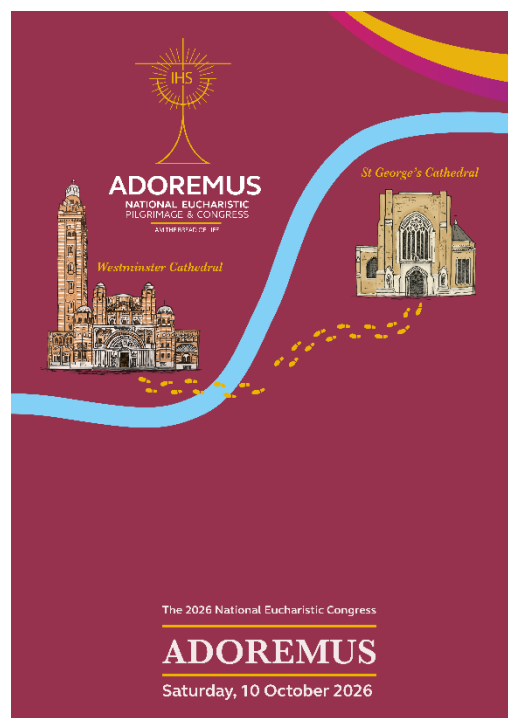


NATIONAL EUCHARISTIC PILGRIMAGE & CONGRESS



ADOREMUS EVENT GUIDANCE FOR ATTENDEES

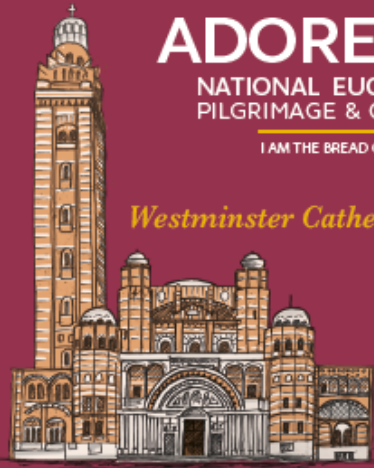




ADOREMUS

NATIONAL EUCHARISTIC
PILGRIMAGE & CONGRESS

I AM THE BREAD OF LIFE



Westminster Cathedral

St George's Cathedral



For delegates from the Dioceses of England and Wales

St George's Cathedral Southwark

10.30 Presentations on Eucharistic Art and Life for those able to arrive early, with refreshments available and some information stands around the campus

12 noon The Adoremus Mass, Archbishop John Wilson
Followed by keynote address: Cardinal Timothy Radcliffe
OP 'The Eucharist: Our sacrament of hope in dark times'
Time for packed, picnic lunches

15.00 Eucharistic Procession to **Westminster Cathedral of the Most Precious Blood**, with the representative group of the Church

17.00 Solemn Benediction led by Bishop James Curry

For all there will be space to watch the start of the Procession at St George's, to follow on line, to watch the Procession as it passes (Stop and Pray) and to join the delegates for Benediction either in the Cathedral or the grounds of the Cathedral for which a live sound stream will be provided.

There will then be Mass at 18.00 open to all, followed by Holy Hours at 20.00, 21.00, and 22.00 led by the Youth Ministry teams of Westminster, Southwark and CYMFed. These will be followed by an all-night Vigil from 23.00 to 05.00. Congress Closing Mass at 06.00.

All of these times can be booked at
www.westminstercathedral.org.uk/adoremus/
to secure places.

Further information will be posted at
www.cbcew.org.uk/adoremus-2026/

Program subject to change.

The 2026 National Eucharistic Congress

ADOREMUS

Saturday, 10 October 2026

Adoremus is the Bishops' invitation to renew our devotion to the Eucharistic Lord and has two aspects:

- A representative gathering of the Church in London with Bishops, priests, and people
- All parishes are encouraged to unite local events with the national gathering from which footage will be available to enable remote participation

Adoremus is an initiative of the Catholic Bishops' Conference of England and Wales. It is a special opportunity for the Church to gather and reflect on the centrality of the Eucharist and particularly to explore the place of Eucharistic Adoration.

The Preparatory prayer

*God of our journeys,
You accompany us on the path of life and feed us with the Body and Blood of Your Son,
Jesus, the Bread of Life. As we look forward to Adoremus help us to receive the Eucharist
with faith and love so that we may renew our lives in joy and hope.*

We ask this through Christ our Lord.

Amen

INDIVIDUALS AND GROUPS

Those attending Adoremus are made up of representatives from the Dioceses of England and Wales in organised groups and individuals from the host Dioceses attending alone or as family/friend groups. These general guidelines apply to all attending as they outline the arrangements that enable all to have a positive and safe experience. It is left to groups to make their own collective arrangements as appropriate.

GENERAL INFORMATION

The venue websites provide excellent general information to help those attending Adoremus:

<https://westminstercathedral.org.uk/>
<https://www.stgeorgescathedral.org.uk/>

There is also information on the Bishops' Conference website:

<https://www.cbcew.org.uk/adoremus-2026/>

TRAVEL

The venues are most easily accessible via public transport and their websites provides detailed information regarding travel routes.

We are aware of the possibility of some travel disruptions so please do check your travel arrangements in advance.

Parking: Very limited local on-street paid parking is available.

Coaches and minibuses: Groups travelling by coach should make their own

arrangements for drop-off and collection points.

ARRIVAL

From 10 00 there will be a welcome point where the commemorative books can be collected along with some treats for the day (please check carefully if sensitive to allergens).

REFRESHMENTS

There will a light refreshment station in the marquee offering snacks and drinks on a chargeable basis (cash or card).

CLERGY

Priests intending to concelebrate the Holy Mass should bring an alb, amice, cincture and white diocesan vestment. Deacons for the Mass have been invited from the host dioceses; other deacons attending will join the congregation. A vesting area will be indicated when you arrive.

For the Procession, Priests and Deacons who wish to vest are asked to go to the vesting area by 14:30. Vesture for the Procession is choir dress *only* (cassock and cotta). Clergy who do not wish to vest are welcome to walk with the people. You will be able to leave a bag at the 'luggage van', and it will be transported to Westminster Cathedral to collect from the van after Benediction.

Concelebrating priests are asked to bring a celebret.

DRESS CODE

Due to the nature of the day-long events we advise comfortable all-weather dress for everyone attending, especially for those joining the procession.

GROUP IDENTIFICATION

Groups are welcome and are encouraged to wear an item of clothing or symbol to identify their diocesan group (e.g. a sash, rosette, hat, etc.) to enhance the joy of the occasion.

ACCESS PASSES

Access passes are issued on an individual basis and are non-transferable. All young people in attendance (below 18 years old), must be accompanied by a responsible adult whose responsibility they remain at all times.

CLOAKROOM

There are no cloakroom facilities given the limited space, so please bring as little as possible.

SEATING

You will be directed to seats in the Cathedral, with general access at the back.

LUNCHES

There will be space in the various halls at St. George's Cathedral and in a marquee for eating packed lunches. There may be a need for some to stand to leave seats for those in most need.

SMOKING

Please note that there is a no smoking/vaping policy within the buildings.

TOILETS

Toilet facilities are available at both cathedrals.

PARTICULAR NEEDS

Please refer to the venue websites.

WI-FI

There is no dedicated Adoremus wi-fi.

MEDIA PRESENCE

Please be aware there will be media teams filming on site. If you prefer not to be filmed, please avoid any cameras. They may well request interviews if you are willing to participate.

HELP ON THE DAY

The Adoremus team, in partnership with staff of the cathedrals will be on hand to assist you throughout the day. Staff will assist with:

- Lost property
- Lost people
- Enquiries
- Other needs
- First aid

INFO ON THE DAY

As Adoremus takes place in multiple locations, it is not possible to have a single information point, but please message 07947 364643 and a response will be given in real time.

PROCESSION

The procession is approximately three miles long, so delegates are advised to prepare accordingly. It is on the road so caution is advised, with surfaces that may be uneven including when moving across curbs. Please do bring water and any 'energy bar' deemed necessary. There are no dedicated toilet facilities on the route.

BANNERS & FLAGS

Please note that diocesan or liturgical banners and flags are very appropriate for the procession and are encouraged.

OVERNIGHT VIGIL

Please note that no refreshments are available on site.

ADORATION OF THE BLESSED SACRAMENT & LITURGIES

- Mobile phones and other similar devices must be switched off during the liturgical elements of the programme.
- Photography, texting and social media use are not permitted during the liturgies.
- All are invited to participate in the liturgies but given space restrictions it may not be practical for everyone to kneel, and for that reason we ask that everyone adopt the most suitable posture (sitting or kneeling) for Adoration to achieve the greatest possible stillness.
- The Sacrament of Reconciliation is available at the Cathedral and on request.

GROUP LEADER RESPONSIBILITY FOR GROUPS ATTENDING

General responsibility: It is assumed that the Group Leader will accept all responsibility for the people within the group. If someone is separated from the group, please have arrangements in place to communicate with the leader.

Evacuation: In the highly unlikely event of the venues being evacuated, clear messages will be given by the staff. They will advise if it is a temporary or permanent evacuation, as far as they are able to do so. Inevitably, larger groups will leave the venue by a variety of exits and will be separated from each other. We advise Group Leaders to have a “back up” meeting point some distance from the venue – the most natural place will be where your transport drop-off point, or a landmark that your group would have seen on arrival, such as a statue or memorial.

Safeguarding: It is expected that all groups will conform to safeguarding guidelines in relation to safe working with children and vulnerable adults. The Bishops’ Conference conforms to these guidelines. If you are in any doubt about safeguarding policies to bring people to an event such as Adoremus, it is essential that you speak to your parish or diocesan safeguarding officer at the earliest opportunity. All young people attending (below 18 years of age) must be accompanied by a responsible adult leader. On site, if you have any safeguarding concerns please contact the Event Manager.

Risk Management: There are comprehensive risk assessments in place for all aspects of Adoremus. We strongly advise all groups to prepare their own risk assessments to cover travel to and from the venue, and group management within the venue. If groups are in any doubt about suitable policies then their Diocesan Curial Office may be able to suggest a source to offer advice and support.

CAUTION AND CARE

- Each individual is responsible for their own possessions, which they are expected to keep with them at all times.
- Please keep an eye out for any unattended packages. In case of concern please

- contact one of the Adoremus team.
- Please dispose of all litter with care.
- In the event of an emergency, follow the direction of the hosts. The public announcement system will be used to communicate messages as necessary.
- Please participate within your personal limitations.

N.B. The buildings are open to the public, so there is a need to keep personal belongings secure, and to be aware that other people in the vicinity may not be involved in the event. Please refer any questions to a member of the Adoremus team, identifiable by lanyards or uniforms.

LEGAL INFORMATION

Your attendance at Adoremus implies agreement to the following terms and conditions.

Access to the event implies that you consent to you being recorded, published or broadcast in any media and for those recordings to be used in relation to the event, and for crime prevention and public safety without any right to payment in perpetuity.

Use of professional photographic or recording equipment is prohibited (personal cameras are allowed except during the liturgies).

All personal data is retained in line with the provisions of the General Data Protection Regulations.

In the event of cancellation or change, the event organisers cannot be responsible for any loss or liability for compensation. The organisers accept no liability for any loss or damage to property resulting from the event.

The programme is subject to change and we apologise in advance for any alterations, but no refund or expenses will be payable.

Lost property will be retained for a limited time by the venues.

CONTACT INFORMATION

Any queries about Adoremus operations should be directed to **Gerry Kehoe**, Adoremus Operations Director, at gerry.kehoe@cbcew.org.uk

ADMINISTRATIVE ENQUIRES

Any queries about Adoremus administration should be directed to Adoremus@cbcew.org.uk

St George's Cathedral

