

# THE HOLY MASS



**Scripture:** “I am the vine, you are the branches; the one who remains in Me, and I in him bears much fruit, for apart from Me you can do nothing.” John 15:5

**Pray Together:** In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Dear Sacred Heart of Jesus, I love You so much and I give You my heart. Help me to love God. Help me to love my neighbor as a child of God. Help me to love myself as a child of God. AMEN

## Videos

[The Holy Mass](#)

## Worship Music

[Giver of Life](#)

[Open the Eyes of My Heart](#)

[Power in the Blood](#)

## Optional Activities

[Weekly Kids Bulletin Printables](#)

[Spiritual Communion for Kids](#)

[Set up a Home Altar](#)

[Craft Kit for Kids](#)

## Coloring Pages

The Holy Mass pg 3

Items of the Catholic Mass pg 4

## Family Service Projects

Open the eyes of your heart and share God's love by serving our elderly community. In this time of separation, help end senior isolation, hunger, or depression by providing services such as grocery delivery, yard clean up, or making meals.

Pray a Novena to the Sacred Heart of Jesus. Simply pray, **O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of....(your intention) .....Sacred Heart of Jesus, I place all my trust in You.** Pray one Our Father, Three Hail Mary's, and one Glory Be for 9 consecutive days.

## Did you Know?

Did you know that the Mass is a sacrifice? At Calvary, Jesus sacrificed His life because of His great Love for us. At every mass through the Eucharist, we unite ourselves with His gift and receive His Grace.

## Saints We Honor

[St. Mark](#)

[St. Catherine of Siena](#)



