

## SACRAMENTS



**Scripture:** Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God. (2 Corinthians 4:15)

**Pray Together:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Dear Sacred Heart of Jesus, I love You so much and I give You my heart. Help me to love God. Help me to love my neighbor as a child of God. Help me to love myself as a child of God. AMEN

## Videos

[Happiness and Free Will](#)

[What is a Sacrament?](#)

## Worship Music

[The Sacrament Song](#)

[Hike of My Life](#)

## Optional Activities

[Finding Sacraments in my Church](#)

[Seven Sacrament Board Game](#)

**Catch Snowflakes:** Catch snowflakes and examine them as they fall. Keep a piece of black construction paper in your freezer for when it snows. Catch snowflakes with the construction paper. The black background makes them easier to see, and if the material is frozen, the snowflakes won't melt on contact. Use the magnifying glass to take a closer look. Observe each amazing and unique snowflake.

**Pre-3**

## **Family Service Projects**

Seek out an elderly shut-in to help with shoveling snow, buying groceries and bringing in the mail during the cold winter months.

Pray a novena with Our Lady seeking holiness in your family this New Year. Simply pray One Our Father, three Hail Mary's and One Glory be asking for Our Lady's help in bring your family to a deeper relationship with Her Son this New Year.

## **Coloring Pages**

The Seven Sacraments Mobile Pieces pg 3

The Seven Sacraments pg 4

## **Did You Know?**

Did you know that Jesus himself is the Sacrament because he gave his life to save mankind? It is through His life that the Trinity comes to us as Grace (God's presence) through the Sacraments. Jesus himself instituted all seven sacraments.

## **Saints We Honor**

[Mary the Blessed Virgin](#)

# The 7 Sacraments



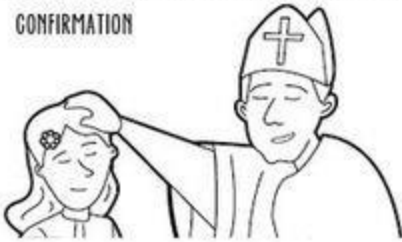
# THE SEVEN sacraments

WRITE WHAT EACH MEANS TO YOU  
ON THE BLANK LINES



BAPTISM

CONFIRMATION



EUCHARIST



PENANCE



ANointing THE SICK



MARRIAGE



HOLY ORDERS

