souls the new life of grace and makes us children of God.
Color the Baptismal Font and write the name of the church and the date of your Baptism:

CONFIRMATION



In Confirmation the Holy Spirit gives us His gifts and power to help us grow to be strong Christians. The Bishop anoints us with "chrism" oil to serve God and others. Write the names of the gifts of the Holy Spirit in the flames above.

HOLY EUCHARIST

The Holy Eucharist is the Body and Blood of Jesus. When we receive Holy Communion we are united more closely to Jesus and we grow in love for God and others.



MATRIMONY

The sacrament of Matrimony unites a man and a woman together as husband and wife. It gives them a special grace to live for Jesus and to fulfill the duties and dignity of marriage.



CONFESSION

In Confession we confess, or tell, our sins to a priest. God forgives our sins through the priest and fills us with grace and joy to help us obey Him and do what is right.

Draw yourself going to Confession and write down something for which you are truly sorry.



HOLY ORDERS



In Holy Orders, bishops ordain men to become bishops, priests, or deacons. God gives these men special graces and power to serve Him and others.

Write the name of your parish priest and pray one Hail Mary for him every day.

ANOINTING OF THE SICK



In the Anointing of the Sick, the priest anoints the sick person with blessed oil and lays his hands on them for healing, strength, peace, and courage. This Sacrament also forgives sins if the person is not able to go to Confession.

The 7 Sacraments

